

CURRICULUM VITAE

Date Prepared: October 2014

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Place of Birth: Boston, MA

Education:

1982 BA, English
Princeton University

1983 Postgraduate concentration, Science
Columbia University

1988 MD
Tufts University

Postdoctoral Training:

07/88-06/89 Intern in Pediatrics, Massachusetts General Hospital

07/89-06/92 Resident in Adult Psychiatry, Massachusetts General Hospital

07/92-06/95 Fellowship in Child and Adolescent Psychiatry, The Cambridge Hospital

Faculty Academic Appointments:

07/90-06/95 Clinical Fellow in Psychiatry, Harvard Medical School

07/96-11/01 Clinical Instructor in Psychiatry, Harvard Medical School

12/01-06/03 Instructor in Psychiatry, Harvard Medical School

07/03-05/12 Assistant Professor of Psychiatry, Harvard Medical School

06/12- Associate Professor of Psychiatry, Harvard Medical School

Appointments at Hospitals/Affiliated Institutions:

12/95- Active Staff, Department of Psychiatry, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance

Other Professional Positions:

1996-2003 Consultant to Cambridge Superintendent and Cambridge High School
2012- Member, Advisory Board, Dearborn Academy

Major Administrative Leadership Positions:

Local:

1996- Mental Health Director, Teen Health Center, Cambridge Health Alliance
2000 Course Director, Special Education Symposium “Identification and Treatment of Asperger/Pervasive Developmental Disorder and OCD as it Pertains to the Classroom,” Cambridge Public Schools
2001- Director of School-Based Programs, Department of Psychiatry, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance
2004- Course Director, “Frameworks for Understanding Child and Adolescent Development,” Department of Psychiatry, Cambridge Health Alliance
2004 Course Director, “Adolescent Self Destruction,” Harvard Medical School Continuing Medical Education Course
2004 Course Director, “The Meaning of Medication to Children and Adolescents,” Harvard Medical School CME Course
2005 Course Co-Director, “Being a Danger to Self or Others: The importance of assessing safety in children and adolescents in schools and in the community,” Harvard Medical School CME Course
2005 Course Co-Director, “Treating Posttraumatic Stress Disorders in Adolescents,” Harvard Medical School CME Course
2006-2007 Course Co-Director, “Treating Students K to 12: Clinicians and Educators Working Together,” Harvard Medical School CME Course
2008 Course Director, “Making Schools Safe: Understanding the Threat of Aggressive and Violent Behaviors,” Harvard Medical School CME Course
2009-2014 Course Co-Director, “Treating Students K to 12: Clinicians and Educators Working Together,” Harvard Medical School CME Course

Committee Service:

Local:

1998-2012 Member, Executive Committee of the Child Fellow Residency Training Committee, Cambridge Health Alliance
1999- Member, Cambridge Hospital Faculty Committee on Strategic Plan for Child Psychiatry Residency Training
2001-2004 Chair, Cambridge Hospital Continuity of Care Committee
Cambridge Health Alliance
2004- Member, Child Complex Care Review Committee, Cambridge Health Alliance
2011- Member, Child Outpatient Leadership Team, Cambridge Health Alliance

Regional

2014- Member, Professional Advisory Council, Dearborn Academy

Professional Societies:

1995- American Academy of Child and Adolescent Psychiatry, Member
1997-2001: Member, Work Group on Schools
1997- Massachusetts Medical Society, Member
1998- Society for Research on Adolescence, Member
1998-2006 American Psychiatric Association, Member
2007- American Psychiatric Association, Distinguished Fellow

Editorial Activities:

Ad hoc Reviewer:

2006 Reviewer, Journal of Pediatrics
2007 Reviewer, Journal of Community Psychology
2009 Reviewer, Pediatrics
2011 Reviewer, Journal of Adolescent Psychiatry
2014 Reviewer, Adolescent Psychiatry

Honors and Prizes:

2006- Knowles Scholar, Harvard Freshman Seminar Program
2007- Distinguished Fellow, American Psychiatric Association
2008 Outstanding School-Based Health Center Supporter Award, Massachusetts
Coalition of School-Based Health Centers
2011 Sidney Berman Award for the School-Based Study and Treatment of Learning
Disorders and Mental Illness, American Academy of Child and Adolescent
Psychiatry
2013 Art of Healing Award, Cambridge Health Alliance

Report of Funded and Unfunded Projects

Funding Information:

Past Funding

1996-1997 PI, Orchard Foundation, Private foundation, \$15,000
Small Group Discussion Program Evaluation
The goal was to design an evaluation of high school advising program and
provide a summary of the impact of the program to school committee

1997-1998 Consultant, Children's Studies, Carnegie Foundation
Building Resiliency at Harvard: The Academic Advisory Program

My role was to provide consultation about community interventions that promote resiliency, to aid in analyzing how to provide the infrastructure that allowed for sustainability of interventions.

- 1997-1998 PI, Hirsh Family Foundation, Private foundation, \$100,000
A Model Advising Program Promoting Academic Success in High Schools
This grant was for development of an advising program (including: seeking to understand the gap in the literature of different pathways and trajectories of the advisor's role in shaping adolescent adjustment; developing appropriate interventions with adolescents to prevent psychopathology and foster resilience; professional development with teachers to strengthen positive relationships with students that promote educational success.) My role was to evaluate factors that strengthened positive relationships with students and staff in advising program.
- 1997-1998 PI, Roy A. Hunt Foundation, Private foundation, \$10,000
Evaluation of Advising Foundation Program
My role was to coordinate evaluation of advising program and to field test interventions in the high school that helped with adolescent academic engagement.
- 1997-1998 PI, William J. and Lia G. Poorvu Foundation, Private foundation, \$10,000
Advising Program Evaluation
My role was to design and analyze program evaluation.
- 2003-2007 Consultant, National Center on Minority Health and Health Disparities – P20MD000537
UPR/CHA Exploratory EXPORT Center: Bridging Communities
The mission of the UPR-CHA Exploratory Export Center is to generate and test interventions that can remedy service disparities in asthma and mental health for disadvantaged Latino and African Caribbean populations. I developed a pilot intervention with Cambridge public schools with the application of community based participatory research. My role was as liaison with educators and the Center for multicultural research to enhance assessment and delivery of services to immigrant students with challenging school behaviors.
- 2006-2008 Site PI (2006-2007), PI (2007-2008) NIDA/NIH 5K23DA018715-04 \$10,000/yr, \$20,000/yr
CBT Treatment for Post Traumatic Stress and Substance Use Disorders in Minority Youth
Site PI and then became PI for feasibility testing of a modified Cognitive Behavioral Therapy manual for minority youth. Goals include refining the treatment manual and assessing the efficacy of a CBT intervention for PTSD with substance use disorder for multicultural youth and improving access with this evidence based treatment in school-based health clinics.
- 2006-2011 Site PI, Katz Foundation, Private foundation, \$100,000
Reducing Stigma Associated with Emotional and Learning Disorders

Funding from a family grant for a qualitative investigation of children's experience with emotional disorders with direct interviews with parents, teachers and developing group activities with participating children. For three years I provided expertise to the CCAD (Center for Child and Adolescent Development) and conducted the student groups for a year in the community-based non-clinical school setting; I have developed a school-based curriculum for students with severe emotional behavioral disorders.

Current Unfunded Projects:

2004-present Investigator, Review of School Safety Assessments
I am conducting an exploratory pilot study to gather data on students referred through a public school system for comprehensive psychiatric safety assessments and to conduct follow-up interviews with these students and their families.

Report of Local Teaching and Training

Teaching of Students in Courses:

Harvard College

2006- Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research
First year Harvard College students
Twelve sessions annually, 2hr each

2009 Surviving Suicide
Harvard Extension School students
One lecture, 2hr

2012 The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students
Harvard Graduate School of Education
One lecture, 2hr

Harvard Medical School

2005 ADHD and Depression
Harvard Medical School Integrated Clerkship students
One lecture, 1hr

2006 Personal Narrative and Professional Identity
Harvard Medical School Integrated Clerkship students
One lecture, 2hr

- 2006 Anatomy. Facilitator.
First-year medical students
One session, 3hr
- 2006 School Psychiatrist and Safety assessments
Harvard Medical School Psychiatry interest group, Boston
One session, 2hr
- 2008-present Patient-Doctor 1 (700 MJ). Small group leader.
Medical students.
One session annually, 3hr

Emerson College

- 2011 Writing Memoirs.
Graduate students.
One session, 2hr

Formal Teaching of Residents, Clinical Fellows, and Research Fellows (post-docs):

- 1997 Child and Adolescent Psychiatry in Urban High Schools: A primary prevention program
Harvard Consolidated Child Psychiatry
Single lecture.
Boston, MA
- 1999 School Based Interventions with Aggressive Urban Adolescents and Violence in Children, Adolescents and Families: Strategies for Prevention and Clinical Intervention.
Harvard Consolidated Child Psychiatry
Two lectures.
Boston, MA
- 2003- School Consultation Seminar
Child psychiatry first-year fellows
Cambridge Health Alliance
Six lectures annually, 2hr
- 2004- Frameworks for Understanding Child and Adolescent Development
Adult psychiatry (PGY 3) residents
Cambridge Health Alliance
Co-director and four lectures annually, year-long course meeting weekly for 1.5hr
- 2007- Writing Your Passion: Clinical Writing
Clinical Scholarship class for child psychiatry fellows
Cambridge Health Alliance
One lecture annually, 2hr

- 2009 Latency and Adolescent Development
Harvard Consolidated Child Psychiatry.
Two lectures
Boston, MA
- 2010 “Latency” and “Adolescent Development”
Harvard Consolidated Child Psychiatry.
Two lectures
Boston, MA
- 2010 In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide
Advanced Behavioral Medicine Seminar for psychology and social work fellows
and interns
Cambridge Health Alliance
One lecture, 2hr
- 2011 “Schools and What Child Psychiatrists Need to Know” and “Adolescent
Development”
Harvard Consolidated Child Psychiatry.
Two lectures
Boston, MA
- 2012 “Safety Assessments and Approaches to Responding to Bullying in Schools” and
“The Behavior Code: A Practical Guide to Understanding and Teaching the Most
Challenging Students”
Harvard Consolidated Child Psychiatry.
Two lectures
Boston, MA
- 2013 School Consultation
Harvard Consolidated Child Psychiatry Fellows
Two lectures, 1hr each
- 2014 School Consultation
Harvard Consolidated Child Psychiatry Fellows
Two lectures, 1hr each
- 2014 Working with Self-Destructive Adolescents: How to Manage While Taking Care
of Yourself
Cambridge Health Alliance Adult Psychiatry Residents
One lecture, 1hr

Clinical Supervisory and Training Responsibilities:

- 1996-2000 Supervisor of child psychiatry fellows during rotation (four fellows per year)
Cambridge Health Alliance, Teen Health Center
Four hours per week

- 1996-2000 Supervisor of chief resident
Cambridge Health Alliance, Teen Health Center
One hour per week
- 1999-2003 Supervisor of adult psychiatry resident (1 resident per year)
Cambridge Health Alliance, Teen Health Center
One hour per week
- 2000- Supervisor of child psychiatry fellows during nine month School Consultation
rotation (five fellows per year)
Cambridge Health Alliance, Teen Health Center
Two hours per week

Formally Supervised Trainees

Selected List of Trainees and Junior Staff, not all inclusive

- 1997-1999 Lee Reynolds, MD
Supervised as: Adult psychiatry resident, First and second year child psychiatry
fellow
Child and Adolescent Psychiatrist, Canton, OH
- 1998-1999 Lisa Nelson, MD
Supervised as: First and second year child psychiatry fellow
New York, NY
- 1999-2000 Ayelet Barkai, MD
Supervised as: First and second year child psychiatry fellow
Child and Adolescent Psychiatrist in private practice, Cambridge, MA
Clinical instructor at Harvard Medical School
Co-authored article in Adolescent Psychiatry: “A Psychiatric Perspective on
Narratives of Self-Reflection in Resilient Adolescents”
- 2004-2006 Nada Milosavljevic, MD
Supervised as: First and second year child psychiatry fellow
Forensic Child and Adolescent Psychiatrist, MGH, Boston, MA
Presented at the American Psychiatric Association
Published in Journal of the American Academy of Child and Adolescent
Psychiatry
- 2007 Deborah Kulick, MD
Supervised as: First year child psychiatry fellow
Child and Adolescent Psychiatrist, Cambridge Health Alliance, Cambridge, MA
Clinical Instructor, Harvard Medical School
Presented at Harvard School Mental Health CME Course, “What School
Personnel Need to Know About Psychiatric Medications”
- 2007-2009 Kelly Woyowodzeic, MD

Supervised as: Adult resident and first year child psychiatry fellow
Child and Adolescent Psychiatrist, Cambridge Health Alliance, Cambridge, MA
Clinical Instructor, Harvard Medical School

- 2007-2008 Margaret Benningfield, MD
Supervised as: Child psychiatry fellow
Child and Adolescent Psychiatrist and Assistant Professor, Departments of Psychiatry and Pediatrics, Vanderbilt University, Nashville, TN
Received NIDA-AACAP K12 Career Development award for project entitled “Neurobiology of Impulsivity, Risk Taking and Reward in Youth at Risk for Addiction”
- 2008-2009 Theodore Murray, MD
Supervised as: Adult psychiatry resident
Medical Director of Inpatient Units, CHA
Instructor in Psychiatry, Harvard Medical School
- 2009-2010 Candace Adair, MD
Supervised as: First year child psychiatry fellow
Child Psychiatrist, Atlanta, GA
- 2009-2010 Rachad Rayess, MD
Supervised as: First year child psychiatry fellow
Child Psychiatrist, Anchorage, AK
- 2009-2010 Ruth Gerson, MD
Supervised as: Adult psychiatry resident
Director, Bellevue Hospital Children's Comprehensive Psychiatric Emergency Program
Clinical Assistant Professor, Department of Child and Adolescent Psychiatry, NYU School of Medicine
Co-authored article in Adolescent Psychiatry: “Cyber Cruelty: Understanding and Preventing the New Bullying”
Co-chaired session and presented at American Academy of Child and Adolescent Psychiatry, “Cyber Cruelty: Understanding Cyberbullying and Its Consequences”
- 2008- James Barrett PhD
Supervised as Staff Psychologist, CHA
Instructor, Harvard Medical School
Attending Child Psychologist, CHA
Co-authored article in Adolescent Psychiatry: “Keeping it Real: Overcoming Resistance in Adolescent Males Mandated into Treatment”
Founder, Safety Net Police and Mental Health Collaboration
- 2010-2011 Amy Mayhew, MD
Supervised as: First year child psychiatry fellow
Child psychiatrist, Codman Center, Boston, MA
Clinical Instructor in Psychiatry, Harvard Medical School

- 2011-2012 Cecil Webster, MD
Supervised as: First year child psychiatry fellow
Child psychiatrist, Cambridge, MA
Clinical Instructor in Psychiatry, Harvard Medical School
- 2013- Courtney McMickens
Supervised as: First and second year child psychiatry fellow, in clinical and research settings
Child psychiatry fellow
Received Robert Wood Johnson Clinical Scholarship for 2015-2017
- 2013- Justine Wittenauer
Supervised as: Child Psychiatry Fellow
Received Joint National Institute on Drug Abuse and American Academy of Child and Adolescent Psychiatry Research Award in 2014

Formal Teaching of Peers (e.g., CME and other continuing education courses):

No presentations below were sponsored by outside entities

- 1997 Treating Adolescent Vulnerabilities. Adolescent Self-Harm Prevention and Treatment
Cambridge Hospital/Harvard Medical School CME Course
Moderator.
Boston, MA
- 2004 The Meaning of Medication to Children and Adolescents
Harvard Medical School CME Course entitled “Adolescent Self Destruction”
Single lecture.
Boston, MA
- 2005 Being a Danger to Self or Others: The importance of assessing safety in children and adolescents in schools and in the community, Treating Posttraumatic Stress Disorders in Adolescents
Harvard Medical School CME Course entitled “Adolescent Self Destruction”
Two lectures.
Boston, MA
- 2006 Strategies for Overcoming Impasses: Lessons in Humility and Humor
Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”
Single lecture.
Boston, MA
- 2007 Course Director and Presenter, Controversies in School Mental Health: Finding our way.

- Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”
Single lecture.
Boston, MA
- 2008 Course Director and Presenter, Making Schools Safe: Understanding the Threat of Aggressive and Violent Behaviors
Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”
Single lecture.
Boston, MA
- 2009 Course Director and Presenter, Dispensing Medication - Dispensing Controversies: Fact and Fiction on Child and Adolescent Psychopharmacology
Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”
Single lecture.
Boston, MA
- 2010 How to Stay a Passionate and Creative Educator
Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”
Single lecture.
Boston, MA
- 2011 Working with Adolescent Substance Abusers: How to Manage Them While Taking Care of Yourself
Harvard Medical School CME Course entitled “Treating the Addictions”
Single lecture.
Boston, MA
- 2011 Publishing a Memoir: Navigating the Boundaries of Personal Clinical and Public Relationships
Harvard Medical School CME Course entitled "Publishing Books, Memoirs and Other Creative Nonfiction"
Boston, MA
- 2013 Real World Strategies for Working with Challenging Students
Harvard Medical School CME Course entitled “Treating Students K to 12”
Single lecture.
Boston, MA
- 2014 Staying Strong after Adversity: Learning from Marathon Monday
Harvard Medical School CME Course entitled “Treating Students K to 12”
Single lecture.
Boston, MA

Local Invited Presentations:

No presentations below were sponsored by outside entities

- 1996 Psychiatry Grand Rounds
Evaluation of an Urban High School Program to Build Resilience
Boston Regional Medical Center/Cambridge Hospital
- 1997 Psychiatry Grand Rounds
Fight or Flight: Strengthening adolescent engagement in an urban high school: a
primary prevention violence program
Massachusetts General Hospital
- 2003 Lecture
All You Wanted to Know About Psychiatric Diagnosis But Were Afraid to Ask:
Part I
Harvard Graduate School of Education, PAER (Program in After-school
Education and Research) Workshops
- 2005 Keynote Presentation
Prescription for Sanity: How to deal with pediatric aggression in 15 minutes.
Massachusetts General Hospital Pediatric Forum
- 2007 Presentation
Staying at the Table: Building Sustainable Community/Research Partnerships
UPR-CHA/Harvard EXPORT Center, San Juan, Puerto Rico
- 2007 Discussant, Psychiatry Grand Rounds
Conversion Disorder in an Adolescent.
Cambridge Health Alliance
- 2007 Co-presenter, Psychiatry Grand Rounds
The Teachable Moment: Image and Metaphor
Cambridge Health Alliance
- 2008 Panelist
Transforming Violence
Victim of Violence Program, Cambridge Health Alliance
- 2008 Discussant, Psychiatry Grand Rounds
Never to Lie is to Have No Lock on Your Door
Cambridge Health Alliance
- 2009 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Cambridge Health Alliance
- 2009 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Massachusetts General Hospital

- 2010 Pediatrics Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide,
Cambridge Health Alliance
- 2010 Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
McLean Hospital
- 2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide.
Judge Baker Child Mental Health Forum
- 2010 Guest lecturer
Youth Depression. Panel entitled: Understanding Your Students Holistically:
Community Perspectives on Healthy Development
Urban Adolescent Development Course; Harvard Graduate School of Education
Teacher Education Program
- 2011 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Children's Hospital
- 2011 Coming to Terms: Writing as a Means of Understanding
Harvard Graduate School of Education
- 2013 Lecture. Real World Strategies for Working with Challenging Students
Cambridge Youth Guidance Center, Cambridge, MA
- 2013 Lecture. Real World Strategies for Working with Students with Sexualized
Behavior
Cambridge Youth Guidance Center, Cambridge, MA
- 2013 Co-presenter, Schwartz Rounds
Cambridge Health Alliance, Cambridge MA
- 2014 Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Harvard University Health Services

Report of Regional, National, and International Invited Teaching and Presentations

No presentations below were sponsored by outside entities

Regional

- 1996 Lecture
How Can Psychiatry Encourage Hope for Adolescents? A Primary Prevention
Program in an Urban High School.
New England Council of Child and Adolescent Psychiatry, Belmont, MA

- 1999 Keynote speaker
Missing the Mark—Responding to School Violence.
Massachusetts Medical Society: Youth Violence Physician’s Round Table,
Waltham, MA
- 2000 Lecture
Mental Health Services
Massachusetts Medical Society: Violence Prevention: New Approaches for
Clinical Application, Waltham, MA
- 2000 Guest lecturer, two sessions
Adolescents and Schools.
Adolescent Development Course for pre-doctoral psychology students
Tufts University Department of Education
- 2001 Keynote speaker, three lectures
Missing the Mark: School Violence; Identifying Students at Risk: Increasing the
Safety Net; Adolescent Depression and Suicide; School violence and the
clinician’s assessment of violent children
MacNamee Memorial Day Conference, Dartmouth, NH
- 2001 Lecture
Risk-Taking with Adolescent Girls
University of Massachusetts Boston, Psychology Department, Boston, MA
- 2001 Lecture
Adolescent Suicide: Improving the Safety Net
Family Loss Project and Massachusetts School of Professional Psychology,
Boston, MA
- 2002 Lecture
Depression and Suicide in Children and Adolescents – Intervening on the front
lines
Annual Meeting Department of Public Health, Framingham, MA
- 2002 Lecture
Assessing Violent and Aggressive Children in the School Context
Annual Meeting Department of Public Health, Framingham, MA
- 2004 Lecture
Bipolar and Attention Deficit Disorders
Boston University/Chelsea Public Schools Partnership, Pupil Personnel Special
Education Series, Chelsea, MA
- 2004 Lecture
Post Traumatic Stress Disorder and Oppositional Defiant Disorder
Boston University/Chelsea Public Schools Partnership, Pupil Personnel Special

- Education Series, Chelsea, MA
- 2005 Lecture
Mad, Bad, or Sad: Understanding our children
Commonwealth of Massachusetts Mental Health Legal Advisors Committee,
Boston, MA
- 2005 Lecture
Suicide Prevention: Providing Sanctuary for Adolescents in Crisis
Massachusetts Department of Mental Health Annual Suicide Prevention
Conference, Tewksbury, MA
- 2006 Grand Rounds
The Romance of Risk-Taking with Adolescents
Somerville Mental Health Center
Somerville, MA
- 2006 Lecture
Lost in the Black Box: Controversies in Treating Children
Massachusetts Department of Public Health Annual Suicide Prevention
Conference, Sturbridge, MA
- 2006 Keynote speaker
From Zero to a Hundred in a Split Second: Survival 101 with Aggressive Students
MA Chapter of the National Association of School Social Work, Worcester, MA
- 2006 Lecture
Children and Medication: Making Clinical Sense of the Controversies
Massachusetts Chapter of the National Association of School Social Work,
Worcester, MA
- 2007-2009 Guest lecture, two sessions each year
Topics including Use of Safety Assessments; Clinician Self-Reflection and the
Power of Narrative
Children at Risk and the Persons Who Serve Them course
Boston University
- 2008 Joseph Penn Invited Lecture
Giving it our Best Shot: Working with Schools to Care for Depressed or
Aggressive Students
Massachusetts Chapter of the American Academy of Pediatrics, Waltham, MA
- 2009 Lecture
Telling the Story: A Child Psychiatrist Explores the Mystery of Her Mother's
Death
Commonwealth of Massachusetts Department of Public Health Annual
Conference: Connecting Communities, Sustaining Hope, Saving Lives: Suicide
Prevention Across the Lifespan, Marlborough, MA

- 2009 Richard Selzer Lecture
The Role of Narrative And Reflection In Dealing with Tragedy
Yale University Medical School Humanities in Medicine Lecture Series, New Haven, CT
- 2009 Keynote speaker
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide.
Massachusetts Coalition of School-Based Health Centers Workshop, Worcester, MA
- 2009 Lecture for Class of 2013 White Coat Ceremony
The Power of Reflection
Tufts University School of Medicine, Boston, MA
- 2009 Lecture
Why Be a Child Psychiatrist
Tufts University School of Medicine Psychiatry Interest Group, Boston, MA
- 2009 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
New York University Counseling Forum, New York, NY
- 2009 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
New England Council of Child & Adolescent Psychiatry, Boston, MA
- 2010 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
University of Massachusetts Medical School, Worcester, MA
- 2010 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Tufts Medical School, Boston, MA
- 2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Webster Place Lecture Series, Brookline Community Mental Health Center, Brookline, MA
- 2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Massachusetts Psychiatric Society, Boston, MA
- 2010 Lecture
"In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide"
Appalachian Mountain Teen Project, Wolfeboro, NH

- 2012 Presentation
On Bullying
Boston Psychoanalytic Society and Institute, Boston, MA
- 2012 Panel Presentation
Launching & Sustaining a Career: Forging Connections Among Residents, Early, Mid-Career, and Senior Child & Adolescent Psychiatrist
New England Council of Child & Adolescent Psychiatry, Waltham, MA
- 2012 Guest lecture
“The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
Children at Risk and the Persons Who Serve Them course
Boston University
- 2013 Lecture. Real World Strategies for Working with Challenging Students
Walker Trieschman Institute of Research & Training Distinguished Author Series,
Needham, MA
- 2013 Lecture. “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
Massachusetts Continuing Legal Education, School Law Conference, Boston, MA
- 2013 Psychiatry Grand Rounds. “The Behavior Code: Empowering Clinicians to Foster Positive Change in the Classroom”
Brown University, Providence, RI
- 2013 Keynote lecture. “Accepting the Challenge: Understanding and Educating Students with Behavioral, Attentional and Emotional Learning Needs”
Massachusetts Administrators of Special Education, Worcester, MA
- 2013 Presentation entitled “From Child Trauma to Childhood Strength”
Lesley University Child Homelessness Conversation, Cambridge, MA
- 2014 Grand Rounds. “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
Maine Medical Center, Portland, ME
- 2014 Lecture. “Working with Self-Destructive Adolescents: How to Manage Them While Taking Care of Yourself”
“How Young People Succeed: The Art & the Science” conference, Danbury, CT
- 2014 Keynote Lecture. “From Childhood Trauma to Childhood Strength”
Youth At Risk conference, Beverly, MA
- 2014 Workshop. “School Safety Assessments”
Youth At Risk conference, Beverly, MA

National

- 1995 Lecture
Adolescence and Popular Culture.
American Academy of Child and Adolescent Psychiatry Annual Meeting, New Orleans, LA
- 1997 Lecture
Collaborative Primary Prevention for Adolescents
American Psychiatric Association Annual Meeting, San Diego, CA
- 1998 Lecture
Advising: The Magic Match
American Academy of Child and Adolescent Psychiatry Annual Meeting, Los Angeles, CA
- 2000 Lecture
An Advising Program in a Large Urban High School: The Magic Match
Center for School Mental Health Assistance, Annual National Conference on Advancing School-Based Mental Health Programs, Atlanta, GA
- 2000 Lecture
Practical Approaches to Developing a School Based Mental Health Program
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY
- 2000 Symposium Chair
Missing the Mark: Theory and Practice in Response to School Violence
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY
- 2000 Lecture, Symposium Chair
Advising – Building a Safety Net.
American Academy of Child and Adolescent Psychiatry, New York, NY
- 2002 Lecture, Symposium Chair
Foundations of School Consultation
American Academy of Child and Adolescent Psychiatry symposium, San Francisco, CA
- 2003 Lecture, Symposium Chair
Aggression in Children.
American Academy of Child and Adolescent Psychiatry Annual Meeting, Miami, FL
- 2003 Lecture
Threat Assessment in the School Setting.
American Academy of Child and Adolescent Psychiatry Annual Meeting, Miami,

FL

- 2006 Panel Facilitator
Community Engagement and Partnership: New Directions in Mental Health Services Research
RAND and NIMH Centers for Health Services Research, Arlington, VA
- 2007 Lecture
Mentoring and High-Risk Youth: Is it Always Appropriate?
Research and Policy Council Mentoring Organization, Alexandria, VA
- 2007 Keynote Speaker (full day)
Children and Medication: Making Clinical Sense of the Controversies
Archdiocese of New York Drug Abuse Prevention Program, New York, NY
- 2009 Lecture
School and Community Consultation.
Session for the Oral Exams: 34th Annual Review Course in Child and Adolescent Psychiatry and Training, Boston, MA
- 2010 Lecture
After a Parent's Suicide: Children's Grief and Healing
American Psychiatric Association Annual Meeting, New Orleans, LA
- 2010 Media Workshop Chair
Boy, Interrupted
American Psychiatric Association Annual Meeting, New Orleans, LA
- 2010 Keynote Speaker
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Colorado Injury Control Research Center, Bridging the Divide: Suicide Awareness and Prevention Summit, Fort Collins, CO
- 2010 Workshop Presenter
Nurturing Inspiration After Loss
Colorado Injury Control Research Center, Bridging the Divide: Suicide Awareness and Prevention Summit, Fort Collins, CO
- 2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide.
American Association of Suicidology Annual Meeting, Orlando, FL
- 2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Association for Death Education and Counseling Annual Meeting, Kansas City, MO
- 2010 Laressa Gibbons Memorial Lecture and Psychiatry Grand Rounds

In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
University of Florida, Gainesville, FL

- 2010 Lecture
After a Suicide: Comforting Bereaved Children
National Organization for People of Color Against Suicide, Boston, MA
- 2010 Lecture
Intimate Partner Violence and the Media – Domestic Violence: In Her Wake, A
Narrative
Association for Psychological Science Annual Meeting, Boston, MA
- 2010 Workshop Chair and Presenter
After a Suicide: Helping the Surviving Children Heal
American Academy of Child and Adolescent Psychiatry Annual Meeting, New
York, NY
- 2010 Lecture
Divorce, Custody and Suicide: Protecting our Clients
The Association of Family and Conciliation Courts, Ninth Symposium on Child
Custody Evaluations, Cambridge, MA
- 2010 Panel Chair
Bullies, Targets, and “Frenemies”: Understanding and Preventing Bullying and
Cyberbullying
American Academy of Child and Adolescent Psychiatry Annual Meeting, New
York, NY
- 2010 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Children's National Medical Center, Washington, DC
- 2011 Lecture
Surviving Loss in High Conflict Divorce: Legal and Psychological Protection
Association of Family and Conciliation Courts, Boston, MA
- 2011 Honors Presentation
Improving the Odds for Children's Safety In Schools: Lessons Learned
American Academy of Child and Adolescent Psychiatry and Canadian Academy
of Child and Adolescent Psychiatry Joint Annual Meeting, Toronto, Canada
- 2011 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Queens Hospital, New York, NY
- 2011 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Montefiore Medical Center, New York, NY

- 2011 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
SUNY Downstate Medical Center, New York, NY
- 2012 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
New York University, New York, NY
- 2012 Resident Conference
The Behavior Code: A Practical Guide to Understanding and Teaching the Most
Challenging Students
New York University, New York, NY
- 2012 Workshop
Empowering Clinicians to Foster Positive Change in the Classroom
American Academy of Child and Adolescent Psychiatry Annual Meeting, San
Francisco, CA
- 2012 Workshop
Writing about Patients: Benefits, Complications, and Connections of Sharing
Their Stories
American Academy of Child and Adolescent Psychiatry Annual Meeting, San
Francisco, CA
- 2012 Lecture
Adolescent Risk-Taking Behaviors: Teaching Communities and Engaging the
High Risk Adolescent
American Academy of Child and Adolescent Psychiatry Annual Meeting, San
Francisco, CA
- 2012 Workshop
The Behavior Code: Practical Tips for Understanding and Teaching the Most
Challenging Students
Learning Forward Conference, Boston, MA
- 2013 Lecture
Improving the Odds for Children's Safety In Schools: Lessons Learned
New Jersey Council of Child and Adolescent Psychiatry, Newark, NJ
- 2013 Psychiatry Grand Rounds
Children of Suicide: In Her Wake: A Child Psychiatrist Explores the Mystery of
Her Mother's Suicide
Lincoln Hospital, New York, NY
- 2013 Grand rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
St. Luke's Roosevelt Hospital Center, New York, NY

- 2013 Lecture
Working with Suicidal Teens: Approach, Connection, Fluidity, and Collaboration with Parent and Teen
Aeschi West: Basic Principles in Working with Suicidal Patients, Vail, CO
- 2013 Keynote Lecture
In Her Wake: A Child Psychiatrist Explores the Impact of Her Mother's Life and Suicide
Aeschi West: Basic Principles in Working with Suicidal Patients, Vail, CO
- 2013 Lecture
Sutton's Law and School-Based Mental Health Services, presented as part of: Life Members Wisdom Clinical Perspectives: Plays Well with Others vs. My Way or the Highway: The Revolutionary Evolution of Child & Adolescent Psychiatry Linkages with Pediatrics and With Schools
American Academy of Child and Adolescent Psychiatry Annual Meeting, Orlando, FL
- 2013 Lecture
Shadows of Virginia Tech and "Dagging" in Middle School, presented as part of "Impossible" at School: Consulting on Violent, Disruptive, and Highly Unusual Kids
American Academy of Child and Adolescent Psychiatry Annual Meeting, Orlando, FL
- 2013 Distinguished Speaker: Finding My Way: Lessons Learned
"Inspiration for Success" Breakfast for Medical Students and Residents
American Academy of Child and Adolescent Psychiatry Annual Meeting, Orlando, FL
- 2013 Plenary Session
The Behavior Code: Practical Strategies for Working with Challenging Students Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)
Annual International Conference on ADHD, Crystal City, VA
- 2014 Lecture
A Child Psychiatrist's View of Her Mother's Suicide
The Problem of Suicide: Rediscovering Hope, The First Annual John M. Oldham National Mental Health Symposium, Houston, TX
- 2014 Lecture
Presented as part of "Impossible at School, Part 2: Consulting on Violent, Disruptive, and Highly Unusual Kids"
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Diego, CA
- 2014 Discussant

Is This Student Safe to Return to School?: The Child & Adolescent Psychiatrist's Role in Threat Assessments for Students at Risk for Violence
American Academy of Child and Adolescent Psychiatry Annual Meeting,
San Diego, CA

International

2014 Lecture
The Behavior Code: Understanding and Teaching the Most Challenging Students
University of Zielona Gora, Poland

2014 Lecture
The Behavior Code: Understanding and Teaching the Most Challenging Students
University of Zielona Gora, Poland
Kielce University, Poland

Report of Clinical Activities and Innovations

Current Licensure and Certification:

1988 Massachusetts Medical License
1994 Board Certified Adult Psychiatrist (recertified in 2013)
1996 Board Certified Child and Adolescent Psychiatrist (recertified in 2013)

Practice Activities:

1993-present Psychiatry. Outpatient clinic
Teen Health Center, Cambridge Health Alliance
Currently five hours per week.

1997-present Psychiatry. Private practice
Cambridge, MA
Currently two-three hours average per week.

2002-present Safety evaluations and psychiatric consultation.
Director of School Programs, Cambridge Health Alliance
Twenty hours per week.

Clinical Innovations:

Advising Program

Created a high school advising program in which teachers volunteer to meet weekly with groups of 12 students, going far beyond the traditional guidance program by strengthening relationships and providing knowledge to students about how to negotiate within the high school, linking them to extra curricular activities, helping them with course selection, time budget, and follow up with homework assignments. The creation of the program focuses on strengthening relationships by building a “home base” and examining the infrastructure necessary to sustain staff commitment to the program. The program has received local and national recognition, with many school

systems asking for assistance in development of their own programs, and student evaluations show that they find it supportive and helpful in meeting their academic goals.

Safety Assessments

Developed a model for conducting safety assessments with adolescents who are aggressive in school, and many have experienced trauma or have an untreated psychiatric disorder. The assessment includes in-person interviews with teachers and administrators and home visits when appropriate, and results in active coordination for access to needed services and education to families about clinical options. I have presented this model at professional conferences, to school systems, and have trained many child psychiatrists to perform these assessments.

Report of Education of Patients and Service to the Community

No activities below were sponsored by outside entities.

Memberships

- 1999-2000 Member, Interdisciplinary research team of Harvard Children's Studies
Integrated research and practice around resiliency
- 1999-2001 Member, Health of the City Committee (Cambridge, MA)
- 1999-2004 Member, Acute Response Team, Cambridge Public Schools
- 2006 Member, Executive Committee for the Mental Health Component of the
Massachusetts Attorney General's Safe Schools Initiative
- 2007 Member, Cambridge Violence Task Force

Presentations

Local/Regional

- 1999 Training and facilitation at retreat entitled "Adolescent Healthy Choices" and two
follow-up sessions
Fenway High School, Boston MA.
- 2000 Three-month weekly training course/seminar entitled "Change, Stability, and
Renewal"
Cambridge Public Schools, Cambridge, MA
- 2000 Lecture entitled "Psychopharmacology and Students"
Charter Schools Massachusetts Regional Conference, Boston, MA
- 2001 Lecture entitled "Adolescent Depression and Suicide Prevention"
American Foundation for Suicide Prevention, Brockton, MA

- 2001 Keynote lecture entitled “All you wanted to know about medications and were afraid to ask”
Cambridge Public Schools, Cambridge, MA
- 2003 Lecture entitled “Understanding our students – Differential diagnosis”
Chelsea School District, Chelsea, MA
- 2004 Lecture entitled “Differential Diagnosis: Understanding the Needs of Students in Distress”
Chelsea Collaborative, Chelsea, MA
- 2006 Mental Health Services for Boston Public School Students. Presentation
Boston City Council, Boston MA
- 2006 Lecture entitled “Is It a Bad Day or Is It Something Worse? Learning and understanding the signs and symptoms of mental health difficulties”
Newton Public Schools and Project Interface, Newton, MA
- 2006 Lecture entitled “Psychopharm Update: Controversies in Child Psychiatry”
Newton Public Schools and Project Interface, Newton, MA
- 2007 Panel presentation entitled “Myths and Realities: the Academic, Extracurricular, and Social Lives of Students in their First Year”
Harvard College, Cambridge MA
- 2007 Full day presentation entitled “Finding our way: How to Make a Difference with Children Who are Mad, Bad, or Sad”
Waltham Public Schools, Waltham, MA
- 2008 Presentation entitled “Prescription for Safety: Helping Teens and Schools”
National Alliance on Mental Illness (NAMI) Cambridge-Middlesex, Cambridge, MA
- 2009 Keynote presentation entitled “A Saving Grace: School-Parent-Student Partnership”
Dearborn Academy, Arlington, MA
- 2009 Three keynote presentations to teachers, parents and clinicians entitled “Responding to Teen Depression: What Parents, Schools, and Communities Can Do Together”
Appalachian Mountain Teen Project, Wolfeboro, NH
- 2009 Presentation entitled “Separation and Closeness: Heading off to College” to audience of parents of first-year Harvard students
Harvard College, Cambridge MA
- 2009 Presentation at local NAMI meeting entitled “In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide”

National Alliance on Mental Illness (NAMI) Cambridge-Middlesex, Cambridge MA

- 2009 Presentation entitled “Integrating Loss – Understanding the Impact of Loss Over Time” as part of the Making Connections: Promoting Positive Mental Health series
Somerville Committee on Suicide Prevention and Mental Health, Somerville MA
- 2010 Two different presentations to teachers and parents on “In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide”
Appalachian Mountain Teen Project, Wolfeboro, NH
- 2010 Presentation to Harvard community entitled “Power of Reflection”, arranged by Harvard University Center for Wellness as part of Speak Out! Mental Health Awareness Week
Harvard University, Cambridge MA
- 2010 Keynote presentation entitled “Understanding, Supporting and Coping with Loss” and facilitation of community discussion following a student suicide
Concord-Carlisle Regional High School, Concord, MA
- 2012 Presentation entitled “The Behavior Code: Practical Tips for Understanding and Teaching the Most Challenging Students”
Dearborn Academy Annual Meeting, Cambridge, MA
- 2012 Lecture entitled “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
Everett Public Schools, Everett, MA
- 2012 Webinar entitled “The Behavior Code: Practical Tips for Understanding and Teaching the Most Challenging Students”
Harvard Graduate School of Education Principals’ Center, Cambridge, MA
- 2012 Presentation entitled “Be a Behavior Detective: Practical Strategies for Understanding and Teaching the Most Challenging Students”
Cambridge Public Library, Cambridge, MA
- 2012 Presentation entitled “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
Depression and Bipolar Support Alliance of Boston, Belmont, MA
- 2012 Presentation entitled “Linking Bullying and Oppositional Kids”
Gifford School, Weston, MA
- 2012 Presentation entitled “The Behavior Code: Providing Support to High School Students with Challenging Behaviors”
Cambridge High School Extension Program, Cambridge, MA

- 2013 Webinar presentation entitled “I Didn’t Mean to...: The Student with Sexualized Behavior”
Federation for Children with Special Needs, Boston, MA
- 2013 Presentation entitled “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
Federation for Children with Special Needs, Boston, MA
- 2013 Presentation entitled “Children and Trauma: What We Need to Know”
Cambridge Police Department, Cambridge, MA
- 2013 Presentation entitled “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
Carlisle Public Schools, Carlisle, MA
- 2013 Presentation entitled “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
The Education Cooperative, Dedham, MA
- 2013 Presentation entitled “Lessons Learned: Resiliency in our Community”
ACEs Too High, Creating a Resilient Cambridge, Cambridge, MA
- 2014 Presentation entitled “Depression and Suicide”
Lincoln-Sudbury Public Schools, Sudbury, MA
- 2014 Presentation entitled “Follow-Up: The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
Carlisle Public Schools, Carlisle, MA
- 2014 Presentation entitled “School Avoidance”
Lincoln-Sudbury Public Schools, Sudbury, MA
- 2014 Co-facilitator for Presentation entitled “Understanding Self-Injury”
Newton North High School, Newton, MA
- 2014 Presentation for parents entitled “Caring for All Our Kids: The Behavior Code”
Carlisle Public Schools, Carlisle, MA
- 2014 Presentation entitled “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”
Northshore Education Consortium, Beverly, MA
- 2014 Presentation entitled “What Parents Can Do to Help Children Become Emotionally Resilient”
Parent University, Danbury, CT
- 2014 Presentation entitled “School Avoidance”
Lincoln-Sudbury Public Schools, Sudbury, MA

2014 Presentation entitled “PTSD/Anxiety”
Lincoln-Sudbury Public Schools, Sudbury, MA

2014 Presentation entitled “School Avoidance”
The Education Cooperative, Dedham, MA

2014 Webinar entitled “Teen Depression”
Families for Depression Awareness, Waltham, MA

National

2010 Presentation entitled “The Words to Say It: After a Parent’s Suicide”
National Alliance on Mental Illness Annual Meeting, Washington, DC

2010 Key discussant about suicide on “Ask the Doctor” National conference call for
NAMI members
National Alliance on Mental Illness, Washington, DC

2012 Presentation entitled “The Behavior Code: How to Help Students with
Challenging Behavior”
The Children’s Storefront Sixth Annual Urban Education Symposium, New York,
NY

2013 Webinar entitled “The Behavior Code: Practical tips for understanding and
teaching the most challenging students”
American Counseling Association, Alexandria, VA

2014 Webinar entitled “Children of Suicide: In Her Wake”
National Alliance for Grieving Children, Stuart, FL

International

2013 Reading and presentation: “In Her Wake.”
International Book Festival, Shanghai, China

2014 In-service for educators entitled “The Behavior Code: Understanding and
Teaching the Most Challenging Students”
Katowice, Poland

2014 In-service for educators entitled “The Behavior Code: Understanding and
Teaching the Most Challenging Students”
Karpacz, Poland

2014 Training for psychologists entitled “The Behavior Code: Understanding and
Teaching the Most Challenging Students”
Starachowice, Poland

Media (selected appearances/interviews)

- 2006 Interviewed on “Researchers Investigate Aggressive Students' Mental Health”, on Morning Edition on NPR
- 2008 Interviewed on Prom Nightmares, THS Investigates on E! network
- 2008 Interviewed on Your Healthcare: Choice or Chance?, Radio Show on WATD radio
- 2008 Interviewed on About Health TV with Jeanne Blake
- 2009 Interviewed on the Diane Rehm Show on WAMU public radio, Washington, DC
- 2009 Interviewed on The Joy Cardin Show on Wisconsin Public Radio
- 2009 Interviewed on Afternoon Magazine with Celeste Quinn on WILL public radio, Chicago, IL
- 2009 Interviewed by Elizabeth Cooney for Boston Globe newspaper article “Nancy Rappaport explores her mother’s suicide”
- 2009 Interviewed on Parenting Unplugged Radio
- 2009 Interviewed on Commonwealth Journal, Massachusetts Public Radio
- 2009 Interviewed by Pat Wingert for Newsweek article “Her Mother Killed Herself”
- 2010 Interviewed about suicide prevention and supporting families after a suicide on Massachusetts Medical Society television show “Physician Focus”
- 2010 Published three-part series on Psychcentral.com entitled “Kids and Depression: Parents’ Call To Action”
- 2010 Interviewed on Sound Medicine on WFYI, Indiana Public Radio
- 2010 Interviewed twice on The Emily Rooney Show on WGBH
- 2010 Interviewed regarding “Covering all angles of bullying” on NECN
- 2010 Interviewed regarding “Alleged Russian Spy Kids: Loyalty and Betrayal” on BBC News Hour
- 2010 Interviewed by Elizabeth Cohen for CNN Empowered Patient article “How to Save a Friend from the Brink”
- 2010 Interviewed by Sally Spencer-Thomas for American Academy of Suicidology newsletter article “Love Lasts Longer than Death: An Interview with Nancy Rappaport”
- 2010 Interviewed on The Walt Bodine Show on KCUR public radio, Kansas City, MO
- 2010 Interviewed on Talk of Alaska on the Alaska Public Radio Network
- 2010 Interviewed on the Santita Jackson Show on WVON radio, Chicago, IL
- 2010 Interviewed on Extension 720 with Milt Rosenberg on WGN radio, Chicago, IL
- 2010 Interviewed on The Leonard Lopate Show on WNYC public radio, New York, NY
- 2010 Interviewed for Author Magazine article “First Do No Harm”
- 2010 Interviewed on Radio Times on WHYY public radio, Philadelphia, PA
- 2012 Began blogging for Huffington Post
- 2012 Interviewed on Think on KERA public radio, Texas
- 2012 Interviewed on Doctor Radio, Sirius XM
- 2012 Interviewed on StudioTulsa, KWGS radio, Tulsa, OK
- 2012 Interviewed on The Jordan Rich Show, WBZ radio, Boston, MA
- 2012 Interviewed on The Inclusive Class on Special Needs Talk Radio Network
- 2012 Interviewed on The Current, CBC radio
- 2013 Interviewed for two School Leadership Briefing podcasts
- 2013 Interviewed by Caroline Miller for two Child Mind Institute articles
- 2014 Interviewed for Mindscape video series, Menninger Clinic, TX
- 2014 Interviewed on Polskie Radio Katowice, Katowice, Poland

- 2014 Interviewed on WBZ news, Boston, MA
- 2014 Interviewed for two School Leadership Briefing podcasts
- 2014 Interviewed for Please Speak Freely: Development Without Limits podcast

Educational Material for Patients and the Lay Community:

- 1997-1999 Advising curriculum. Unpublished curriculum for high schools that is utilized by schools initiating advising programs

Publications

- 2009 In Her Wake Memoir, published by Basic Books September 2009
- 2012 The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students, published by Harvard Education Press April 2012
- 2014 We are overmedicating America’s poorest kids, Washington Post editorial, June 2014

Recognition:

- 2010 Julia Ward Howe Book Award, presented by the Boston Authors Club for In Her Wake

Report of Scholarship

Publications

Peer Reviewed Publications in print or other media:

Research investigations

1. **Rappaport N**, Flaherty LT, Hauser ST. Beyond psychopathology: Assessing seriously disruptive students in school settings. J of Pediatrics. 2006 149:252-256

Other peer-reviewed publications

1. **Rappaport N**. An advising program in a large urban high school: the magic match. In: Esman AH, Flaherty L, Horowitz H, editors. Adolescent Psychiatry, Vol. 24. London: The Analytic Press; 1999 p.109-117. (peer reviewed journal)
2. **Rappaport N**, Chubinsky P. The meaning of medication to children, adolescents, and their families. J Am Acad Child Adol Psychiatry 2000; 39(9):1198-1200.
3. **Rappaport N**. Psychiatric consultation to school-based health centers: lessons learned in an emerging field. J Am Acad Child Adol Psychiatry 2001; 40(12):1473-1475.

4. **Rappaport N.** Survival 101: Assessing children and adolescents' dangerousness in school settings. In: Esman AH, Flaherty L, Horowitz H, editors. *Adolescent Psychiatry*, Vol. 28. London: The Analytic Press; 2004 p. 157-181. (peer reviewed journal)
5. **Rappaport N**, Thomas C. Recent Research findings on Aggressive and Violent Behavior in youth: Implications for Clinical Assessment and Intervention. *J Adol Health* 2004; 35:260-277.
6. **Rappaport N**, Prince JB, Bostic JQ. Lost in the Black box: Juvenile Depression, Suicide and the FDA's Black Box. *J of Pediatrics* 2005; 47:719-720.
7. Daley ML, Becker DF, Flaherty LF, Harper G, King RA, Lester P, Milosavljevic N, Onesti J, **Rappaport N**, Schaw-Stone M. Case Study: The Internet as a developmental tool in an adolescent boy with psychosis. *J Am Acad Child Adolesc Psychiatry* 2005. 44: 187-190
8. Hacker KA, Suglia SF, Fried LE, **Rappaport N**, Cabral H. Developmental differences in risk factors for suicide attempts between 9th and 11th graders. *Suicide and Life Threatening Behavior* 2006 36(2): 154-165.
9. Chubinsky P, **Rappaport N**. Medication and the Fragile Alliance: The complex meaning of psychotropic medication to children, adolescents and families. *J of Infant, Child, and Adolescent Psychotherapy*. 2006 5:111-123.
10. **Rappaport N**, Bostic JQ, Prince J, Jellinek MS. Treating pediatric depression in primary care: Coping with the patient's blue mood and the FDA's Black Box. *J of Pediatrics* 2006; 48:567-8.
11. Mulvaney-Day NE, **Rappaport N**, Alegria M, Codianne LM. Developing systems interventions in a school setting: An application of community based participatory research for mental health. *Ethnicity & Disease* 2006. 16:107-117.
12. **Rappaport N**, Frazier J, Connor D, Mattison R. From Zero to a Hundred in a Split Second: Understanding Aggression in an Eight- Year- Old Child. *Harv Rev Psychiatry* 2006;14:1-12.
13. **Rappaport N**, Alegria M, Mulvaney-Day N, Boyle B. Staying at the table: Building sustainable community/research partnerships. *Journal Comm Psychology*. 2008 36(6):693-701.
14. Gerson R, **Rappaport N**. Cyber cruelty: Understanding and preventing the new bullying. *Adolescent Psychiatry*. 2011, 1, 67-71.
15. Rajan R, **Rappaport N**. "When Can I See You Again?": Engaging immigrant adolescents with histories of attachment ruptures, loss, and insecure attachments in long-term outpatient psychotherapy. *Adolescent Psychiatry*. 2011, 1, 35-45.
16. Barrett J, **Rappaport N**. Keeping it real: Overcoming resistance in adolescent males mandated into treatment. *Adolescent Psychiatry*. 2011, 1, 28-34.

17. Barkai A, **Rappaport N**. A psychiatric perspective on narratives of self-reflection in resilient adolescents. *Adolescent Psychiatry*. 2011, 1, 46-54.
18. Gerson R, **Rappaport N**. Traumatic Stress and Posttraumatic Stress Disorder in Youth: Recent Research Findings on Clinical Impact, Assessment, and Treatment. *Journal of Adolescent Health*. 2013, 52(2), 137-143.
19. Liang B, Spencer R, West J, **Rappaport N**. Expanding the Reach of Youth Mentoring: Partnering with Youth for Personal Growth and Social Change. *Journal of Adolescence* 2013 36(2): 257-267.
20. **Rappaport, N.**, Kulick, D. and Phelps, L. (2013). Psychotropic medications: An update for school psychologists. *Psychology in the Schools*, 50: 589–600.

Non-peer reviewed scientific or medical publications/materials in print or other media:

Reviews, chapters, monographs and editorials

1. **Rappaport N**, Jellinek M. The grieving parent. In: *Psychiatric Aspects of General Hospital Pediatrics*. Chicago: Yearbook Publishers; 1990 p.277-286.
2. Rauch P, **Rappaport N**. Child psychiatry emergencies. In: *Manual of Psychiatric Emergencies*. Boston: Little and Brown; 1994 p.53-59.
3. **Rappaport N**. Preventing child and adolescent violence: the clinician's role. *Psychiatric Times* 2001; 18:60-65.
4. **Rappaport N**. Emerging models of school consultation. In: *Child and Adolescent Psychiatric Clinics of North America*. Philadelphia: WB Saunders; 2001 p.13-24.
5. **Rappaport N**. Can advising lead to meaningful relationships? A critical view of youth mentoring. *New Directions for Youth Development: Theory, Practice, Research* 2002; 93:109-125.
6. Machoian L, Rhodes J, **Rappaport N**, Reddy R. Preventing school failure and promoting positive outcomes. In: Jason LA, Glenwick DS, editors. *Innovative strategies for preventing psychological problems*. New York: Springer Publishing Company; 2002 p.106-125.
7. **Rappaport N**, Osher D, Greenberg-Garrison E, Anderson-Katchmark C, Dwyer K. Enhancing collaboration within and across disciplines to advance mental health programs in schools. In: Weist M, editor. *Handbook of School Mental Health*. Baltimore, MD: Kluwer Academic Press; 2003 p.107-129.
8. **Rappaport N**. Advising high school students. In: Miller JR, Lerner RM, Schiamberg LB, Anderson PM, editors. *Human ecology: An encyclopedia of children, families, communities, and environments*. Santa Barbara, CA: ABC-CLIO; 2003.

9. Murakami S, **Rappaport N**, Penn JV. An Overview of Juveniles and School Violence. In: Child and Adolescent Psychiatric Clinics of North America. Philadelphia, PA: WB Saunders, 2006, 29(3): 725-741.
10. **Rappaport N**, Barrett JG. Under the gun: threat assessment in schools. Virtual Mentor. 2009; 11(2):149-154. <http://virtualmentor.ama-assn.org/2009/02/pfor1-0902.html>. Accessed February 2, 2009.
11. **Rappaport N**. Providing Comfort After Suicide. Clinical Psychiatry News. 2010; 38(2): 18.
12. **Rappaport N**. Assessing Depression in Adolescents. Carlat Child Psychiatry Report. 2010: 1(3).
13. Phelps L, Smerbeck A, **Rappaport N**. A Case Study: Pediatric Tic Disorders. In: Davis A, editor. *Psychopathology of Childhood and Adolescence: A Neuropsychological Approach*. New York: Springer, 2012, 332-337.
14. Rappaport N. Suicide by Security Blanket, and Other Stories from the Child Psychiatry Emergency Service: What Happens to Children With Acute Mental Illness. *Journal Of The American Academy Of Child & Adolescent Psychiatry*. September 2013; 52(9): 974-975.
15. Flavin L, Reinfeld S, **Rappaport N**. “Psychological Aspects of STDs” and “Talking to a Partner About STDs”. In: Grimes, JA, Smith, LA, Fagerberg, K., eds. *Sexually Transmitted Disease: An Encyclopedia of Diseases, Prevention, Treatment, and Issues*. ABC-Clio, 2013.
16. Minahan J, **Rappaport N**. “Cracking the Behavior Code: Effective Interventions for Students with Anxiety”. In: Honigsfeld A, Cohan A, eds. *Breaking the Mold of Classroom Management What Educators Should Know and Do to Enable Student Success, Vol. 5*. R&L Education, 2013.

Books/Textbooks for the medical or scientific community

1. Minahan J. and **Rappaport N** (authors). The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students. Harvard Education Press, Cambridge, MA. April 2012

Case reports

1. **Rappaport N**, Coffey B. Psychopharmacology in the school setting: therapeutic challenges in the school setting: therapeutic challenges in an adolescent with attention deficit hyperactivity disorder, possible bipolar disorder and other comorbidities. *J Child Adolesc Psychopharmacology* 2004 (1) 3-7.

Letters to the Editor

1. **Rappaport N**. Letter to the editor. School violence. *J Am Acad Child Adolesc Psychiatry* 2001; 40:992.
2. **Rappaport N**. Response to Twemlow et. al: Zero tolerance and searching for premeditated school shooters. *J Am Acad Child Adolesc Psychiatry* 2002; 41:1271.

3. **Rappaport N.** Response to Brent and Birmaher: Adolescent depression. *NE J Med* 2003; 348(5):473-474.
4. **Rappaport N.** School based interventions for children exposed to violence. *JAMA* 2003;290 (19):254.
5. **Rappaport N.** Letter to the Editor: School Safety and the Partnership Between Psychiatrists and School Personnel. *Am J Psychiatry* 2008 165(7): 916.

Professional Educational Materials or Reports, in print or other media:

1. Videotape of my work at Children's Storefront, an elementary school in Harlem, NYC (nominated for Oscar for best documentary). 1983.
2. **Rappaport N.** Discussant of introducing innovative program on adolescent unit: Animals as intermediaries. Washington, DC: National Public Radio, 1994.
3. Videotape produced with students on orientation to advising, Cambridge, MA 1997.
4. **Rappaport N.** Building a way to connect with high school students. *AACAP News* 1998; July/Aug:134-136.
5. **Rappaport N.** Special education alert. *AACAP News* 2000; Jan/Feb:25-27.
6. **Rappaport N.** Small advising groups: relationships for success. *High School Magazine* 2000; 7(9):45-47.
7. **Rappaport N.** Missing the mark: school consultation-assessing students' potential for violence. *AACAP News* 2000; July/Aug:164-165.
8. **Rappaport N.** Increasing teachers' caring potential through advising. *Middle Matters* 2002; 11(1):4-6.
9. **Rappaport N.** How to safeguard aggressive impulsive students in a school setting: Tips from the trenches. *Brown Child and Adolescent University Behavior Letter*, March 2005 page 1, 4 and 5.
10. **Rappaport N.** *Narrow Escape*. Auscultations, 2006. Cambridge Health Alliance.
11. **Rappaport N.** In Her Wake: A Child and Adolescent Psychiatrist Explores the Mystery of Her Mother's Suicide. *AACAP News*. 2010 41(2):1, 66-67.
12. **Rappaport N.** The Complicated Nature of Loss. *NAMI Advocate*. Winter 2009/2010.
13. Minahan J & **Rappaport N.** Be a Behavior Detective: Improving prospects for challenging students. *Harvard Education Letter* 2012 28(3).

14. **Rappaport N** & Minahan J. Cracking the Behavior Code. *Educational Leadership* 2012 70(2): 18-25.
15. Casoli-Reardon M, **Rappaport N**, Kulick D, & Reinfeld S. Ending School Avoidance. *Educational Leadership* 2012 70(2): 50-55.
16. **Rappaport N**. A Mindful Approach to Parent Conflict. *American School Board Journal* 2012 September: 20-21.
17. Minahan J, **Rappaport N**. Anxiety in Students: A Hidden Culprit in Behavior Issues. *Phi Delta Kappan* 2012 December: 34-39.
18. **Rappaport N**. Three Ways to Help “Loners” and Improve School Safety. *Harvard Education Letter* 2013 29(1).
19. **Rappaport N**, Minahan J. “I Didn’t Mean To...”: Practical Suggestions for Understanding and Teaching Students with Sexualized Behavior. *Phi Delta Kappan* 2013 February: 21-26.
20. **Rappaport N**, Minahan J. Breaking the Behavior Code: How to help teachers make a difference with challenging student behavior. *Principal* 2013 January/February: 18-22.
21. **Rappaport N**. Why ADHD Medication Is Not Reform. *Education Week* 2013 32(22): 23.
22. **Rappaport N**, Shaughnessy MF. An Interview with Dr. Nancy Rappaport. *North American Journal of Psychology* 2013 15: 207-212.
23. Warshof, A. & **Rappaport, N.** (2013). Adjusting Your Sails: Promoting Resiliency in Challenging Students. *Educational Leadership*, 71(1): 34-38.
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1. Walter HJ, Berkovitz IH, and the Work Group on Schools*. Practice parameters for psychiatric consultation to schools. *J Am Acad Child Adol Psychiatry* 2005 44:1068-1083. (*member of Work Group on Schools cited in the appendix of the manuscript)
Practice parameters adapted by AACAP for use by child psychiatrists consulting to schools consistent with the best available scientific evidence and clinical consensus. I contributed to the initial drafts of the manuscript as a member of the AACAP Work Group on Schools.

Narrative Report

As a child psychiatrist committed to public sector work, I strive to improve the lives of children who often have broken families, mental anguish, and limited access to resources. I am driven by the substantial challenges that exist when children don’t get services they need or receive

services too late and schools are exhausted and families may feel defeated. However, I often see a window of opportunity to encourage schools to mobilize and to help intensify targeted mental health services to mitigate despair.

Having worked in the Cambridge community for over two decades as a consultant to public school administrators and a treating child psychiatrist, I am constantly learning lessons that can be extrapolated to benefit other communities. When I began working with school administrators, they told me that they were concerned that many of their students did not access counseling because of the stigma associated with asking for extra help. Over the next five years, I designed and implemented an advising program in the high school as a mechanism for teachers to provide critical support. I supervised teachers, coauthored a curriculum, and evaluated the students' and faculty feedback.

I have developed a case evaluation model for violent students and have trained child fellows in this model and written and presented nationally about how to conduct these types of assessments and advocate for these children. These extensive assessments address the question of the students' safety to return to school and suggest therapeutic interventions and modifications to improve the students' potential for success. In a pilot study of the model, we found that nearly all of these aggressive students had serious underlying psychiatric illness such as PTSD, ADD or bipolar disorder, and most were not receiving help and needed assistance with coordinating mental health services. I have presented nationally over the last twenty years to galvanize psychiatrists to engage in critical collaboration with schools. I have also presented to teachers and mental health professionals to translate relevant psychiatric concepts into effective strategies to reach at risk youth. My work about strategies about how children can function at their best in schools has been published in pediatric and psychiatry journals. My recent papers address the complicated aspects of working with immigrant children in a school based health center and "staying at the table" an analysis about how educators can stay motivated to invest in their challenging students and ensure adequate infrastructure for innovation.

I approach my teaching with a certain missionary zeal, always hoping others will be inspired to provide support to schools. I teach a yearlong course, "Frameworks for Understanding Child and Adolescent Development," for adult residents as a way to spark their curiosity about how childhood experiences can shape an adult. I am also the course director of an annual HMS program, "School Mental Health: Treating Students K-12." I supervise and teach child and adolescent fellows in a year-long placement in Cambridge Public Schools. In addition, I have taught a Harvard freshman seminar "Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning Through Literature and Research" for five years in which I expose the students to research, clinical application, and everyday insight.

On a personal level, I was motivated to share my story of the loss of my mother to suicide as a way to humanize the tragedy of suicide and to convey the process of healing through my memoir, *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide*. I have devoted a great deal of time giving grand rounds and national presentations and doing outreach via radio and television to help educate a broad audience about mental illness, how to provide support to a person who is suicidal, and how to understand and help children of suicide. My second book, *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students*, is co-written with Board Certified Behavioral Analyst and special

educator Jessica Minahan. We provide teachers with concrete strategies to support students who are anxious, oppositional, withdrawn, or who exhibit sexualized behavior.