

## CURRICULUM VITAE

**Date Prepared:** March 2022

**Name:** Nancy Rappaport, MD

**Office Address:** 256 Concord Avenue  
Cambridge, MA 02138

**Home Address:** 6 Wyman Road  
Cambridge, MA 02138

**Work Phone:** (617) 520-4752

**Work E-Mail:** nancy@nancyrappaport.com

**Place of Birth:** Boston, MA

### Education:

1982 BA, English  
Princeton University

1983 Postgraduate concentration, Science  
Columbia University

1988 MD  
Tufts University

### Postdoctoral Training:

07/88-06/89 Intern in Pediatrics, Massachusetts General Hospital

07/89-06/92 Resident in Adult Psychiatry, Massachusetts General Hospital

07/92-06/95 Fellowship in Child and Adolescent Psychiatry, The Cambridge Hospital

### Faculty Academic Appointments:

07/90-06/95 Clinical Fellow in Psychiatry, Harvard Medical School

07/96-11/01 Clinical Instructor in Psychiatry, Harvard Medical School

12/01-06/03 Instructor in Psychiatry, Harvard Medical School

07/03-05/12 Assistant Professor of Psychiatry, Harvard Medical School

06/12-06/16 Associate Professor of Psychiatry, Harvard Medical School

06/16- Associate Professor of Psychiatry, Part time, Harvard Medical School

### Appointments at Hospitals/Affiliated Institutions:

12/95- Active Staff, Department of Psychiatry, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance

**Other Professional Positions:**

1996-2003 Consultant to Cambridge Superintendent and Cambridge High School  
2014-2019 Member, Professional Advisory Council, Dearborn Academy  
2014-2015 Member, NAMI Mass School Mental Health Advisory  
2016- Consultant to The Education Cooperative

**Major Administrative Leadership Positions:**

Local:

1996-2016 Mental Health Director, Teen Health Center, Cambridge Health Alliance  
2000 Course Director, Special Education Symposium “Identification and Treatment of Asperger/Pervasive Developmental Disorder and OCD as it Pertains to the Classroom,” Cambridge Public Schools  
2001-2016 Director of School-Based Programs, Department of Psychiatry, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance  
2004-2016 Course Director, “Frameworks for Understanding Child and Adolescent Development,” Department of Psychiatry, Cambridge Health Alliance  
2004 Course Director, “Adolescent Self Destruction,” Harvard Medical School Continuing Medical Education Course  
2004 Course Director, “The Meaning of Medication to Children and Adolescents,” Harvard Medical School CME Course  
2005 Course Co-Director, “Being a Danger to Self or Others: The importance of assessing safety in children and adolescents in schools and in the community,” Harvard Medical School CME Course  
2005 Course Co-Director, “Treating Posttraumatic Stress Disorders in Adolescents,” Harvard Medical School CME Course  
2006-2007 Course Co-Director, “Treating Students K to 12: Clinicians and Educators Working Together,” Harvard Medical School CME Course  
2008 Course Director, “Making Schools Safe: Understanding the Threat of Aggressive and Violent Behaviors,” Harvard Medical School CME Course  
2009-2014 Course Co-Director, “Treating Students K to 12: Clinicians and Educators Working Together,” Harvard Medical School CME Course  
2015- Course Co-Director, “School Mental Health: Treating Students K-12” Harvard Medical School CME Course  
2016- Senior Consultant, Department of Psychiatry, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance

**Committee Service:**

Local:

1998-2012 Member, Executive Committee of the Child Fellow Residency Training Committee, Cambridge Health Alliance  
1999-2004 Member, Cambridge Hospital Faculty Committee on Strategic Plan for Child Psychiatry Residency Training  
2001-2004 Chair, Cambridge Hospital Continuity of Care Committee  
Cambridge Health Alliance  
2004-2015 Member, Child Complex Care Review Committee, Cambridge Health Alliance

2011-2015 Member, Child Outpatient Leadership Team, Cambridge Health Alliance

Regional

2014- Member, Professional Advisory Council, Dearborn Academy

**Professional Societies:**

1995- American Academy of Child and Adolescent Psychiatry, Member  
1997-2001 AACAP Work Group on Schools, Member  
1997- Massachusetts Medical Society, Member  
1998-2016 Society for Research on Adolescence, Member  
1998-2006 American Psychiatric Association, Member  
2007- American Psychiatric Association, Distinguished Fellow

**Editorial Activities:**

Ad hoc Reviewer:

2006 Reviewer, Journal of Pediatrics  
2007 Reviewer, Journal of Community Psychology  
2009 Reviewer, Pediatrics  
2011 Reviewer, Journal of Adolescent Psychiatry  
2014 Reviewer, Adolescent Psychiatry  
2015 Reviewer, Journal of Threat Assessment and Management  
2016 Reviewer, Journal of School Violence  
2016 Reviewer, Journal of the American Academy of Child and Adolescent Psychiatry  
2017 Reviewer, Journal of the American Academy of Child and Adolescent Psychiatry

**Honors and Prizes:**

2006-2017 Knowles Scholar, Harvard Freshman Seminar Program  
2007- Distinguished Fellow, American Psychiatric Association  
2008 Outstanding School-Based Health Center Supporter Award, Massachusetts Coalition of School-Based Health Centers  
2011 Sidney Berman Award for the School-Based Study and Treatment of Learning Disorders and Mental Illness, American Academy of Child and Adolescent Psychiatry  
2013 Art of Healing Award, Cambridge Health Alliance  
2017 Exceptional Mentor Award, American Medical Women's Association

**Report of Funded and Unfunded Projects**

**Funding Information:**

Past Funding

1996-1997 PI, Orchard Foundation, Private foundation, \$15,000  
Small Group Discussion Program Evaluation

The goal was to design an evaluation of high school advising program and provide a summary of the impact of the program to school committee, which showed efficacy of the program, allowed integration into the school's program, and gave results used to enhance the advising program.

- 1997-1998 Consultant, Children's Studies, Carnegie Foundation  
Building Resiliency at Harvard: The Academic Advisory Program  
My role was to provide consultation about community interventions that promote resiliency, to aid in analyzing how to provide the infrastructure that allowed for sustainability of interventions.
- 1997-1998 PI, Hirsh Family Foundation, Private foundation, \$100,000  
A Model Advising Program Promoting Academic Success in High Schools  
This grant was for development of an advising program (including: seeking to understand the gap in the literature of different pathways and trajectories of the advisor's role in shaping adolescent adjustment; developing appropriate interventions with adolescents to prevent psychopathology and foster resilience; professional development with teachers to strengthen positive relationships with students that promote educational success.) My role was to evaluate factors that strengthened positive relationships with students and staff in advising program.
- 1997-1998 PI, Roy A. Hunt Foundation, Private foundation, \$10,000  
Evaluation of Advising Foundation Program  
My role was to coordinate evaluation of advising program and to field test interventions in the high school that helped with adolescent academic engagement.
- 1997-1998 PI, William J. and Lia G. Poorvu Foundation, Private foundation, \$10,000  
Advising Program Evaluation  
My role was to design and analyze program evaluation.
- 2003-2007 Consultant, National Center on Minority Health and Health Disparities – P20MD000537  
UPR/CHA Exploratory EXPORT Center: Bridging Communities  
The mission of the UPR-CHA Exploratory Export Center is to generate and test interventions that can remedy service disparities in asthma and mental health for disadvantaged Latino and African Caribbean populations. I developed a pilot intervention with Cambridge public schools with the application of community based participatory research. My role was as liaison with educators and the Center for multicultural research to enhance assessment and delivery of services to immigrant students with challenging school behaviors.
- 2006-2008 Site PI (2006-2007), PI (2007-2008) NIDA/NIH 5K23DA018715-04 \$10,000/yr, \$20,000/yr  
CBT Treatment for Post Traumatic Stress and Substance Use Disorders in Minority Youth  
Site PI and then became PI for feasibility testing of a modified Cognitive Behavioral Therapy manual for minority youth. Goals include refining the

treatment manual and assessing the efficacy of a CBT intervention for PTSD with substance use disorder for multicultural youth and improving access with this evidence-based treatment in school-based health clinics.

- 2006-2011 Site PI, Katz Foundation, Private foundation, \$100,000  
Reducing Stigma Associated with Emotional and Learning Disorders  
Funding from a family grant for a qualitative investigation of children's experience with emotional disorders with direct interviews with parents, teachers and developing group activities with participating children. For three years I provided expertise to the CCAD (Center for Child and Adolescent Development) and conducted the student groups for a year in the community-based non-clinical school setting; I have developed a school-based curriculum for students with severe emotional behavioral disorders.

## **Report of Local Teaching and Training**

### **Teaching of Students in Courses:**

#### Emerson College

- 2011 Writing Memoirs.  
Graduate students.  
One session, 2hr

#### Boston University School of Medicine

- 2021- Educator, physician, and advocate: call for action  
Human Behavior in Medicine  
One session, 1.5hr

#### Harvard College

- 2006-2017 Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research  
First year Harvard College students  
Twelve sessions annually, 2hr each
- 2009 Surviving Suicide  
Harvard Extension School students  
One lecture, 2hr
- 2012 The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students  
Harvard Graduate School of Education  
One lecture, 2hr

- 2019 Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research  
First year Harvard College students  
Twelve sessions, 2hr each
- 2021 Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research  
First year Harvard College students  
Twelve sessions, 2hr each

Harvard Medical School

- 2005 ADHD and Depression  
Harvard Medical School Integrated Clerkship students  
One lecture, 1hr
- 2006 Personal Narrative and Professional Identity  
Harvard Medical School Integrated Clerkship students  
One lecture, 2hr
- 2006 Anatomy. Facilitator.  
First-year medical students  
One session, 3hr
- 2006 School Psychiatrist and Safety assessments  
Harvard Medical School Psychiatry interest group, Boston  
One session, 2hr
- 2008-2014 Patient-Doctor 1 (700 MJ). Small group leader.  
Medical students.  
One session annually, 3hr
- 2019 Medicine and Literature (PS745.6)  
Harvard Medical School students  
Eight sessions, 2 hrs each
- 2021 Spring: Medicine and Literature (PS745.6)  
Harvard Medical School students  
Four sessions, 2 hrs each
- 2021 Fall: Medicine and Literature (PS745.6)  
Harvard Medical School students  
Five sessions, 2 hrs each

**Formal Teaching of Residents, Clinical Fellows, and Research Fellows (post-docs):**

- 1997 Child and Adolescent Psychiatry in Urban High Schools: A primary prevention program

- Harvard Consolidated Child Psychiatry  
Single lecture.  
Boston, MA
- 1999 School Based Interventions with Aggressive Urban Adolescents and Violence in Children, Adolescents and Families: Strategies for Prevention and Clinical Intervention.  
Harvard Consolidated Child Psychiatry  
Two lectures.  
Boston, MA
- 2003- School Consultation Seminar  
Child psychiatry first-year fellows  
Cambridge Health Alliance  
Six lectures annually, 2hr
- 2004-2015 Frameworks for Understanding Child and Adolescent Development  
Adult psychiatry (PGY 3) residents  
Cambridge Health Alliance  
Co-director and four lectures annually, year-long course meeting weekly for 1.5hr
- 2007- Writing Your Passion: Clinical Writing  
Clinical Scholarship class for child psychiatry fellows  
Cambridge Health Alliance  
One lecture annually, 2hr
- 2009 Latency and Adolescent Development  
Harvard Consolidated Child Psychiatry.  
Two lectures  
Boston, MA
- 2010 “Latency” and “Adolescent Development”  
Harvard Consolidated Child Psychiatry.  
Two lectures  
Boston, MA
- 2010 In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide  
Advanced Behavioral Medicine Seminar for psychology and social work fellows and interns  
Cambridge Health Alliance  
One lecture, 2hr
- 2011 “Schools and What Child Psychiatrists Need to Know” and “Adolescent Development”  
Harvard Consolidated Child Psychiatry.  
Two lectures  
Boston, MA

- 2012 “Safety Assessments and Approaches to Responding to Bullying in Schools” and “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”  
Harvard Consolidated Child Psychiatry.  
Two lectures  
Boston, MA
- 2013 School Consultation  
Harvard Consolidated Child Psychiatry Fellows  
Two lectures, 1hr each
- 2014 School Consultation  
Harvard Consolidated Child Psychiatry Fellows  
Two lectures, 1hr each
- 2014 Working with Self-Destructive Adolescents: How to Manage While Taking Care of Yourself  
Cambridge Health Alliance Adult Psychiatry Residents  
One lecture, 1hr
- 2015 School Consultation  
Harvard Consolidated Child Psychiatry Fellows  
Two lectures, 1hr each
- 2016 Families Left Behind  
Cambridge Health Alliance Adult Psychiatry Residents  
One lecture, 1hr
- 2016 School Consultation  
Cambridge Health Alliance Adult Psychiatry Residents  
One lecture, 1hr
- 2017 School Consultation  
Harvard Consolidated Child Psychiatry Fellows  
Two lectures, 1hr each
- 2018 How to Navigate Inappropriate Sexual Behaviors at School  
Cambridge Health Alliance Psychiatry Residents  
One lecture, 1 hr
- 2018 The Behavior Code  
Cambridge Health Alliance Psychiatry Residents  
Two lectures, 1 hr each
- 2018 Depression and Suicide  
Cambridge Health Alliance Psychiatry Residents  
One lecture, 1 hr



- 2018 Suicide Assessment in Children and Adolescents  
Cambridge Health Alliance Psychiatry Residents  
One lecture, 1 hr
- 2018 School-Based Safety/Threat Assessment  
Cambridge Health Alliance Psychiatry Residents  
One lecture, 1 hr
- 2018 Sexualized Behavior of Children and Adolescents in Schools  
Cambridge Health Alliance Psychiatry Residents  
One lecture, 1 hr
- 2019 School Consultation/Working with Traumatized Children/Safety and Threat  
Assessment in Schools  
Harvard Consolidated Child Psychiatry Fellows  
Two lectures, 1hr each
- 2019 School Consultation/Suicide Assessment with Adolescents/Safety and Threat  
Assessment in Schools  
Cambridge Health Alliance Psychiatry Residents  
Three lectures, 1hr each
- 2021 School Consultation  
Harvard Consolidated Child Psychiatry Fellows  
One 2hr lecture
- 2021 School Consultation  
Cambridge Health Alliance Psychiatry Residents  
Three lectures, 1hr each
- 2022 School Consultation  
Harvard Consolidated Child Psychiatry Fellows  
One 2hr lecture

**Clinical Supervisory and Training Responsibilities:**

- 1996-2000 Supervisor of child psychiatry fellows during rotation (four fellows per year)  
Cambridge Health Alliance, Teen Health Center  
Four hours per week
- 1996-2000 Supervisor of chief resident  
Cambridge Health Alliance, Teen Health Center  
One hour per week
- 1999-2003 Supervisor of adult psychiatry resident (1 resident per year)  
Cambridge Health Alliance, Teen Health Center  
One hour per week

2000- Supervisor of child psychiatry fellows during nine-month School Consultation rotation (five fellows per year)  
Cambridge Health Alliance, Teen Health Center  
Two hours per week

### Formally Supervised Trainees

#### Selected List of Trainees and Junior Staff, not all-inclusive

- 1999-2004 Ayelet Barkai ,MD  
*Current:* Faculty, CHA; Lecturer in Psychiatry, HMS; Faculty, Boston Psychoanalytic Society and Institute; Co-Clinical Director, Cambridge/Boston Chapter of A Home Within; Child, Adolescent, and Adult Psychiatrist in private practice, Cambridge, MA  
*Career stage:* Early career child psychiatrist and first and second year child psychiatry fellow.  
*Mentoring role:* individual supervisor involving weekly review of therapeutic progression of clinical cases, risk assessment and treatment planning. Writing for peer review coauthored manuscript, reviewed and co-presented regional day- long conference for educators.  
*Accomplishments:* Co-authored article in *Adolescent Psychiatry*: “A Psychiatric Perspective on Narratives of Self-Reflection in Resilient Adolescents”
- 2004-2014 Nada Milosavljevic, MD  
*Current:* Staff/Faculty, MGH; Clinical Instructor in Psychiatry, HMS; Founder and Director of the Integrative Health Program at MGH  
*Career stage:* Child psychiatry fellow and early career child psychiatrist.  
*Mentoring role:* individual supervisor involving weekly review of therapeutic progression of clinical cases, risk assessment and treatment planning. Writing for peer review co-authored manuscript, helped with mentoring of her work with Boston-area school clinics to provide alternative and complementary treatments for anxiety and stress conditions, coached her in early career as opportunities for Harvard CME presentations.  
*Accomplishments:* Founder and Director of the Integrative Health Program at Massachusetts General Hospital (MGH); Coauthored article in *JAACAP*: “Case study: the internet as a developmental tool in an adolescent boy with psychosis.”
- 2006-2008 Margaret Benningfield, MD  
*Current:* Child and Adolescent Psychiatrist and Assistant Professor, Departments of Psychiatry and Pediatrics, Vanderbilt University, Nashville, TN  
*Career stage:* Child psychiatry fellow.  
*Mentoring role:* Individual supervision for two years during child fellowship involving weekly review of therapeutic progression in schools and mentoring of her interest in school based consultation. Consulted regarding writing projects.  
*Accomplishments:* Received NIDA-AACAP K12 Career Development award for project entitled “Neurobiology of Impulsivity, Risk Taking and Reward in Youth at Risk for Addiction”. Medical Director of Vanderbilt’s School-Based Mental Health Program. Elected to Vanderbilt’s Academy for Excellence in Education in 2016.

- 2007- Deborah Kulick, MD  
*Current:* Private practice; Faculty, CHA; Instructor in Psychiatry, HMS.  
*Career stage:* child psychiatry fellow and early career child psychiatrist.  
*Mentoring role:* individual supervisor for two years during child fellowship involving weekly review of therapeutic progression of clinical cases. Seven years of mentoring and supervision after fellowship with high-risk cases and consulting about safety assessments. Coauthored peer reviewed article about pediatric psychopharmacology. Supported developing presentation for HMS CME course for school mental health. Supervised regarding leadership role in Child psychiatry and school consultation in the child psychiatry department at CHA.  
*Accomplishments:* Previously Medical Director for School-Based Programs in Psychiatry at CHA. Co-authored article for *Psychology in the Schools*: “Psychotropic medications: An update for school psychologists.” Presented at Harvard School Mental Health CME Course, “What School Personnel Need to Know About Psychiatric Medications.” Co-authored chapter “Interfacing with the School System”.
- 2009-2010 Ruth Gerson, MD  
*Current:* Senior Vice President for Mental Health Services, The New York Foundling; Clinical Associate Professor, Department of Child and Adolescent Psychiatry, NYU School of Medicine  
*Career stage:* Adult psychiatry resident.  
*Mentoring role:* weekly seminar for Dr. Gerson third year, and early career coauthored articles with Dr. Gerson and collaborated on submissions to AACAP national conferences.  
*Accomplishments:* Co-authored article in Adolescent Psychiatry: “Cyber Cruelty: Understanding and Preventing the New Bullying.” Co-chaired session and presented at American Academy of Child and Adolescent Psychiatry, “Cyber Cruelty: Understanding Cyberbullying and Its Consequences.” Co-authored article in Journal of Adolescent Health: “Traumatic Stress and Posttraumatic Stress Disorder in Youth: Recent Research Findings on Clinical Impact, Assessment, and Treatment.” Author of book “Beyond PTSD: Helping and Healing Teens Exposed to Trauma.”
- 2008-2015 James Barrett, PhD  
*Current:* Director of Clinical Support Services, Cambridge Police Department; Part-time Assistant Professor of Psychology, Harvard Medical School  
*Career stage:* Staff Psychologist, CHA.  
*Mentoring role:* supervised safety assessment evaluations, collaborated with police community intervention, mentored writing, coached in preparation for presentations at national conferences.  
*Accomplishments:* Co-authored article in Adolescent Psychiatry: “Keeping it Real: Overcoming Resistance in Adolescent Males Mandated into Treatment”; Founder, Safety Net Police and Mental Health Collaboration. Co-Director of HMS School Mental Health Conference for two years.
- 2013-2015 Courtney McMickens, MD

*Current:* Child and Adolescent Psychiatrist, Novant Health

*Career stage:* First and second year child psychiatry fellow.

*Mentoring role:* individual supervisor for two years involving weekly review of therapeutic progression of clinical cases, risk assessment and treatment planning, second year elective working on qualitative research project on safety assessments.

*Accomplishments:* Co-authored and presented poster at Mysell Day. Co-authored chapter in *Child and Adolescent Psychiatric Clinics of North America* "Safety Assessment in Schools: Beyond Risk: The Role of Child Psychiatrists and Other Mental Health Professionals." Co-presented at AACAP national meeting on safety assessments. Received Robert Wood Johnson Clinical Scholarship for 2015-2017. Co-authored article in *International Journal on Violence in Schools*.

2013-2015

Justine Wittenauer Welsh, MD

*Current:* Assistant Professor of Psychiatry and Behavioral Sciences, Emory School of Medicine, Atlanta, GA; Program Director, Emory Substance Abuse Treatment Services. PI, NIDA grant: *Evaluating the combination of the Adolescent Community Reinforcement Approach and medication-assisted treatment in young adults with severe opioid use disorder*. Member, Addiction Article Assessment Continuing Certification Committee of the American Board of Psychiatry and Neurology. PI, IPA Collaboration with the CDC on Stigma and Medical Education.

*Career stage:* First and second year child psychiatry fellow.

*Mentoring role:* individual supervisor for two years involving weekly review of therapeutic progression of clinical cases, risk assessment and treatment planning, participated as teacher associate with my Harvard freshman seminar for second year of her fellowship, co-authored several articles together.

*Accomplishments:* Teaching Associate for my Harvard University Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research. Co-authored articles for *Educational Leadership*: "Is this student safe at school? The Safety Assessment Model," *JAACAP Connect*: "Risk Assessment of Students' Online Behaviors: The Role of the Mental Health Consultant," and *Classroom Management: An A-to-Z Guide*: "Adolescent Substance Use and Associated Problems." Received Joint National Institute on Drug Abuse and American Academy of Child and Adolescent Psychiatry Research Award in 2014. Co-authored article in *Educational Leadership* and book chapter.

2018-

Meredith Gansner, MD

*Current:* Clinical instructor, CHA; Attending psychiatrist; CHA inpatient child psychiatry unit.

*Career stage:* Second year psychiatry resident.

*Mentoring role:* Writing mentor.

*Accomplishments:* Co-authored article in *Educational Leadership*, multiple articles for *Cognoscenti* by *WBUR*.

**Formal Teaching of Peers (e.g., CME and other continuing education courses):**

No presentations below were sponsored by outside entities

- 1997 Treating Adolescent Vulnerabilities. Adolescent Self-Harm Prevention and Treatment  
Cambridge Hospital/Harvard Medical School CME Course  
Moderator.  
Boston, MA
- 2004 The Meaning of Medication to Children and Adolescents  
Harvard Medical School CME Course entitled “Adolescent Self Destruction”  
Single lecture.  
Boston, MA
- 2005 Being a Danger to Self or Others: The importance of assessing safety in children and adolescents in schools and in the community, Treating Posttraumatic Stress Disorders in Adolescents  
Harvard Medical School CME Course entitled “Adolescent Self Destruction”  
Two lectures.  
Boston, MA
- 2006 Strategies for Overcoming Impasses: Lessons in Humility and Humor  
Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”  
Single lecture.  
Boston, MA
- 2007 Course Director and Presenter, Controversies in Health: Finding our way.  
Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”  
Single lecture.  
Boston, MA
- 2008 Course Director and Presenter, Making Schools Safe: Understanding the Threat of Aggressive and Violent Behaviors  
Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”  
Single lecture.  
Boston, MA
- 2009 Course Director and Presenter, Dispensing Medication - Dispensing Controversies: Fact and Fiction on Child and Adolescent Psychopharmacology  
Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”  
Single lecture.  
Boston, MA
- 2010 How to Stay a Passionate and Creative Educator  
Harvard Medical School CME Course entitled “Treating Students K to 12: Clinicians and Educators Working Together”

- Single lecture.  
Boston, MA
- 2011 Working with Adolescent Substance Abusers: How to Manage Them While Taking Care of Yourself  
Harvard Medical School CME Course entitled “Treating the Addictions”  
Single lecture.  
Boston, MA
- 2011 Publishing a Memoir: Navigating the Boundaries of Personal Clinical and Public Relationships  
Harvard Medical School CME Course entitled "Publishing Books, Memoirs and Other Creative Nonfiction"  
Boston, MA
- 2013 Real World Strategies for Working with Challenging Students  
Harvard Medical School CME Course entitled “School Mental Health: Treating Students K to 12”  
Single lecture.  
Boston, MA
- 2014 Staying Strong after Adversity: Learning from Marathon Monday  
Harvard Medical School CME Course entitled “School Mental Health: Treating Students K to 12”  
Single lecture.  
Boston, MA
- 2015 Helping Struggling Students: Resiliency Strategies for Parents, Teachers, and Clinicians  
Harvard Medical School CME Course entitled “School Mental Health: Treating Students K to 12”  
Single lecture.  
Boston, MA
- 2016 Picking up the Pieces: Working with Families Left Behind after a Suicide  
Harvard Medical School CME Course entitled “Self-Destructive Behavior”  
Single lecture.  
Boston, MA
- 2017 Keeping Students Safe at School: Understanding and Improving Safety Assessment  
Harvard Medical School CME Course entitled “School Mental Health: Treating Students K to 12”  
Single lecture.  
Boston, MA
- 2020 Presentation entitled “Irresponsible Behavior or Legitimate Threat? Understanding the Difference”

- Harvard Medical School CME Course: School Mental Health: Treating Students K-12  
Single lecture.  
Boston, MA
- 2021 Dancing with the Prolonged Pandemic Anxiety: How to Have the Tough Talks, Support your Students and Keep your Families Grounded  
Harvard Medical School CME Course entitled “School Mental Health: Treating Students K to 12”  
Single lecture.  
Boston, MA (virtual)
- 2022 Presentation entitled “School Safety Assessments with Case”  
Harvard Medical School CME Course: School Mental Health: Treating Students K-12  
Single lecture.  
Boston, MA (virtual)
- 2022 Discussant for presentation entitled “Lessons from Family Therapy on Dealing with Challenging Families and Substance Abuse: Update and Preventive Strategies for Schools Post-COVID”  
Harvard Medical School CME Course: School Mental Health: Treating Students K-12  
Discussant.  
Boston, MA (virtual)

**Local Invited Presentations:**

No presentations below were sponsored by outside entities

- 1996 Psychiatry Grand Rounds  
Evaluation of an Urban High School Program to Build Resilience  
Boston Regional Medical Center/Cambridge Hospital
- 1997 Psychiatry Grand Rounds  
Fight or Flight: Strengthening adolescent engagement in an urban high school: a primary prevention violence program  
Massachusetts General Hospital
- 2003 Lecture  
All You Wanted to Know About Psychiatric Diagnosis But Were Afraid to Ask: Part I  
Harvard Graduate School of Education, PAER (Program in After-school Education and Research) Workshops
- 2005 Keynote Presentation  
Prescription for Sanity: How to deal with pediatric aggression in 15 minutes.  
Massachusetts General Hospital Pediatric Forum

- 2007 Presentation  
Staying at the Table: Building Sustainable Community/Research Partnerships  
UPR-CHA/Harvard EXPORT Center, San Juan, Puerto Rico
- 2007 Discussant, Psychiatry Grand Rounds  
Conversion Disorder in an Adolescent.  
Cambridge Health Alliance
- 2007 Co-presenter, Psychiatry Grand Rounds  
The Teachable Moment: Image and Metaphor  
Cambridge Health Alliance
- 2008 Panelist  
Transforming Violence  
Victim of Violence Program, Cambridge Health Alliance
- 2008 Discussant, Psychiatry Grand Rounds  
Never to Lie is to Have No Lock on Your Door  
Cambridge Health Alliance
- 2009 Psychiatry Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Cambridge Health Alliance
- 2009 Psychiatry Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Massachusetts General Hospital
- 2010 Pediatrics Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide,  
Cambridge Health Alliance
- 2010 Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
McLean Hospital
- 2010 Lecture  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide.  
Judge Baker Child Mental Health Forum
- 2010 Guest lecturer  
Youth Depression. Panel entitled: Understanding Your Students Holistically:  
Community Perspectives on Healthy Development  
Urban Adolescent Development Course; Harvard Graduate School of Education  
Teacher Education Program
- 2011 Psychiatry Grand Rounds



In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Children's Hospital

- 2011      Lecture. Coming to Terms: Writing as a Means of Understanding  
Harvard Graduate School of Education
- 2013      Lecture. Real World Strategies for Working with Challenging Students  
Cambridge Youth Guidance Center, Cambridge, MA
- 2013      Lecture. Real World Strategies for Working with Students with Sexualized  
Behavior  
Cambridge Youth Guidance Center, Cambridge, MA
- 2013      Co-presenter, Schwartz Rounds  
Cambridge Health Alliance, Cambridge MA
- 2014      Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Harvard University Health Services
- 2015      Lecture for school-based social workers. Resiliency  
Children's Hospital, Boston MA
- 2016      Performance  
Regeneration  
Initiative for Arts and Humanities at Harvard Medical School, Boston, MA
- 2016      Madeline S. Crivello MD Memorial Lecture  
Regeneration  
Mount Auburn Hospital, Cambridge, MA
- 2017      Lecture.  
Safety Assessment  
Working with NAMI and PPAL to Benefit our Schools and Communities  
New England Council of Child and Adolescent Psychiatry, Waltham, MA
- 2017      Performance  
Regeneration  
Cambridge Health Alliance, Cambridge, MA
- 2017      Lecture.  
Better Serving Our Children: School/Psychiatry Partnerships  
Harvard Medical School Office for Diversity Inclusion and Community  
Partnership's Leadership and Faculty Development Conference, Boston, MA
- 2019      Grand Rounds.  
Resilience  
Boston University School of Medicine, Boston, MA

- 2021 Grand Rounds.  
"Taking Care of *All* of our Children: Addressing Harsh Realities and Cultivating Hope"  
Boston University School of Medicine, Boston, MA

**Report of Regional, National, and International Invited Teaching and Presentations**

No presentations below were sponsored by outside entities

Regional

- 1996 Lecture  
How Can Psychiatry Encourage Hope for Adolescents? A Primary Prevention Program in an Urban High School.  
New England Council of Child and Adolescent Psychiatry, Belmont, MA
- 1999 Keynote speaker  
Missing the Mark—Responding to School Violence.  
Massachusetts Medical Society: Youth Violence Physician’s Round Table,  
Waltham, MA
- 2000 Lecture  
Mental Health Services  
Massachusetts Medical Society: Violence Prevention: New Approaches for Clinical Application, Waltham, MA
- 2000 Guest lecturer, two sessions  
Adolescents and Schools.  
Adolescent Development Course for pre-doctoral psychology students  
Tufts University Department of Education
- 2001 Keynote speaker, three lectures  
Missing the Mark: School Violence; Identifying Students at Risk: Increasing the Safety Net; Adolescent Depression and Suicide; School violence and the clinician’s assessment of violent children  
MacNamee Memorial Day Conference, Dartmouth, NH
- 2001 Lecture  
Risk-Taking with Adolescent Girls  
University of Massachusetts Boston, Psychology Department, Boston, MA
- 2001 Lecture  
Adolescent Suicide: Improving the Safety Net  
Family Loss Project and Massachusetts School of Professional Psychology,  
Boston, MA
- 2002 Lecture  
Depression and Suicide in Children and Adolescents – Intervening on the front

- lines  
Annual Meeting Department of Public Health, Framingham, MA
- 2002      Lecture  
Assessing Violent and Aggressive Children in the School Context  
Annual Meeting Department of Public Health, Framingham, MA
- 2004      Lecture  
Bipolar and Attention Deficit Disorders  
Boston University/Chelsea Public Schools Partnership, Pupil Personnel Special  
Education Series, Chelsea, MA
- 2004      Lecture  
Post Traumatic Stress Disorder and Oppositional Defiant Disorder  
Boston University/Chelsea Public Schools Partnership, Pupil Personnel Special  
Education Series, Chelsea, MA
- 2005      Lecture  
Mad, Bad, or Sad: Understanding our children  
Commonwealth of Massachusetts Mental Health Legal Advisors Committee,  
Boston, MA
- 2005      Lecture  
Suicide Prevention: Providing Sanctuary for Adolescents in Crisis  
Massachusetts Department of Mental Health Annual Suicide Prevention  
Conference, Tewksbury, MA
- 2006      Grand Rounds  
The Romance of Risk-Taking with Adolescents  
Somerville Mental Health Center  
Somerville, MA
- 2006      Lecture  
Lost in the Black Box: Controversies in Treating Children  
Massachusetts Department of Public Health Annual Suicide Prevention  
Conference, Sturbridge, MA
- 2006      Keynote speaker  
From Zero to a Hundred in a Split Second: Survival 101 with Aggressive Students  
MA Chapter of the National Association of School Social Work, Worcester, MA
- 2006      Lecture  
Children and Medication: Making Clinical Sense of the Controversies  
Massachusetts Chapter of the National Association of School Social Work,  
Worcester, MA
- 2007-2009      Guest lecture, two sessions each year

- Topics including Use of Safety Assessments; Clinician Self-Reflection and the Power of Narrative  
Children at Risk and the Persons Who Serve Them course  
Boston University
- 2008 Joseph Penn Invited Lecture  
Giving it our Best Shot: Working with Schools to Care for Depressed or Aggressive Students  
Massachusetts Chapter of the American Academy of Pediatrics, Waltham, MA
- 2009 Lecture  
Telling the Story: A Child Psychiatrist Explores the Mystery of Her Mother's Death  
Commonwealth of Massachusetts Department of Public Health Annual Conference: Connecting Communities, Sustaining Hope, Saving Lives: Suicide Prevention Across the Lifespan, Marlborough, MA
- 2009 Richard Selzer Lecture  
The Role of Narrative And Reflection In Dealing with Tragedy  
Yale University Medical School Humanities in Medicine Lecture Series, New Haven, CT
- 2009 Keynote speaker  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide.  
Massachusetts Coalition of School-Based Health Centers Workshop, Worcester, MA
- 2009 Lecture for Class of 2013 White Coat Ceremony  
The Power of Reflection  
Tufts University School of Medicine, Boston, MA
- 2009 Lecture  
Why Be a Child Psychiatrist  
Tufts University School of Medicine Psychiatry Interest Group, Boston, MA
- 2009 Lecture  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
New York University Counseling Forum, New York, NY
- 2009 Lecture  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
New England Council of Child & Adolescent Psychiatry, Boston, MA
- 2010 Psychiatry Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
University of Massachusetts Medical School, Worcester, MA
- 2010 Psychiatry Grand Rounds

In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Tufts Medical School, Boston, MA

- 2010      Lecture  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Webster Place Lecture Series, Brookline Community Mental Health Center,  
Brookline, MA
- 2010      Lecture  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Massachusetts Psychiatric Society, Boston, MA
- 2010      Lecture  
"In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's  
Suicide"  
Appalachian Mountain Teen Project, Wolfeboro, NH
- 2012      Presentation  
On Bullying  
Boston Psychoanalytic Society and Institute, Boston, MA
- 2012      Panel Presentation  
Launching & Sustaining a Career: Forging Connections Among Residents, Early,  
Mid-Career, and Senior Child & Adolescent Psychiatrist  
New England Council of Child & Adolescent Psychiatry, Waltham, MA
- 2012      Guest lecture  
"The Behavior Code: A Practical Guide to Understanding and Teaching the Most  
Challenging Students"  
Children at Risk and the Persons Who Serve Them course  
Boston University
- 2013      Lecture. Real World Strategies for Working with Challenging Students  
Walker Trieschman Institute of Research & Training Distinguished Author Series,  
Needham, MA
- 2013      Lecture. "The Behavior Code: A Practical Guide to Understanding and Teaching  
the Most Challenging Students"  
Massachusetts Continuing Legal Education, School Law Conference, Boston, MA
- 2013      Psychiatry Grand Rounds. "The Behavior Code: Empowering Clinicians to Foster  
Positive Change in the Classroom"  
Brown University, Providence, RI
- 2013      Keynote lecture. "Accepting the Challenge: Understanding and Educating  
Students with Behavioral, Attentional and Emotional Learning Needs"  
Massachusetts Administrators of Special Education, Worcester, MA

- 2013 Presentation entitled “From Child Trauma to Childhood Strength”  
Lesley University Child Homelessness Conversation, Cambridge, MA
- 2014 Grand Rounds. “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”  
Maine Medical Center, Portland, ME
- 2014 Lecture. “Working with Self-Destructive Adolescents: How to Manage Them While Taking Care of Yourself”  
“How Young People Succeed: The Art & the Science” conference, Danbury, CT
- 2014 Keynote Lecture. “From Childhood Trauma to Childhood Strength”  
Youth At Risk conference, Beverly, MA
- 2014 Workshop. “School Safety Assessments”  
Youth At Risk conference, Beverly, MA
- 2017 Lecture. “How to Navigate Inappropriate Sexual Behaviors in School.”  
Boston Children’s Hospital Neighborhood Partnerships, Boston, MA
- 2019 Psychiatry Grand Rounds. “Keeping Our Schools Safe: What You Should Know About Safety Assessment”  
Boston University School of Medicine, Boston, MA
- 2020 Two lectures. “Dancing with prolonged anxiety of the pandemic: how to have the tough talks, support students and families and stay grounded”  
Harvard Psychiatry Residency Day, Boston, MA
- 2021 Dancing with Prolonged Pandemic Anxiety: Supporting Students, Families, and Schools  
COVID: Child and Adolescent Psychiatry Perspectives program, New England Council of Child and Adolescent Psychiatry
- 2021 Building Connections and Hope: What Families, Schools, and Communities Can Do to Support Youth with Depression During the Pandemic and Beyond  
Berkshire Suicide Prevention Conference, MA

National

- 1995 Lecture  
Adolescence and Popular Culture.  
American Academy of Child and Adolescent Psychiatry Annual Meeting, New Orleans, LA
- 1997 Lecture  
Collaborative Primary Prevention for Adolescents  
American Psychiatric Association Annual Meeting, San Diego, CA
- 1998 Lecture

- Advising: The Magic Match  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Los Angeles, CA
- 2000      Lecture  
An Advising Program in a Large Urban High School: The Magic Match  
Center for School Mental Health Assistance, Annual National Conference on  
Advancing School-Based Mental Health Programs, Atlanta, GA
- 2000      Lecture  
Practical Approaches to Developing a School Based Mental Health Program  
American Academy of Child and Adolescent Psychiatry Annual Meeting, New  
York, NY
- 2000      Symposium Chair  
Missing the Mark: Theory and Practice in Response to School Violence  
American Academy of Child and Adolescent Psychiatry Annual Meeting, New  
York, NY
- 2000      Lecture, Symposium Chair  
Advising – Building a Safety Net.  
American Academy of Child and Adolescent Psychiatry, New York, NY
- 2002      Lecture, Symposium Chair  
Foundations of School Consultation  
American Academy of Child and Adolescent Psychiatry symposium, San  
Francisco, CA
- 2003      Lecture, Symposium Chair  
Aggression in Children.  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Miami,  
FL
- 2003      Lecture  
Threat Assessment in the School Setting.  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Miami,  
FL
- 2006      Panel Facilitator  
Community Engagement and Partnership: New Directions in Mental Health  
Services Research  
RAND and NIMH Centers for Health Services Research, Arlington, VA
- 2007      Lecture  
Mentoring and High-Risk Youth: Is it Always Appropriate?  
Research and Policy Council Mentoring Organization, Alexandria, VA
- 2007      Keynote Speaker (full day)

Children and Medication: Making Clinical Sense of the Controversies  
Archdiocese of New York Drug Abuse Prevention Program, New York, NY

- 2009      Lecture  
School and Community Consultation.  
Session for the Oral Exams: 34th Annual Review Course in Child and Adolescent  
Psychiatry and Training, Boston, MA
- 2010      Lecture  
After a Parent's Suicide: Children's Grief and Healing  
American Psychiatric Association Annual Meeting, New Orleans, LA
- 2010      Media Workshop Chair  
Boy, Interrupted  
American Psychiatric Association Annual Meeting, New Orleans, LA
- 2010      Keynote Speaker  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Colorado Injury Control Research Center, Bridging the Divide: Suicide  
Awareness and Prevention Summit, Fort Collins, CO
- 2010      Workshop Presenter  
Nurturing Inspiration After Loss  
Colorado Injury Control Research Center, Bridging the Divide: Suicide  
Awareness and Prevention Summit, Fort Collins, CO
- 2010      Lecture  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide.  
American Association of Suicidology Annual Meeting, Orlando, FL
- 2010      Lecture  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Association for Death Education and Counseling Annual Meeting, Kansas City,  
MO
- 2010      Laressa Gibbons Memorial Lecture and Psychiatry Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
University of Florida, Gainesville, FL
- 2010      Lecture  
After a Suicide: Comforting Bereaved Children  
National Organization for People of Color Against Suicide, Boston, MA
- 2010      Lecture  
Intimate Partner Violence and the Media – Domestic Violence: In Her Wake, A  
Narrative  
Association for Psychological Science Annual Meeting, Boston, MA



- 2010 Workshop Chair and Presenter  
After a Suicide: Helping the Surviving Children Heal  
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY
- 2010 Lecture  
Divorce, Custody and Suicide: Protecting our Clients  
The Association of Family and Conciliation Courts, Ninth Symposium on Child Custody Evaluations, Cambridge, MA
- 2010 Panel Chair  
Bullies, Targets, and “Frenemies”: Understanding and Preventing Bullying and Cyberbullying  
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY
- 2010 Psychiatry Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide  
Children’s National Medical Center, Washington, DC
- 2011 Lecture  
Surviving Loss in High Conflict Divorce: Legal and Psychological Protection  
Association of Family and Conciliation Courts, Boston, MA
- 2011 Honors Presentation  
Improving the Odds for Children's Safety In Schools: Lessons Learned  
American Academy of Child and Adolescent Psychiatry and Canadian Academy of Child and Adolescent Psychiatry Joint Annual Meeting, Toronto, Canada
- 2011 Psychiatry Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide  
Queens Hospital, New York, NY
- 2011 Psychiatry Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide  
Montefiore Medical Center, New York, NY
- 2011 Psychiatry Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide  
SUNY Downstate Medical Center, New York, NY
- 2012 Psychiatry Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide  
New York University, New York, NY
- 2012 Resident Conference  
The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students

New York University, New York, NY

- 2012      Workshop  
Empowering Clinicians to Foster Positive Change in the Classroom  
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Francisco, CA
- 2012      Workshop  
Writing about Patients: Benefits, Complications, and Connections of Sharing Their Stories  
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Francisco, CA
- 2012      Lecture  
Adolescent Risk-Taking Behaviors: Teaching Communities and Engaging the High Risk Adolescent  
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Francisco, CA
- 2012      Workshop  
The Behavior Code: Practical Tips for Understanding and Teaching the Most Challenging Students  
Learning Forward Conference, Boston, MA
- 2013      Lecture  
Improving the Odds for Children's Safety In Schools: Lessons Learned  
New Jersey Council of Child and Adolescent Psychiatry, Newark, NJ
- 2013      Psychiatry Grand Rounds  
Children of Suicide: In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
Lincoln Hospital, New York, NY
- 2013      Grand Rounds  
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide  
St. Luke's Roosevelt Hospital Center, New York, NY
- 2013      Lecture  
Working with Suicidal Teens: Approach, Connection, Fluidity, and Collaboration with Parent and Teen  
Aeschi West: Basic Principles in Working with Suicidal Patients, Vail, CO
- 2013      Keynote Lecture  
In Her Wake: A Child Psychiatrist Explores the Impact of Her Mother's Life and Suicide  
Aeschi West: Basic Principles in Working with Suicidal Patients, Vail, CO
- 2013      Lecture

- Sutton's Law and School-Based Mental Health Services, presented as part of: Life Members Wisdom Clinical Perspectives: Plays Well with Others vs. My Way or the Highway: The Revolutionary Evolution of Child & Adolescent Psychiatry Linkages with Pediatrics and With Schools  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Orlando, FL
- 2013      Lecture  
Shadows of Virginia Tech and “Dagging” in Middle School, presented as part of "Impossible" at School: Consulting on Violent, Disruptive, and Highly Unusual Kids  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Orlando, FL
- 2013      Distinguished Speaker: Finding My Way: Lessons Learned  
“Inspiration for Success” Breakfast for Medical Students and Residents  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Orlando, FL
- 2013      Plenary Session  
The Behavior Code: Practical Strategies for Working with Challenging Students  
Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)  
Annual International Conference on ADHD, Crystal City, VA
- 2014      Lecture  
A Child Psychiatrist’s View of Her Mother’s Suicide  
The Problem of Suicide: Rediscovering Hope, The First Annual John M. Oldham  
National Mental Health Symposium, Houston, TX
- 2014      Lecture  
Protecting Students, Protecting Teachers, presented as part of "Impossible at School, Part 2: Consulting on Violent, Disruptive, and Highly Unusual Kids”  
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Diego, CA
- 2014      Discussant  
Is This Student Safe to Return to School?: The Child & Adolescent Psychiatrist's Role in Threat Assessments for Students at Risk for Violence  
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Diego, CA
- 2015      Lecture  
Safety Assessment in Schools: Beyond Risk – The Role of Child Psychiatrists and Other Mental Health Professionals  
Northeast Ohio Society of Child and Adolescent Psychiatry, Cleveland, OH
- 2016      Lecture (3hrs)  
School Consultation

- Cleveland Clinic Psychiatry Fellows  
Cleveland Clinic, OH
- 2016 Psychiatry Grand Rounds  
How Suicide Impacts Children  
Cleveland Clinic, Cleveland, OH
- 2016 Lecture  
Safety Assessments  
Cleveland Clinic Psychiatry Fellows  
Cleveland Clinic, Cleveland, OH
- 2016 Discussion (2hrs)  
In Her Wake  
Cleveland Clinic Psychiatry Fellows, Cleveland, OH
- 2017 Workshop (full day)  
The Behavior Code: Understanding and Teaching the Most Challenging Students  
Rehab Seminars' 2017 General & Special Education Conference, Seattle, WA
- 2018 Lecture  
The Behavior Code: Understanding and Teaching Challenging Children Without  
Burnout  
Learning and the Brain: Educating Mindful Minds, New York, NY
- 2018 Workshop (full day)  
The Behavior Code: Understanding and Teaching the Most Challenging Students  
Rehab Seminars' 2018 General & Special Education Conference, San Diego, CA
- 2018 Workshop (full day)  
The Behavior Code: Focus on Case Studies, Communication, and Resilience-  
Rehab Seminars' 2018 General & Special Education Conference, San Diego, CA
- 2019 Presentations/Performances (2)  
When a Doctor Becomes a Patient  
Osler Society Humanities in Medicine Program, Zucker School of Medicine at  
Hofstra, Hempstead, NY
- 2019 Presentation  
"Making Meaning: Creativity and the Physician-Patient Relationship" as part of  
the Clinical Perspectives presentation Life Members' Wisdom Clinical  
Perspectives: Four Unique Perspectives on the Physician-Patient Relationship in  
Child Psychiatry  
American Academy of Child and Adolescent Psychiatry Annual Meeting,  
Chicago, IL
- 2019 Presentation

- “Strategies for School Avoidance in Elementary School Students” as part of the Clinical Perspectives presentation Get Them in the Door: Updates on the Assessment and Treatment of School Refusal  
American Academy of Child and Adolescent Psychiatry Annual Meeting,  
Chicago, IL
- 2019 Presentation  
“Family is the Best Medicine: Strengthening Family Therapy Skills to Support Children in Crisis”  
American Academy of Child and Adolescent Psychiatry Annual Meeting,  
Chicago, IL
- 2020 Presentation  
“Impulsive Behavior or Legitimate Warning?: Preventing, Assessing, and Responding to Student Threats”  
American Academy of Child and Adolescent Psychiatry Annual Meeting,  
Virtual
- 2020 Presentation  
“Family is the Best Medicine: Strengthening Family Therapy Skills to Support Children in Crisis”  
American Academy of Child and Adolescent Psychiatry Annual Meeting,  
Virtual
- 2020 Presentation  
“Engaging Students and Supporting Educators in Schools: Learning through Case Discussion”  
American Academy of Child and Adolescent Psychiatry Annual Meeting,  
Virtual
- 2020 Grand Rounds  
“Keeping Our Schools Safe: A Safety Assessment Approach”  
Rady Children’s Hospital, San Diego, CA
- 2020 Full-day workshop  
“Keeping Our Schools Safe: A Safety Assessment Approach”  
Rehab Seminars’ 2020 General & Special Education Conference, Orlando, FL
- 2020 Full-day workshop  
“The Behavior Code: Understanding and Teaching the Most Challenging Students”  
Rehab Seminars’ 2020 General & Special Education Conference, Orlando, FL
- 2021 Presentation  
My Calling Into Child and Adolescent Psychiatry  
Child and Adolescent Psychiatry Inclusive Excellence Speaker Series  
University of California San Diego, Virtual

- 2021 Presentation  
Resilience in an Uncertain Time: Supporting Students and Families During the Pandemic and Beyond  
13th Global Social Thinking Providers Conference, Virtual
- 2021 Full-day workshop  
“The Behavior Code: Understanding and Teaching the Most Challenging Students”  
Rehab Seminars’ 2021 General & Special Education Conference, Virtual
- 2021 Presentation  
“School Safety Assessment: How Psychiatrists Can Help Schools Assess Risk, Build a Culture of Safety, and Support Educators and Families” as part of the Institute “The Psychiatrist’s Role in School Safety: Preventing, Assessing, and Responding to Student Threats”  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual
- 2021 Presentation  
“Comprehensive Safety Assessment: A Case Study Conversation” as part of the Institute “The Psychiatrist’s Role in School Safety: Preventing, Assessing, and Responding to Student Threats”  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual
- 2021 Presentation  
“Personal Experiences of Safety Assessment: Student and Family Voices” as part of the Institute “The Psychiatrist’s Role in School Safety: Preventing, Assessing, and Responding to Student Threats”  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual
- 2021 Institute Chair  
“The Psychiatrist’s Role in School Safety: Preventing, Assessing, and Responding to Student Threats”  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual
- 2021 Workshop Presentation  
“Writers Un-Block: An Individualized, Intensive, and Motivationally Enhancing Writing Workshop”  
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual

International

- 2014 Lecture  
The Behavior Code: Understanding and Teaching the Most Challenging Students

University of Zielona Gora, Poland

- 2014      Lecture  
The Behavior Code: Understanding and Teaching the Most Challenging Students  
University of Zielona Gora, Poland  
Kielce University, Poland
- 2014      Training for psychologists  
The Behavior Code: Understanding and Teaching the Most Challenging Students  
Starachowice, Poland
- 2015      Lecture  
“Is This Student Safe to Return to School?”: Child & Adolescent Psychiatrists’  
and Psychologists’ Roles in Threat Assessments for Students at Risk for Violence  
American Society of Adolescent Psychiatry and International Society for  
Adolescent Psychiatry and Psychology Joint Meeting, New York, NY
- 2018      Lecture  
Is This Student Safe to Return? A Comprehensive School Safety Assessment  
Approach  
7th Annual World Conference on Violence in Schools and Public Policy & 7th  
Biennial CQJDC Conference, Quebec, Canada

## **Report of Clinical Activities and Innovations**

### **Current Licensure and Certification:**

- 1988-present    Massachusetts Medical License  
1994-present    Board Certified Adult Psychiatrist (recertified in 2013)  
1996-present    Board Certified Child and Adolescent Psychiatrist (recertified in 2013)

### **Practice Activities:**

- 1993-2016      Psychiatry. Outpatient clinic  
Teen Health Center, Cambridge Health Alliance
- 1997-present    Psychiatry. Private practice  
Cambridge, MA  
Currently eight hours average per week.
- 2002-2016      Safety evaluations and psychiatric consultation.  
Director of School Programs, Cambridge Health Alliance  
Twenty hours per week.
- 2016-            Psychiatric consultation and school consultation  
Senior Consultant, Cambridge Health Alliance  
Eight hours per week

## **Clinical Innovations:**

### Advising Program

Created a high school advising program in which teachers volunteer to meet weekly with groups of 12 students, going far beyond the traditional guidance program by strengthening relationships and providing knowledge to students about how to negotiate within the high school, linking them to extra curricular activities, helping them with course selection, time budget, and follow up with homework assignments. The creation of the program focuses on strengthening relationships by building a “home base” and examining the infrastructure necessary to sustain staff commitment to the program. The program has received local and national recognition, with many school systems asking for assistance in development of their own programs, and student evaluations show that they find it supportive and helpful in meeting their academic goals.

### Safety Assessments

Developed a model for conducting safety assessments with adolescents who are aggressive in school, and many have experienced trauma or have an untreated psychiatric disorder. The assessment includes in-person interviews with teachers and administrators and home visits when appropriate, and results in active coordination for access to needed services and education to families about clinical options. I have presented this model at professional conferences, to school systems, and have trained many child psychiatrists and educators to perform these assessments.

## **Report of Teaching and Education Innovations**

### “Frameworks for Understanding Child and Adolescent Development” Curriculum for Adult Psychiatry Residents

Developed and taught a year-long course on normal and abnormal child development for adult psychiatry residents. The curriculum was selected as a model curriculum in 2013 by the American Association of Directors of Psychiatric Residency Training. The curriculum, refined over eight years, brings together dynamic lecturers and pertinent readings to provide the residents with both a conceptual overview of development and specific information and strategies they need to improve their practice with adults and families. The course exposes adult residents to critical information including how to assess family functioning, strengths, and vulnerabilities, normal and atypical child development, diagnostic formulation in children and adolescents, and differential diagnosis and assessment of suicidality in children and adolescents.

### School Consultation Rotation Program

Developed a ten-month school consultation rotation for child psychiatry fellows to teach them the necessary skills to provide assessments and consultations in schools. Skills for special education advocacy and school consultation are taught through a case-based model and review of assessments. The fellows are trained in how to communicate effectively with educators and provide professional development that enhances teachers’ efficacy with students. This rotation has been referred to as a “cutting-edge paradigm shift,” as child psychiatry programs generally provide little guidance in school consultation.



Harvard Freshman Seminar: “Finding Connections: Perspectives on Psychological Development and Mental Illness”

The innovative Freshman Seminar program for Harvard undergraduates exposes first year students to a unique learning experience through close interaction with senior faculty. This small group freshman seminar introduces students to a number of topics relating to psychological and mental illness early in their college careers. The seminar combines medical readings that provide practical knowledge, narrative readings to understand how patients experience the meaning of illness and how development-related mental illness is portrayed in the press, and discussions with visiting speakers who are living with mental illness. Understanding how conditions such as autism, depression, and loss are described in both clinical research and literature helps students appreciate the biological vulnerabilities and relational patterns that may disrupt human connections. Freshmen facilitate and create final projects as varied as research projects, dance performances, and creative essays.

The Behavior Code

The Behavior Code bridges the worlds of education and mental health, addressing a gap in teacher training and providing critical tools to enhance teacher effectiveness in meeting the needs of challenging students. The book *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students* distills the combined clinical and practical experience of Dr. Rappaport and behavioral specialist Jessica Minahan to enhance educators’ understanding of the underlying psychiatric difficulties related to students’ challenging behavior and to generate practical tips and concrete strategies to help turn a classroom around. Laying out a new framework for working with challenging students, the book uses case examples of students with oppositional, depressed, anxious or provocative behavior. Dr. Rappaport and Ms. Minahan have presented to thousands of educators around the country and abroad since the publication of the book to further disseminate this framework for working with students. Ms. Minahan published a follow-up book, *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors*, which provides additional guidance for teachers to understand and practice the components of this innovative framework.

**Report of Education of Patients and Service to the Community**

No activities below were sponsored by outside entities.

Memberships

- |           |  |
|-----------|--|
| 1999-2000 | Member, Interdisciplinary research team of Harvard Children's Studies<br>Integrated research and practice around resiliency    |
| 1999-2001 | Member, Health of the City Committee (Cambridge, MA)   |
| 1999-2004 | Member, Acute Response Team, Cambridge Public Schools  |
| 2006      | Member, Executive Committee for the Mental Health Component of the<br>Massachusetts Attorney General’s Safe Schools Initiative |
| 2007      | Member, Cambridge Violence Task Force  |

Presentations

*Local/Regional*

- 1999 Training and facilitation at retreat entitled “Adolescent Healthy Choices” and two follow-up sessions  
Fenway High School, Boston MA.
- 2000 Three-month weekly training course/seminar entitled “Change, Stability, and Renewal”  
Cambridge Public Schools, Cambridge, MA
- 2000 Lecture entitled “Psychopharmacology and Students”  
Charter Schools Massachusetts Regional Conference, Boston, MA
- 2001 Lecture entitled “Adolescent Depression and Suicide Prevention”  
American Foundation for Suicide Prevention, Brockton, MA
- 2001 Keynote lecture entitled “All you wanted to know about medications and were afraid to ask”  
Cambridge Public Schools, Cambridge, MA
- 2003 Lecture entitled “Understanding our students – Differential diagnosis”  
Chelsea School District, Chelsea, MA
- 2004 Lecture entitled “Differential Diagnosis: Understanding the Needs of Students in Distress”  
Chelsea Collaborative, Chelsea, MA
- 2006 Mental Health Services for Boston Public School Students. Presentation  
Boston City Council, Boston MA
- 2006 Lecture entitled “Is It a Bad Day or Is It Something Worse? Learning and understanding the signs and symptoms of mental health difficulties”  
Newton Public Schools and Project Interface, Newton, MA
- 2006 Lecture entitled “Psychopharm Update: Controversies in Child Psychiatry”  
Newton Public Schools and Project Interface, Newton, MA
- 2007 Panel presentation entitled “Myths and Realities: the Academic, Extracurricular, and Social Lives of Students in their First Year”  
Harvard College, Cambridge MA
- 2007 Full day presentation entitled “Finding our way: How to Make a Difference with Children Who are Mad, Bad, or Sad”  
Waltham Public Schools, Waltham, MA
- 2008 Presentation entitled “Prescription for Safety: Helping Teens and Schools”  
National Alliance on Mental Illness (NAMI) Cambridge-Middlesex, Cambridge,

MA

- 2009 Keynote presentation entitled “A Saving Grace: School-Parent-Student Partnership”  
Dearborn Academy, Arlington, MA
- 2009 Three keynote presentations to teachers, parents and clinicians entitled “Responding to Teen Depression: What Parents, Schools, and Communities Can Do Together”  
Appalachian Mountain Teen Project, Wolfeboro, NH
- 2009 Presentation entitled “Separation and Closeness: Heading off to College” to audience of parents of first-year Harvard students  
Harvard College, Cambridge MA
- 2009 Presentation at local NAMI meeting entitled “In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide”  
National Alliance on Mental Illness (NAMI) Cambridge-Middlesex, Cambridge MA
- 2009 Presentation entitled “Integrating Loss – Understanding the Impact of Loss Over Time” as part of the Making Connections: Promoting Positive Mental Health series  
Somerville Committee on Suicide Prevention and Mental Health, Somerville MA
- 2010 Two different presentations to teachers and parents on “In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide”  
Appalachian Mountain Teen Project, Wolfeboro, NH
- 2010 Presentation to Harvard community entitled “Power of Reflection”, arranged by Harvard University Center for Wellness as part of Speak Out! Mental Health Awareness Week  
Harvard University, Cambridge MA
- 2010 Keynote presentation entitled “Understanding, Supporting and Coping with Loss” and facilitation of community discussion following a student suicide  
Concord-Carlisle Regional High School, Concord, MA
- 2012 Presentation entitled “The Behavior Code: Practical Tips for Understanding and Teaching the Most Challenging Students”  
Dearborn Academy Annual Meeting, Cambridge, MA
- 2012 Lecture entitled “The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students”  
Everett Public Schools, Everett, MA
- 2012 Webinar entitled “The Behavior Code: Practical Tips for Understanding and Teaching the Most Challenging Students”

Harvard Graduate School of Education Principals' Center, Cambridge, MA

- 2012 Presentation entitled "Be a Behavior Detective: Practical Strategies for Understanding and Teaching the Most Challenging Students"  
Cambridge Public Library, Cambridge, MA
- 2012 Presentation entitled "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"  
Depression and Bipolar Support Alliance of Boston, Belmont, MA
- 2012 Presentation entitled "Linking Bullying and Oppositional Kids"  
Gifford School, Weston, MA
- 2012 Presentation entitled "The Behavior Code: Providing Support to High School Students with Challenging Behaviors"  
Cambridge High School Extension Program, Cambridge, MA
- 2013 Webinar presentation entitled "I Didn't Mean to...: The Student with Sexualized Behavior"  
Federation for Children with Special Needs, Boston, MA
- 2013 Presentation entitled "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"  
Federation for Children with Special Needs, Boston, MA
- 2013 Presentation entitled "Children and Trauma: What We Need to Know"  
Cambridge Police Department, Cambridge, MA
- 2013 Presentation entitled "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"  
Carlisle Public Schools, Carlisle, MA
- 2013 Presentation entitled "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"  
The Education Cooperative, Dedham, MA
- 2013 Presentation entitled "Lessons Learned: Resiliency in our Community"  
ACEs Too High, Creating a Resilient Cambridge, Cambridge, MA
- 2014 Presentation entitled "Depression and Suicide"  
Lincoln-Sudbury Public Schools, Sudbury, MA
- 2014 Presentation entitled "Follow-Up: The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"  
Carlisle Public Schools, Carlisle, MA
- 2014 Presentation entitled "School Avoidance"  
Lincoln-Sudbury Public Schools, Sudbury, MA

- 2014 Co-facilitator for Presentation entitled “Understanding Self-Injury”  
Newton North High School, Newton, MA
- 2014 Presentation for parents entitled “Caring for All Our Kids: The Behavior Code”  
Carlisle Public Schools, Carlisle, MA
- 2014 Presentation entitled “The Behavior Code: A Practical Guide to  
Understanding and Teaching the Most Challenging Students”  
Northshore Education Consortium, Beverly, MA
- 2014 Presentation entitled “What Parents Can Do to Help Children Become  
Emotionally Resilient”  
Parent University, Danbury, CT
- 2014 Presentation entitled “School Avoidance”  
Lincoln-Sudbury Public Schools, Sudbury, MA
- 2014 Presentation entitled “PTSD/Anxiety”  
Lincoln-Sudbury Public Schools, Sudbury, MA
- 2014 Presentation entitled “School Avoidance”  
The Education Cooperative, Dedham, MA
- 2014 Webinar entitled “Teen Depression”  
Families for Depression Awareness, Waltham, MA
- 2014 Presentation entitled “School Avoidance: Getting the Student in the Door”  
Hopkinton Public Schools, Hopkinton, MA
- 2016 Presentation as part of “Breakfast for Hope”  
Samaritans, Boston, MA
- 2016 Presentation entitled “Journey of Healing”  
Embracing Survivorship, Mount Auburn Hospital, Cambridge, MA
- 2016 Performances of “Regeneration”  
Mount Auburn Cemetery, Cambridge, MA
- 2016 Performance of “Regeneration”  
Irvington Town Hall Theater, Irvington, NY
- 2017 Presentation entitled “Optimal Frustration: Strategies for Parents and Teenagers to  
Stay in the Game and Thrive”  
Lincoln-Sudbury Public Schools, Sudbury, MA
- 2017 Presentation entitled “Safety Assessments”  
Medford Public Schools, Medford, MA

- 2017 Presentation entitled “Traumatized Students: Teacher Strategies for Co-regulation and Learned Security”  
Melrose Public Schools, Melrose, MA
- 2017 Performance of “Regeneration”  
Public Health Week, Somerville Public Library, Somerville, MA
- 2017 Performance of “Regeneration”  
Harvard ARTS FIRST Festival, Cambridge, MA
- 2017 Performance of “Regeneration”  
Winsor School, Boston, MA
- 2017 Performance of “Regeneration”  
Phantom Theater, Warren, VT
- 2017 Performance of “Regeneration”  
Mount Auburn Cemetery, Cambridge, MA
- 2017 Performances of “Regeneration”  
United Solo Theater Festival, New York, NY
- 2018 Workshop entitled “Finding our Way - Healing our Traumatized Children”  
Kurn-Hattin Homes for Children 27<sup>th</sup> Annual Fall Conference, Westminster, VT
- 2018 Presentation entitled “Comprehensive school safety approach: Increasing students’ perception of school safety”  
METCO Directors' Associations 34th Annual Educators Conference: Brown and Black Children: Hidden in Plain Sight, Norwood, MA
- 2019 Panel participant discussing Safety Assessment in Schools  
Behavioral Health Emergencies in the PreK-8 Classroom, Teachers21, Newton, MA
- 2019 Presentation entitled “Compassion, Burnout, and Empathic Fatigue: Building Resilience in our Patients and Ourselves”  
Rethinking Teen Mental Health - A Path to Sustainable Healing, Glastonbury, CT
- 2019 Full-day workshop entitled “Finding Our Way: Healing Our Traumatized Children”  
Catholic Schools Office, Archdiocese of Boston, Braintree, MA
- 2018-2019 Strengthen Your District Crisis Preparedness With a Safety Assessment Team Course taught with The Education Cooperative, East Walpole, MA  
Four lectures.
- 2019 Presentation entitled “Compassion, Burnout, and Empathic Fatigue: Building

- Resilience in our Patients and Ourselves”  
Rethinking Teen Mental Health - A Path to Sustainable Healing, Charlotte, NC
- 2019 Presentation entitled “Compassion, Burnout, and Empathic Fatigue: Building Resilience in our Patients and Ourselves”  
Rethinking Teen Mental Health - A Path to Sustainable Healing, Boston, MA
- 2019 Full-day workshop entitled “Finding Our Way: Healing Our Traumatized Children”  
Four Winds Hospitals, Saratoga Springs, NY
- 2019 Full-day workshop entitled “Keeping Our Schools Safe: A Safety Assessment Approach”  
William James College, Newton, MA
- 2019 Presentation entitled “Keeping Our Schools Safe: What Every Educator Should Know About Safety Assessment”  
2019 Joint Conference of the Massachusetts Association of School Committees (MASC) and the Massachusetts Association of School Superintendents (MASS), Hyannis, MA
- 2019 Presentation entitled “The Behavior Code: Understanding and Teaching the Most Challenging Students”  
Massachusetts School Psychology Association Fall Conference, Springfield, MA
- 2019 Presentation entitled “Safety Assessment Teams”  
Teachers21 Behavioral Health Strategies in Schools Seminar Series at William James College, Newton, MA
- 2020 Presentation entitled “Resiliency and Coping Strategies During the Pandemic”  
Cambridge Health Alliance Public Health Nurses, Cambridge, MA
- 2020 Four-webinar series entitled “Resiliency: How to Support Ourselves and Our Kids During the Pandemic” presented with Dr. Robert Brooks  
Catholic Schools Office, Archdiocese of Boston, Braintree, MA
- 2020 Remote workshop entitled “Strengthening Our Resilience in an Uncertain Time: Practical Strategies and Inspiration for You and Your Family”  
Massachusetts Partnerships for Youth, Boston, MA
- 2020 Remote workshop entitled “Dancing with the prolonged pandemic anxiety: How to have the tough talks, support your students and keep your families grounded”  
Massachusetts Partnerships for Youth, Boston, MA
- 2020 Presentation as part of Eric Lindemann Memorial Lecture entitled “Safe Communities: Violence as a Public Health Crisis”  
William James College, Newton, MA

- 2020 10-hour webinar series entitled “Beyond the threat: How to tip the balance toward safety in schools while considering the needs and challenges of individual students”  
Massachusetts Partnerships for Youth, Boston, MA
- 2020 Presentation entitled “Keeping Our Schools Safe: A Safety Assessment Approach”  
Tufts University Counseling and Mental Health Service, Medford, MA
- 2020 Webinar entitled “Resilience in an Uncertain Time: Supporting Students and Families During the Pandemic”  
Children’s Trust, Boston, MA
- 2021 Dancing with Pandemic Anxiety: How Parents and Educators Can Support Kids  
Norfolk, Plainville, Wrentham & King Philip Schools, Norfolk, MA
- 2021 Nurturing Resilience in Children, Through the Pandemic and Beyond  
Womenade, Boston, MA
- 2021 Kids Count in Our Community: The Pandemic Hits Home  
Mahoney Family Event Fund, Lowell, MA
- 2021 Dancing with Pandemic Anxiety: How Parents and Educators Can Support Kids  
Inly School, Scituate, MA
- 2021 Resilience in an Uncertain Time: Supporting Students and Families During the Pandemic and Beyond  
Lincoln Sudbury Schools, MA
- 2021 The Possibility of Thriving: What Cancer Can Teach Us About Navigating a Pandemic  
Thriving After Cancer: Strategies and State of Mind Speaker Series, Mass General Cancer Center at Newton Wellesley Hospital, Newton, MA
- 2021 Supporting Youth with Depression During the Pandemic and Beyond: What Families, Schools, and Communities Can Do  
Massachusetts Partnerships for Youth
- 2021 Supporting Youth with Depression During the Pandemic and Beyond: What Families, Schools, and Communities Can Do  
Wilmington Public Schools, Wilmington, MA
- 2021 Keynote presentation: Supporting Youth with Depression During the Pandemic and Beyond: What Families, Schools, and Communities Can Do  
Making a Difference Conference of the Recruitment, Training and Support Center (RTSC) for Special Education Surrogate Parents (SESPs), A Project of the Federation for Children with Special Needs  
Boston, MA



- 2022 Building a Culture of Safety in Classrooms: Awareness, Assessment, and Monitoring  
Massachusetts Partnerships for Youth
- 2022 Taking Charge of Your Emotions: Parent Guidance for DBT skills  
Massachusetts Partnerships for Youth
- 2022 Supporting Youth through the Pandemic & Beyond: What Families, Schools and Carlisle Can Do  
William’s Be Yourself Challenge, Carlisle, MA

*National*

- 2010 Presentation entitled “The Words to Say It: After a Parent’s Suicide”  
National Alliance on Mental Illness Annual Meeting, Washington, DC
- 2010 Key discussant about suicide on “Ask the Doctor” National conference call for NAMI members  
National Alliance on Mental Illness, Washington, DC
- 2012 Presentation entitled “The Behavior Code: How to Help Students with Challenging Behavior”  
The Children’s Storefront Sixth Annual Urban Education Symposium, New York, NY
- 2013 Webinar entitled “The Behavior Code: Practical tips for understanding and teaching the most challenging students”  
American Counseling Association, Alexandria, VA
- 2014 Webinar entitled “Children of Suicide: In Her Wake”  
National Alliance for Grieving Children, Stuart, FL
- 2015 Featured presentation entitled “Memoirs Can Be Messy: The Delicate Balance of Writing About Family”  
The Examined Life Conference: Writing, Humanities, and Arts of Medicine, Iowa City, IA
- 2015 Webinar entitled “Children of Suicide: In Her Wake”  
Association for Death Education and Counseling, Oakbrook Terrace, IL
- 2015 Keynote presentation entitled “The Behavior Code: A Practical Guide to Understanding and Teaching Our Most Challenging Students”  
Federation for Children with Special Needs’ Special Education Surrogate Parent Conference, “Making a Difference,” Marlborough, MA
- 2017 Webinar entitled “Teen Depression— What Schools and Parents Can Do When Help is Refused”  
Families for Depression Awareness

- 2017 Presentation entitled “Is this Student Safe at School: A Safety Assessment Model”  
Association of Threat Assessment Professionals Conference, “Youth Violence:  
Schools, Campus, and the Community”, Boston, MA
- 2017 Webinar entitled “Teen Depression— What Families and Schools Can Do for  
Reluctant Teens”  
International Bipolar Foundation
- 2018 Featured presentation entitled “Managing Challenging Behavior: Helping  
Struggling Adolescents”  
Understanding Adolescent Trauma through Authentic Connection conference,  
New York, NY
- 2018 2-Day Workshop entitled “Cracking the Behavior Code: High Impact Trauma-  
Informed Strategies for Challenging, Oppositional & Aggressive Students”  
PESI, Dedham, MA
- 2019 Webinar entitled “Keeping Our Schools Safe: What Every Educator Should Know  
About Safety Assessment”  
William James College, Newton, MA
- 2019 Presentation entitled “Compassion, Burnout, and Empathic Fatigue: Building  
Resilience in our Patients and Ourselves”  
Rethinking Teen Mental Health - A Path to Sustainable Healing, Chevy Chase,  
MD
- 2020 Webinar entitled “Keeping Our Schools Safe: What Every Educator Should Know  
About Safety Assessment”  
William James College, Newton, MA
- 2020 Keynote presentation entitled “The Words to Say It: Supporting Children After  
Suicide”  
Good Grief Spring Institute: Grief after Suicide, Basking Ridge, NJ
- 2021 Coping with Covid: Coping with Disappointment and Building Resilience  
Mountain Lakes School District Home & School Association, Mountain Lakes,  
NJ
- International*
- 2013 Reading and presentation: “In Her Wake.”  
International Book Festival, Shanghai, China
- 2014 In-service for educators entitled “The Behavior Code: Understanding and  
Teaching the Most Challenging Students”  
Katowice, Poland
- 2014 In-service for educators entitled “The Behavior Code: Understanding and

Teaching the Most Challenging Students”  
Karpacz, Poland

Media (selected appearances/interviews)

- 2006 Interviewed on “Researchers Investigate Aggressive Students' Mental Health”, on Morning Edition on NPR
- 2008 Interviewed on Prom Nightmares, THS Investigates on E! network
- 2008 Interviewed on Your Healthcare: Choice or Chance?, Radio Show on WATD radio
- 2008 Interviewed on About Health TV with Jeanne Blake
- 2009 Interviewed on the Diane Rehm Show on WAMU public radio, Washington, DC
- 2009 Interviewed on The Joy Cardin Show on Wisconsin Public Radio
- 2009 Interviewed on Afternoon Magazine with Celeste Quinn on WILL public radio, Chicago, IL
- 2009 Interviewed by Elizabeth Cooney for Boston Globe newspaper article “Nancy Rappaport explores her mother’s suicide”
- 2009 Interviewed on Parenting Unplugged Radio
- 2009 Interviewed on Commonwealth Journal, Massachusetts Public Radio
- 2009 Interviewed by Pat Wingert for Newsweek article “Her Mother Killed Herself”
- 2010 Interviewed about suicide prevention and supporting families after a suicide on Massachusetts Medical Society television show “Physician Focus”
- 2010 Published three-part series on Psychcentral.com entitled “Kids and Depression: Parents’ Call To Action”
- 2010 Interviewed on Sound Medicine on WFYI, Indiana Public Radio
- 2010 Interviewed twice on The Emily Rooney Show on WGBH
- 2010 Interviewed regarding “Covering all angles of bullying” on NECN
- 2010 Interviewed regarding “Alleged Russian Spy Kids: Loyalty and Betrayal” on BBC News Hour
- 2010 Interviewed by Elizabeth Cohen for CNN Empowered Patient article “How to Save a Friend from the Brink”
- 2010 Interviewed by Sally Spencer-Thomas for American Academy of Suicidology newsletter article “Love Lasts Longer than Death: An Interview with Nancy Rappaport”
- 2010 Interviewed on The Walt Bodine Show on KCUR public radio, Kansas City, MO
- 2010 Interviewed on Talk of Alaska on the Alaska Public Radio Network
- 2010 Interviewed on the Santita Jackson Show on WVON radio, Chicago, IL
- 2010 Interviewed on Extension 720 with Milt Rosenberg on WGN radio, Chicago, IL
- 2010 Interviewed on The Leonard Lopate Show on WNYC public radio, New York, NY
- 2010 Interviewed for Author Magazine article “First Do No Harm”
- 2010 Interviewed on Radio Times on WHYI public radio, Philadelphia, PA
- 2012 Began blogging for Huffington Post
- 2012 Interviewed on Think on KERA public radio, Texas
- 2012 Interviewed on Doctor Radio, Sirius XM
- 2012 Interviewed on StudioTulsa, KWGS radio, Tulsa, OK
- 2012 Interviewed on The Jordan Rich Show, WBZ radio, Boston, MA
- 2012 Interviewed on The Inclusive Class on Special Needs Talk Radio Network
- 2012 Interviewed on The Current, CBC radio

- 2013 Interviewed for two School Leadership Briefing podcasts
- 2013 Interviewed by Caroline Miller for two Child Mind Institute articles
- 2014 Interviewed for Mindscape video series, Menninger Clinic, TX
- 2014 Interviewed on Polskie Radio Katowice, Katowice, Poland
- 2014 Interviewed on WBZ news, Boston, MA
- 2014 Interviewed for two School Leadership Briefing podcasts
- 2014 Interviewed for Please Speak Freely: Development Without Limits podcast
- 2016 Interviewed for Shine On: Kacey's Health and Happiness Show
- 2016 Interviewed for Center Stage with Pamela Kuhn
- 2019 Interviewed for Greater Boston from WGBH
- 2019 Interviewed for USA Today
- 2019 Interviewed for WGBH News
- 2020 Interviewed for RadioBoston from WBUR

### **Educational Material for Patients and the Lay Community:**

- 1997-1999 Advising curriculum. Unpublished curriculum for high schools that is utilized by schools initiating advising programs

### Publications

- 2009 In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide Memoir, Authored book published by Basic Books September 2009
- 2014 We are overmedicating America's poorest kids, Washington Post editorial, June 2014

### **Recognition:**

- 2010 Julia Ward Howe Book Award, presented by the Boston Authors Club for In Her Wake

## **Report of Scholarship**

### **Publications**

#### **Peer Reviewed Publications in print or other media:**

##### Research investigations

1. **Rappaport N**, Flaherty LT, Hauser ST. Beyond psychopathology: Assessing seriously disruptive students in school settings. J of Pediatrics. 2006 149:252-256

##### Other peer-reviewed publications

1. **Rappaport N**. An advising program in a large urban high school: the magic match. In: Esman AH, Flaherty L, Horowitz H, editors. Adolescent Psychiatry, Vol. 24. London: The Analytic Press; 1999 p.109-117. (peer reviewed journal)

2. **Rappaport N**, Chubinsky P. The meaning of medication to children, adolescents, and their families. *J Am Acad Child Adol Psychiatry* 2000; 39(9):1198-1200.
3. **Rappaport N**. Psychiatric consultation to school-based health centers: lessons learned in an emerging field. *J Am Acad Child Adol Psychiatry* 2001; 40(12):1473-1475.
4. **Rappaport N**. Survival 101: Assessing children and adolescents' dangerousness in school settings. In: Esman AH, Flaherty L, Horowitz H, editors. *Adolescent Psychiatry*, Vol. 28. London: The Analytic Press; 2004 p. 157-181. (peer reviewed journal)
5. **Rappaport N**, Thomas C. Recent Research findings on Aggressive and Violent Behavior in youth: Implications for Clinical Assessment and Intervention. *J Adol Health* 2004; 35:260-277.
6. **Rappaport N**, Prince JB, Bostic JQ. Lost in the Black box: Juvenile Depression, Suicide and the FDA's Black Box. *J of Pediatrics* 2005; 47:719-720.
7. Daley ML, Becker DF, Flaherty LF, Harper G, King RA, Lester P, Milosavljevic N, Onesti J, **Rappaport N**, Schaw-Stone M. Case Study: The Internet as a developmental tool in an adolescent boy with psychosis. *J Am Acad Child Adolesc Psychiatry* 2005. 44: 187-190
8. Hacker KA, Suglia SF, Fried LE, **Rappaport N**, Cabral H. Developmental differences in risk factors for suicide attempts between 9th and 11th graders. *Suicide and Life Threatening Behavior* 2006 36(2): 154-165.
9. Chubinsky P, **Rappaport N**. Medication and the Fragile Alliance: The complex meaning of psychotropic medication to children, adolescents and families. *J of Infant, Child, and Adolescent Psychotherapy*. 2006 5:111-123.
10. **Rappaport N**, Bostic JQ, Prince J, Jellinek MS. Treating pediatric depression in primary care: Coping with the patient's blue mood and the FDA's Black Box. *J of Pediatrics* 2006; 48:567-8.
11. Mulvaney-Day NE, **Rappaport N**, Alegria M, Codianne LM. Developing systems interventions in a school setting: An application of community based participatory research for mental health. *Ethnicity & Disease* 2006. 16:107-117.
12. **Rappaport N**, Frazier J, Connor D, Mattison R. From Zero to a Hundred in a Split Second: Understanding Aggression in an Eight- Year- Old Child. *Harv Rev Psychiatry* 2006;14:1-12.
13. **Rappaport N**, Alegria M, Mulvaney-Day N, Boyle B. Staying at the table: Building sustainable community/research partnerships. *Journal Comm Psychology*. 2008 36(6):693-701.
14. Gerson R, **Rappaport N**. Cyber cruelty: Understanding and preventing the new bullying. *Adolescent Psychiatry*. 2011, 1, 67-71.

15. Rajan R, **Rappaport N**. “When Can I See You Again?”: Engaging immigrant adolescents with histories of attachment ruptures, loss, and insecure attachments in long-term outpatient psychotherapy. *Adolescent Psychiatry*. 2011, 1, 35-45.
16. Barrett J, **Rappaport N**. Keeping it real: Overcoming resistance in adolescent males mandated into treatment. *Adolescent Psychiatry*. 2011, 1, 28-34.
17. Barkai A, **Rappaport N**. A psychiatric perspective on narratives of self-reflection in resilient adolescents. *Adolescent Psychiatry*. 2011, 1, 46-54.
18. Gerson R, **Rappaport N**. Traumatic Stress and Posttraumatic Stress Disorder in Youth: Recent Research Findings on Clinical Impact, Assessment, and Treatment. *Journal of Adolescent Health*. 2013, 52(2), 137-143.
19. Liang B, Spencer R, West J, **Rappaport N**. Expanding the Reach of Youth Mentoring: Partnering with Youth for Personal Growth and Social Change. *Journal of Adolescence* 2013 36(2): 257-267.
20. **Rappaport N**, Kulick D, Phelps L. Psychotropic medications: An update for school psychologists. *Psychology in the Schools*. 2013, 50: 589–600.
21. **Rappaport N**, Pollack WS, Flaherty LT, Schwartz, SEO, McMickens C. Safety Assessment in Schools: Beyond Risk: The Role of Child Psychiatrists and Other Mental Health Professionals. *Child and Adolescent Psychiatric Clinics of North America*. 2015, 24(2): 277-289.
22. Welsh, J. W., Tretyak, V., & **Rappaport, N**. The Opioid Crisis and Schools—A Commentary. *Journal Of School Health*. 2018, 88(5), 337-340.
23. **Rappaport, N.**, Pollack, W.S., Schwartz, S.E.O., McMickens, C., Tambara, K., & Flaherty, L.T. Assessing School Threats: Learning from Students and Parents. *International Journal on School Climate and Violence Prevention*. 2019, 3: 113-129.
24. **Rappaport, N.** (2021). Tipping the balance: Moving toward school safety while considering student needs. *International Journal of Applied Psychoanalytic Studies*, 1– 13.

**Non-peer reviewed scientific or medical publications/materials in print or other media:**

Reviews, chapters, monographs and editorials

1. **Rappaport N**, Jellinek M. The grieving parent. In: *Psychiatric Aspects of General Hospital Pediatrics*. Chicago: Yearbook Publishers; 1990 p.277-286.
2. Rauch P, **Rappaport N**. Child psychiatry emergencies. In: *Manual of Psychiatric Emergencies*. Boston: Little and Brown; 1994 p.53-59.
3. **Rappaport N**. Preventing child and adolescent violence: the clinician’s role. *Psychiatric Times* 2001; 18:60-65.

4. **Rappaport N.** Emerging models of school consultation. In: Child and Adolescent Psychiatric Clinics of North America. Philadelphia: WB Saunders; 2001 p.13-24.
5. **Rappaport N.** Can advising lead to meaningful relationships? A critical view of youth mentoring. *New Directions for Youth Development: Theory, Practice, Research* 2002; 93:109-125.
6. Machoian L, Rhodes J, **Rappaport N**, Reddy R. Preventing school failure and promoting positive outcomes. In: Jason LA, Glenwick DS, editors. *Innovative strategies for preventing psychological problems*. New York: Springer Publishing Company; 2002 p.106-125.
7. **Rappaport N**, Osher D, Greenberg-Garrison E, Anderson-Katchmark C, Dwyer K. Enhancing collaboration within and across disciplines to advance mental health programs in schools. In: Weist M, editor. *Handbook of School Mental Health*. Baltimore, MD: Kluwer Academic Press; 2003 p.107-129.
8. **Rappaport N.** Advising high school students. In: Miller JR, Lerner RM, Schiamberg LB, Anderson PM, editors. *Human ecology: An encyclopedia of children, families, communities, and environments*. Santa Barbara, CA: ABC-Clio; 2003.
9. Murakami S, **Rappaport N**, Penn JV. An Overview of Juveniles and School Violence. In: *Child and Adolescent Psychiatric Clinics of North America*. Philadelphia, PA: WB Saunders, 2006, 29(3): 725-741.
10. **Rappaport N**, Barrett JG. Under the gun: threat assessment in schools. *Virtual Mentor*. 2009; 11(2):149-154. <http://virtualmentor.ama-assn.org/2009/02/pfor1-0902.html>. Accessed February 2, 2009.
11. **Rappaport N.** Providing Comfort After Suicide. *Clinical Psychiatry News*. 2010; 38(2): 18.
12. **Rappaport N.** Assessing Depression in Adolescents. *Carlat Child Psychiatry Report*. 2010: 1(3).
13. Phelps L, Smerbeck A, **Rappaport N.** A Case Study: Pediatric Tic Disorders. In: Davis A, editor. *Psychopathology of Childhood and Adolescence: A Neuropsychological Approach*. New York: Springer, 2012, 332-337.
14. Rappaport N. Suicide by Security Blanket, and Other Stories from the Child Psychiatry Emergency Service: What Happens to Children With Acute Mental Illness. *Journal Of The American Academy Of Child & Adolescent Psychiatry*. September 2013; 52(9): 974-975.
15. Flavin L, Reinfeld S, **Rappaport N.** “Psychological Aspects of STDs” and “Talking to a Partner About STDs”. In: Grimes, JA, Smith, LA, Fagerberg, K., eds. *Sexually Transmitted Disease: An Encyclopedia of Diseases, Prevention, Treatment, and Issues*. ABC-Clio, 2013.
16. Minahan J, **Rappaport N.** “Cracking the Behavior Code: Effective Interventions for Students with Anxiety”. In: Honigsfeld A, Cohan A, eds. *Breaking the Mold of Classroom*

*Management What Educators Should Know and Do to Enable Student Success, Vol. 5.* R&L Education, 2013.

17. The Carlat Report: Child Psychiatry. Combining Medications and Behavioral Techniques in Schools: Nancy Rappaport MD. *The Carlat Report: Child Psychiatry*. March 2015; 6(2): 5-7. *The Carlat Report: Child Psychiatry* is a CME review publication that is available to child psychiatrists nationally.
18. Rappaport, N. "Survivor Narratives." In: Jordan J, Baugher, B. *After Suicide Loss: Coping with your Grief, 2<sup>nd</sup> edition*. Caring People Press: Newcastle, WA.
19. Kulick, D. & Rappaport, N. (2018). "Interfacing with the School System." In: Vinson, S. & Vinson, E. *Pediatric Mental Health for Primary Care Providers*. New York: Springer.
20. Stewart, D.G., Chu, A., & Rappaport, N. (2019). "Role of Families, Schools, and Communities in Treatment and Recovery: From First Responders to Sustained Support." In: Welsh, J.W. & Hadland, S.E. *Treating Adolescent Substance Use: A Clinician's Guide*. Cham, Switzerland: Springer.

#### Books/Textbooks for the medical or scientific community

1. Minahan J. and **Rappaport N** (authors). *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students*. Harvard Education Press, Cambridge, MA. April 2012

#### Case reports

1. **Rappaport N**, Coffey B. Psychopharmacology in the school setting: therapeutic challenges in the school setting: therapeutic challenges in an adolescent with attention deficit hyperactivity disorder, possible bipolar disorder and other comorbidities. *J Child Adolesc Psychopharmacology* 2004 (1) 3-7.

#### Letters to the Editor

1. **Rappaport N**. Letter to the editor. School violence. *J Am Acad Child Adolesc Psychiatry* 2001; 40:992.
2. **Rappaport N**. Response to Twemlow et. al: Zero tolerance and searching for premeditated school shooters. *J Am Acad Child Adolesc Psychiatry* 2002; 41:1271.
3. **Rappaport N**. Response to Brent and Birmaher: Adolescent depression. *NE J Med* 2003; 348(5):473-474.
4. **Rappaport N**. School based interventions for children exposed to violence. *JAMA* 2003;290 (19):254.
5. **Rappaport N**. Letter to the Editor: School Safety and the Partnership Between Psychiatrists and School Personnel. *Am J Psychiatry* 2008 165(7): 916.

#### **Professional Educational Materials or Reports, in print or other media:**



1. Videotape of my work at Children's Storefront, an elementary school in Harlem, NYC (nominated for Oscar for best documentary). 1983.
2. **Rappaport N.** Discussant of introducing innovative program on adolescent unit: Animals as intermediaries. Washington, DC: National Public Radio, 1994.
3. Videotape produced with students on orientation to advising, Cambridge, MA 1997.
4. **Rappaport N.** Building a way to connect with high school students. AACAP News 1998; July/Aug:134-136.
5. **Rappaport N.** Special education alert. AACAP News 2000; Jan/Feb:25-27.
6. **Rappaport N.** Small advising groups: relationships for success. High School Magazine 2000; 7(9):45-47.
7. **Rappaport N.** Missing the mark: school consultation-assessing students' potential for violence. AACAP News 2000; July/Aug:164-165.
8. **Rappaport N.** Increasing teachers' caring potential through advising. Middle Matters 2002; 11(1):4-6.
9. **Rappaport N.** How to safeguard aggressive impulsive students in a school setting: Tips from the trenches. Brown Child and Adolescent University Behavior Letter, March 2005 page 1, 4 and 5.
10. **Rappaport N.** Narrow Escape. Auscultations, 2006. Cambridge Health Alliance.
11. **Rappaport N.** In Her Wake: A Child and Adolescent Psychiatrist Explores the Mystery of Her Mother's Suicide. AACAP News. 2010 41(2):1, 66-67.
12. **Rappaport N.** The Complicated Nature of Loss. NAMI Advocate. Winter 2009/2010.
13. Minahan J & **Rappaport N.** Be a Behavior Detective: Improving prospects for challenging students. Harvard Education Letter 2012 28(3).
14. **Rappaport N** & Minahan J. Cracking the Behavior Code. Educational Leadership 2012 70(2): 18-25.
15. Casoli-Reardon M, **Rappaport N**, Kulick D, & Reinfeld S. Ending School Avoidance. Educational Leadership 2012 70(2): 50-55.
16. **Rappaport N.** A Mindful Approach to Parent Conflict. American School Board Journal 2012 September: 20-21.

17. Minahan J, **Rappaport N**. Anxiety in Students: A Hidden Culprit in Behavior Issues. Phi Delta Kappan 2012 December: 34-39.
18. **Rappaport N**. Three Ways to Help “Loners” and Improve School Safety. Harvard Education Letter 2013 29(1).
19. **Rappaport N**, Minahan J. “I Didn’t Mean To...”: Practical Suggestions for Understanding and Teaching Students with Sexualized Behavior. Phi Delta Kappan 2013 February: 21-26.
20. **Rappaport N**, Minahan J. Breaking the Behavior Code: How to help teachers make a difference with challenging student behavior. Principal 2013 January/February: 18-22.
21. **Rappaport N**. Why ADHD Medication Is Not Reform. Education Week 2013 32(22): 23.
22. **Rappaport N**, Shaughnessy MF. An Interview with Dr. Nancy Rappaport. North American Journal of Psychology 2013 15: 207-212.
23. Warshof, A. & **Rappaport, N.** (2013). Adjusting Your Sails: Promoting Resiliency in Challenging Students. *Educational Leadership*, 71(1): 34-38.
24. **Rappaport, N.** (2013). “Frameworks for Understanding Child and Adolescent Development”. Course curriculum published online as model curriculum by American Association of Directors of Psychiatric Residency Training.
25. Minahan, J. & **Rappaport, N.** (2015). Student Anxiety and Classroom Management. In W. G. Scarlett (Ed.), *The SAGE encyclopedia of classroom management* (784-787). Thousand Oaks, CA: SAGE Publications.
26. Wittenauer, J., Ascher, M., & **Rappaport, N.** (2015). Drugs. In W. G. Scarlett (Ed.), *The SAGE encyclopedia of classroom management*. Thousand Oaks, CA: SAGE Publications.
27. Krinsky, S.J. & **Rappaport, N.** (2015). Self-injury: What educators need to know. *Educational Leadership* 73(2): 64-67.
28. **Rappaport, N.** & Wittenauer, J. (2015). Is this student safe at school?: The Safety Assessment Model. *Educational Leadership* 73(2).
29. Wittenauer, J. & **Rappaport, N.** (2015). Risk assessment of students’ online behaviors: The role of the mental health consultant. *JAACAP Connect* 2(3): 8-10.
30. Rappaport, N. (2016, October 13). Cemetery walks and playwriting: How I found healing after breast cancer. *Stat News*.
31. Rappaport, N. (2017, April 27). Clueless Adults And Glamorized Pain: ‘13 Reasons Why’ Should Start The Conversation About Suicide. *Cognoscenti for WBUR*.

32. Rappaport, N. & Boyd, J.W. (2017, June 13). Leaving No Kid Behind: The Need For More Child Psychiatrists. *Cognoscenti for WBUR*.
33. Rappaport, N. (2017, September 13). How To Talk To Your College-Age Kids About Depression And Suicide. *Cognoscenti for WBUR*.
34. Sehgal, P., Jeffries, J., & Rappaport, N. (2017) Combatting Race-Related Stress in the Classroom. *Educational Leadership* 75(4).
35. Welsh, J., Rappaport, N., & Tretyak, V. (2017) The Opioid Epidemic: 7 Things Educators Need to Know. *Educational Leadership* 75(4).
36. Rappaport, N. (2019, March 8). Irresponsible Behavior Or Legitimate Threat? It's Important To Know The Difference. *Cognoscenti for WBUR*.
37. Rappaport, N., Gansner, M., & Flaherty, L.T. (2019). Refining School Threat Assessments. *Educational Leadership* 77(2), 14-20.
38. Rappaport, N. & Brooks, R. (2019). Lessons Of Resilience And Hope Amid The Travesty At Boston Children's Theatre. *Cognoscenti for WBUR*.
39. Rappaport, N. & Gansner, M. (2019). How Intimate Relationships Can Foster Deadly Cyberbullying. *Cognoscenti for WBUR*.
40. Rappaport, N. (2020). Lockdown Drills Are Bad For Children. They Also Create A False Sense Of Security. *Cognoscenti for WBUR*.
41. Rappaport, N. (2020). 10 Years After Phoebe Prince's Suicide, Schools Are Still Getting It Wrong. *Cognoscenti for WBUR*.
42. Rappaport, N. (2020). What Cancer Taught Me About Navigating a Pandemic. *Cognoscenti for WBUR*.
43. Rappaport, N. (2020). I'm Worried About the Psychological Toll on Health Care Workers. They Need Help. *Cognoscenti for WBUR*.
44. Rappaport, N. (2020). 12 Million People a Year Are Abused by Their Partners. The Pandemic is Making that Much Worse. *Cognoscenti for WBUR*.
45. Thibodeau, L. & Rappaport, N. (2020). Helping Students Cope with Change and Disruption. *ASCD Express* 15(21).
46. Rappaport, N. (2021). 'Sadness Isn't Forever': Helping Kids Persevere Through the Pandemic. *Cognoscenti for WBUR*.
47. Rappaport, N. & Gansner, M. (2021). COVID And Youth Suicide: How to Navigate Colliding Crises. *Cognoscenti for WBUR*.

48. Rappaport, N. (2021). How The Pandemic Changed Us: 5 Lessons From A Horrid Year. *Cognoscenti for WBUR*.
49. Rappaport, N. (2021). How the school shooting in Michigan might have been prevented. *Cognoscenti for WBUR*.

### **Clinical Guidelines and Reports:**

1. Walter HJ, Berkovitz IH, and the Work Group on Schools\*. Practice parameters for psychiatric consultation to schools. *J Am Acad Child Adol Psychiatry* 2005 44:1068-1083. (\*member of Work Group on Schools cited in the appendix of the manuscript)  
Practice parameters adapted by AACAP for use by child psychiatrists consulting to schools consistent with the best available scientific evidence and clinical consensus. I contributed to the initial drafts of the manuscript as a member of the AACAP Work Group on Schools.

### **Narrative Report**

As a child psychiatrist and former elementary school teacher in Harlem, I have had the good fortune to develop programs to work actively in schools and school-based health centers. For the past 23 years, I have worked directly with the Cambridge public schools, providing consultation that helps improve the lives of children who often have broken families, mental anguish, and limited access to resources. Previous generations of child psychiatrists evaluated school referrals in their private offices and then provided written reports, without ever observing the school environment or considering how the school culture could be contributing to the students' challenges. I bridged that gap as one of the first of a growing number of peers who provide critical support to students on site in the school to ensure progress. This change in direction represents a paradigm shift, and I have encouraged schools to intensify targeted mental health services to support struggling students with substantial emotional challenges.

My work as a consultant to Cambridge public school administrators and as a treating child psychiatrist has led to a national discussion about the obstacles schools face in terms of resources, school culture, and adequate supervision. As the consulting child psychiatrist at Cambridge Rindge and Latin School, I began work in a community in which many adolescents skipped class, failed courses, and had a high rate of suspensions. Recognizing this repetitive cycle, I thought schools needed a way to fortify students' ties with educators and increase the opportunity for students to become more self-reflective and play a more productive role in their education so I created an advising program. I supervised teachers, coauthored a curriculum, and integrated student and faculty feedback to enhance the program. While this curriculum was successful locally, I wanted people to develop this nationally and I was grateful that schools have frequently asked me to share my insights so that they could adopt positive solutions in their communities.

Immediately after the Columbine massacre when the threat of school violence became a major public concern, I began to develop a safety assessment protocol that expands the child psychiatry role to address school violence by intervening early with students who display aggressive behavior and/or may pose a threat to other students and teachers. My approach emphasizes an understanding of the context of the identified student's behavior by conducting a psychiatric

interview with the referred student, a separate interview with the family, and interviews with school personnel and involved mental health clinicians. By providing a sophisticated formulation that is case-based, this process generates multiple points of intervention.

I have trained new generations of child psychiatrists in this approach and presented nationally and written extensively to provide a rationale and framework for schools to be more responsive to the risks and vulnerabilities of these students. In a pilot study of the model, I found that nearly all of these aggressive students had serious underlying psychiatric illness such as post traumatic stress disorder, attention deficit disorder or bipolar disorder, and most were not receiving help and needed assistance with coordinating mental health services. I was thrilled to have this work and advocacy recognized in 2011 with the American Academy of Child and Adolescent Psychiatry's Sidney Berman Award for the School-Based Study and Treatment of Learning Disorders and Mental Illness.

My experiences developing this program helped me identify a clear lack in the research focusing on the perspectives of students and their families who have been identified by schools as potential safety threats. To address this gap, I recently conducted a first-of-its-kind qualitative study that explored students' and families' experiences of school safety assessments, as well as the events leading up to the assessment. The study was recently published in the *International Journal of Violence in Schools*. The study also acted a catalyst for building on the work I have done to teach school personnel about safety assessment to design a new type of course for school district teams, rather than individuals, that focuses on how to strengthen district safety assessment protocols through a broader look at discipline and internet policies, guardian engagement, school climate, and relationships with law enforcement and other community resources. The first course with Boston-area schools in 2018-19 was a success.

Through many years of consulting to educators and clinicians I realized how it takes a special skill to translate psychiatric concepts in useful ways for educators. I collaborated with Jessica Minahan, a behavioral analyst and special educator, to write "The Behavior Code: A Practical Guide To Understanding and Teaching the Most Challenging Students." Educators often struggle with how to connect and respond to students with the most challenging behavior because traditional classroom management strategies fail. This book is a fundamental resource to help teachers and other support staff understand underlying psychiatric symptoms of students with anxiety-related, oppositional, withdrawn, or sexualized behaviors. Using illustrative case examples, we combined behavioral and clinical approaches in a four-step process to generate more informed selection of practical accommodations and intervention strategies to reinforce positive behaviors and build students' skills. The book has become a valuable resource for school psychologists and educators nationwide, and it is a best seller for Harvard Education Press.

As a dedicated teacher myself, I have mobilized a new generation of child psychiatrists to collaborate with educators and to advocate for their patients to optimize their functioning in school. I developed a ten-month school consultation rotation for the child fellows to teach them the necessary skills to provide assessments and consultations in schools. For ten years, I developed and taught a yearlong course on normal and abnormal child development, which was selected as a model curriculum in 2013 by the American Association of Directors of Psychiatric Residency Training. For the last ten years I have taught the popular Harvard freshman seminar, "Finding Connections: Perspectives on Psychological Development and Mental Illness." I

mentor my students and expose them to research and clinical applications. I am also the course director for an annual HMS program “Treating Students K to 12: Clinicians and Educators,” which provides training opportunities to educators from across the country.

I undertook the challenge of writing a memoir, *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide* that synthesizes my personal experience and clinical research. I illuminated the complex causes of suicide and exploring the lingering effects of family trauma while also conveying the process of healing. I offered this book to teach about prevention of suicide and to reach those who may be contemplating suicide to recognize the devastating loss on their families. Since its publication, I have made numerous presentations to professionals and to the public with outreach via print, radio, blogs, webinars, and television appearances to educate a broad audience about mental illness, how to provide support to a person who is suicidal, and how to understand children who have experienced loss by suicide. I contributed to writing guidelines for parents for the American Foundation of Suicide Prevention about how to approach children after a suicide.

In 2015, I wrote a one-woman play, *Regeneration*, about navigating illness while being confronted with mortality. In performing this play for medical providers, my goal is to help them see how their own vulnerabilities can nurture their capacity for empathy and motivate them to provide the small acts of kindness that mean so much to their patients and give them the strength to cope with a serious health challenge. In performances for lay audiences, I hope to inspire them to use creativity as a way to overcome challenges. By creating a narrative of a challenge, we make meaning of the event and maintain the vital connections that sustain us.

My day-to-day goal is to advocate for comprehensive support with our most vulnerable children, who often require child psychiatrists to mobilize in a way that is different from the traditional model. As an educator, I teach this message of support to the students in my freshmen seminar at Harvard as well as to my residents. My passion as a teacher and clinician is to better the lives of the young people I treat and to pass my knowledge on to the future practitioners who will carry on the work I pioneered.