

Regeneration

A funny, honest, and tender one-woman show
By Nancy Rappaport, MD, Department of Psychiatry
Cambridge Health Alliance



On Thursday, January 19 at 6:00 PM sharp (light refreshment available at 5:30 PM), the Center for Professional Development and the Department of Psychiatry at Cambridge Health Alliance will present Dr. Nancy Rappaport's performance *Regeneration*.

Diagnosed with breast cancer in August 2015 at age 55, Dr. Rappaport began writing as a means to integrate her new status as "patient" with her other, more comfortable roles as doctor, wife and mother of three. In *Regeneration*, through an autobiographical persona, Dr. Rappaport explores how she cultivated strength and joy as she journeyed through illness, treatment and recovery. In a surprising twist, she finds comfort in a most unusual place—Mount Auburn Cemetery—a Cambridge landmark that offers healing and consolation, while inspiring contemplation on mortality.

Dr. Rappaport is no stranger to the power of narrative. She is the author of the award-winning memoir, *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide* (2011). Her message holds hope that we can find in hardship the opportunity to transform our fear and anger into life-affirming connection to those we love.

It is her particular hope that *Regeneration* will help the healthcare providing members of her audience see that their own vulnerability can enhance their capacity to empathize and connect with patients.

Regeneration is open to Cambridge Health Alliance faculty and staff and their guests and is free of charge.

January 19 | 6pm sharp!
(light refreshments served beginning at 5:30pm)
Macht Auditorium – 2nd floor
Cambridge Hospital Campus
1493 Cambridge St., Cambridge, MA

Please RSVP, as seating is limited.

For more about Regeneration, please see:

- <http://www.nancyrappaport.com/speaking/regeneration.shtml>
- Article about Regeneration on STAT - <https://www.statnews.com/2016/10/13/breast-cancer-harvard-physician/>
- Youtube of earlier version of Regeneration: https://www.youtube.com/watch?v=Bh_Ilj35JYA

For more about Nancy and her work, please visit:



www.NancyRappaport.com

About the Center for Professional Development

Led by Elizabeth Gauferg, MD and located at 10 Beacon Street, we are proud to nurture and sustain the careers of CHA faculty and providers by:

- Supporting individual interests and career development
- Facilitating life-long learning
- Helping providers to lead positive change
- Enhancing collaboration, mentorship and community building
- Aligning professional development with CHA's vital mission

