CURRICULUM VITAE

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Place of Birth: Boston, MA

Education:

1982	BA, English Princeton University
1983	Postgraduate concentration, Science Columbia University
1988	MD Tufts University

Postdoctoral Training:

07/88-06/89	Intern in Pediatrics, Massachusetts General Hospital
07/89-06/92	Resident in Adult Psychiatry, Massachusetts General Hospital
07/92-06/95	Fellowship in Child and Adolescent Psychiatry, The Cambridge Hospital

Faculty Academic Appointments:

07/90-06/95	Clinical Fellow in Psychiatry, Harvard Medical School
07/96-11/01	Clinical Instructor in Psychiatry, Harvard Medical School
12/01-06/03	Instructor in Psychiatry, Harvard Medical School
07/03-05/12	Assistant Professor of Psychiatry, Harvard Medical School
06/12-06/16	Associate Professor of Psychiatry, Harvard Medical School
06/16-	Associate Professor of Psychiatry, Part time, Harvard Medical School

Appointments at Hospitals/Affiliated Institutions:

12/95-	Active Staff, Department of Psychiatry, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance

Other Professional Positions:

1996-2003	Consultant to Cambridge Superintendent and Cambridge High School
2014-2019	Member, Professional Advisory Council, Dearborn Academy
2014-2015	Member, NAMI Mass School Mental Health Advisory
2016-2019	Consultant to The Education Cooperative
2026-	Consultant to CASE Collaborative

Major Administrative Leadership Positions:

Local:

1996-2016	Mental Health Director, Teen Health Center, Cambridge Health Alliance
2000	Course Director, Special Education Symposium "Identification and Treatment of Asperger/Pervasive Developmental Disorder and OCD as it Pertains to the Classroom," Cambridge Public Schools
2001-2016	Director of School-Based Programs, Department of Psychiatry, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance
2004-2016	Course Director, "Frameworks for Understanding Child and Adolescent Development," Department of Psychiatry, Cambridge Health Alliance
2004	Course Director, "Adolescent Self Destruction," Harvard Medical School Continuing Medical Education Course
2004	Course Director, "The Meaning of Medication to Children and Adolescents," Harvard Medical School CME Course
2005	Course Co-Director, "Being a Danger to Self or Others: The importance of assessing safety in children and adolescents in schools and in the community," Harvard Medical School CME Course
2005	Course Co-Director, "Treating Posttraumatic Stress Disorders in Adolescents," Harvard Medical School CME Course
2006-2007	Course Co-Director, "Treating Students K to 12: Clinicians and Educators Working Together," Harvard Medical School CME Course
2008	Course Director, "Making Schools Safe: Understanding the Threat of Aggressive and Violent Behaviors," Harvard Medical School CME Course
2009-2014	Course Co-Director, "Treating Students K to 12: Clinicians and Educators Working Together," Harvard Medical School CME Course
2015-	Course Co-Director, "School Mental Health: Treating Students K-12" Harvard Medical School CME Course
2016-	Senior Consultant, Department of Psychiatry, Division of Child and Adolescent Psychiatry, Cambridge Health Alliance

Committee Service:

Local:

1998-2012	Member, Executive Committee of the Child Fellow Residency Training Committee, Cambridge Health Alliance
1999-2004	Member, Cambridge Hospital Faculty Committee on Strategic Plan for Child Psychiatry Residency Training
2001-2004	Chair, Cambridge Hospital Continuity of Care Committee Cambridge Health Alliance

2004-2015 Member, Child Complex Care Review Committee, Cambridge Health Alliance
2011-2015 Member, Child Outpatient Leadership Team, Cambridge Health Alliance

Regional

2014-2018 Member, Professional Advisory Council, Dearborn Academy

Professional Societies:

1995- American Academy of Child and Adolescent Psychiatry, Member
1997-2001 AACAP Work Group on Schools, Member
1997- Massachusetts Medical Society, Member
1998-2016 Society for Research on Adolescence, Member
1998-2006 American Psychiatric Association, Member
2007-2022 American Psychiatric Association, Distinguished Fellow
2022- American Psychiatric Association, Distinguished Life Fellow

Editorial Activities:

Ad hoc Reviewer:
2006 Reviewer, Journal of Pediatrics
2007 Reviewer, Journal of Community Psychology
2009 Reviewer, Pediatrics
2011 Reviewer, Journal of Adolescent Psychiatry
2014 Reviewer, Adolescent Psychiatry
2015 Reviewer, Journal of Threat Assessment and Management
2016 Reviewer, Journal of School Violence
2016 Reviewer, Journal of the American Academy of Child and Adolescent Psychiatry
2017 Reviewer, Journal of the American Academy of Child and Adolescent Psychiatry
2022- Reviewer, Journal of Threat Assessment and Management

Honors and Prizes:

2006-2017 Knowles Scholar, Harvard Freshman Seminar Program
2007-2022 Distinguished Fellow, American Psychiatric Association
2008 Outstanding School-Based Health Center Supporter Award, Massachusetts Coalition of School-Based Health Centers
2011 Sidney Berman Award for the School-Based Study and Treatment of Learning Disorders and Mental Illness, American Academy of Child and Adolescent Psychiatry
2013 Art of Healing Award, Cambridge Health Alliance
2017 Exceptional Mentor Award, American Medical Women's Association
2022- Distinguished Life Fellow, American Psychiatric Association

Report of Funded and Unfunded Projects

Funding Information:

Past Funding

1996-1997 PI, Orchard Foundation, Private foundation, $15,000
Small Group Discussion Program Evaluation
The goal was to design an evaluation of high school advising program and provide a summary of the impact of the program to school committee, which showed efficacy of the program, allowed integration into the school's program, and gave results used to enhance the advising program.

1997-1998 Consultant, Children's Studies, Carnegie Foundation
Building Resiliency at Harvard: The Academic Advisory Program
My role was to provide consultation about community interventions that promote resiliency, to aid in analyzing how to provide the infrastructure that allowed for sustainability of interventions.

1997-1998 PI, Hirsh Family Foundation, Private foundation, $100,000
A Model Advising Program Promoting Academic Success in High Schools
This grant was for development of an advising program (including: seeking to understand the gap in the literature of different pathways and trajectories of the advisor's role in shaping adolescent adjustment**;** developing appropriate interventions with adolescents to prevent psychopathology and foster resilience**;** professional development with teachers to strengthen positive relationships with students that promote educational success.) My role was to evaluate factors that strengthened positive relationships with students and staff in advising program.

1997-1998 PI, Roy A. Hunt Foundation, Private foundation, $10,000
Evaluation of Advising Foundation Program
My role was to coordinate evaluation of advising program and to field test interventions in the high school that helped with adolescent academic engagement.

1997-1998 PI, William J. and Lia G. Poorvu Foundation, Private foundation, $10,000
Advising Program Evaluation
My role was to design and analyze program evaluation.

2003-2007 Consultant, National Center on Minority Health and Health Disparities – P20MD000537
UPR/CHA Exploratory EXPORT Center: Bridging Communities
The mission of the UPR-CHA Exploratory Export Center is to generate and test interventions that can remedy service disparities in asthma and mental health for disadvantaged Latino and African Caribbean populations. I developed a pilot intervention with Cambridge public schools with the application of community based participatory research. My role was as liaison with educators and the Center for multicultural research to enhance assessment and delivery of services to immigrant students with challenging school behaviors.

2006-2008 Site PI (2006-2007), PI (2007-2008) NIDA/NIH 5K23DA018715-04 $10,000/yr, $20,000/yr

CBT Treatment for Post Traumatic Stress and Substance Use Disorders in Minority Youth
Site PI and then became PI for feasibility testing of a modified Cognitive Behavioral Therapy manual for minority youth. Goals include refining the treatment manual and assessing the efficacy of a CBT intervention for PTSD with substance use disorder for multicultural youth and improving access with this evidence-based treatment in school-based health clinics.

2006-2011 Site PI, Katz Foundation, Private foundation, $100,000
Reducing Stigma Associated with Emotional and Learning Disorders
Funding from a family grant for a qualitative investigation of children's experience with emotional disorders with direct interviews with parents, teachers and developing group activities with participating children. For three years I provided expertise to the CCAD (Center for Child and Adolescent Development) and conducted the student groups for a year in the community-based non-clinical school setting; I have developed a school-based curriculum for students with severe emotional behavioral disorders.

Report of Local Teaching and Training

Teaching of Students in Courses:

Emerson College

2011 Writing Memoirs.
Graduate students.
One session, 2hr

Boston University School of Medicine

2021 Educator, physician, and advocate: call for action
Human Behavior in Medicine
One session, 1.5hr

Harvard College

2006-2017 Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research
First year Harvard College students
Twelve sessions annually, 2hr each

2009 Surviving Suicide
Harvard Extension School students
One lecture, 2hr

2012 The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students

Harvard Graduate School of Education
One lecture, 2hr

2019 Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research
First year Harvard College students
Twelve sessions, 2hr each

2021- Freshman Seminar: Frameworks for Understanding Psychological Development, Disorder and Treatment: Learning through Literature and Research
First year Harvard College students
Twelve sessions annually, 2hr each

2026 After a Suicide
Harvard College students
One lecture, 2hr

Harvard Medical School

2005 ADHD and Depression
Harvard Medical School Integrated Clerkship students
One lecture, 1hr

2006 Personal Narrative and Professional Identity
Harvard Medical School Integrated Clerkship students
One lecture, 2hr

2006 Anatomy. Facilitator.
First-year medical students
One session, 3hr

2006 School Psychiatrist and Safety assessments
Harvard Medical School Psychiatry interest group, Boston
One session, 2hr

2008-2014 Patient-Doctor 1 (700 MJ). Small group leader.
Medical students.
One session annually, 3hr

2019 Medicine and Literature (PS745.6)
Harvard Medical School students
Eight sessions, 2 hrs each

2021 Spring: Medicine and Literature (PS745.6)
Harvard Medical School students
Four sessions, 2 hrs each

2021- Fall: Medicine and Literature (PS745.6)

Harvard Medical School students
Five sessions, 2 hrs each

Formal Teaching of Residents, Clinical Fellows, and Research Fellows (post-docs):

1997 Child and Adolescent Psychiatry in Urban High Schools: A primary prevention program
Harvard Consolidated Child Psychiatry
Single lecture.
Boston, MA

1999 School Based Interventions with Aggressive Urban Adolescents and Violence in Children, Adolescents and Families: Strategies for Prevention and Clinical Intervention.
Harvard Consolidated Child Psychiatry
Two lectures.
Boston, MA

2003- School Consultation Seminar
Child psychiatry first-year fellows
Cambridge Health Alliance
Four lectures annually, 2hr

2004-2015 Frameworks for Understanding Child and Adolescent Development
Adult psychiatry (PGY 3) residents
Cambridge Health Alliance
Co-director and four lectures annually, year-long course meeting weekly for 1.5hr

2007-2021 Writing Your Passion: Clinical Writing
Clinical Scholarship class for child psychiatry fellows
Cambridge Health Alliance
One lecture annually, 2hr

2009 Latency and Adolescent Development
Harvard Consolidated Child Psychiatry.
Two lectures
Boston, MA

2010 "Latency" and "Adolescent Development"
Harvard Consolidated Child Psychiatry.
Two lectures
Boston, MA

2010 In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Advanced Behavioral Medicine Seminar for psychology and social work fellows and interns
Cambridge Health Alliance
One lecture, 2hr

2011 "Schools and What Child Psychiatrists Need to Know" and "Adolescent Development"
Harvard Consolidated Child Psychiatry.
Two lectures
Boston, MA

2012 "Safety Assessments and Approaches to Responding to Bullying in Schools" and "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
Harvard Consolidated Child Psychiatry.
Two lectures
Boston, MA

2013 School Consultation
Harvard Consolidated Child Psychiatry Fellows
Two lectures, 1hr each

2014 School Consultation
Harvard Consolidated Child Psychiatry Fellows
Two lectures, 1hr each

2014 Working with Self-Destructive Adolescents: How to Manage While Taking Care of Yourself
Cambridge Health Alliance Adult Psychiatry Residents
One lecture, 1hr

2015 School Consultation
Harvard Consolidated Child Psychiatry Fellows
Two lectures, 1hr each

2016 Families Left Behind
Cambridge Health Alliance Adult Psychiatry Residents
One lecture, 1hr

2016 School Consultation
Cambridge Health Alliance Adult Psychiatry Residents
One lecture, 1hr

2017 School Consultation
Harvard Consolidated Child Psychiatry Fellows
Two lectures, 1hr each

2018 How to Navigate Inappropriate Sexual Behaviors at School
Cambridge Health Alliance Psychiatry Residents
One lecture, 1 hr

2018 The Behavior Code

Cambridge Health Alliance Psychiatry Residents
Two lectures, 1 hr each

2018 Depression and Suicide
Cambridge Health Alliance Psychiatry Residents
One lecture, 1 hr

2018 Suicide Assessment in Children and Adolescents
Cambridge Health Alliance Psychiatry Residents
One lecture, 1 hr

2018 School-Based Safety/Threat Assessment
Cambridge Health Alliance Psychiatry Residents
One lecture, 1 hr

2018 Sexualized Behavior of Children and Adolescents in Schools
Cambridge Health Alliance Psychiatry Residents
One lecture, 1 hr

2019 School Consultation/Working with Traumatized Children/Safety and Threat Assessment in Schools
Harvard Consolidated Child Psychiatry Fellows
Two lectures, 1hr each

2019 School Consultation/Suicide Assessment with Adolescents/Safety and Threat Assessment in Schools
Cambridge Health Alliance Psychiatry Residents
Three lectures, 1hr each

2021 School Consultation
Harvard Consolidated Child Psychiatry Fellows
One 2hr lecture

2021 School Consultation
Cambridge Health Alliance Psychiatry Residents
Three lectures, 1hr each

2022 School Consultation
Harvard Consolidated Child Psychiatry Fellows
One 2hr lecture

2022 School Consultation/Depression and Suicide
Cambridge Health Alliance Psychiatry Residents
Two lectures, 1hr each

2023 Behavior Code/School Consultation/Suicide Assessment/Safety Assessment
Cambridge Health Alliance Psychiatry Residents
Three lectures, 1hr each

2024 Behavior Code/School Consultation/Safety Assessment
Cambridge Health Alliance Psychiatry Residents
Three lectures, 1hr each

2025 Behavior Code/School Consultation/Safety Assessment
Harvard Psychiatry Fellows
Two lectures, 1hr each

2026 Behavior Code/School Consultation/Safety Assessment
Harvard Consolidated Psychiatry Fellows
Two lectures, 2hr each

Clinical Supervisory and Training Responsibilities:

1996-2000 Supervisor of child psychiatry fellows during rotation (four fellows per year)
Cambridge Health Alliance, Teen Health Center
Four hours per week

1996-2000 Supervisor of chief resident
Cambridge Health Alliance, Teen Health Center
One hour per week

1999-2003 Supervisor of adult psychiatry resident (1 resident per year)
Cambridge Health Alliance, Teen Health Center
One hour per week

2000- Supervisor of child psychiatry fellows during nine-month School Consultation rotation (five fellows per year)
Cambridge Health Alliance, Teen Health Center
Two hours per week

2022 Career mentorship of medical students in Child Psychiatry
Harvard Medical School, Boston, MA
Two hours per week for two months

Formally Mentored Harvard Students

2023 Alison Mosier-Mills / Harvard Medical School student
Mentor for Scholars in Medicine Creative Arts Project, “Childhood Encounters: What happens when we meet younger versions of ourselves?”.

Other Mentored Trainees and Faculty (selected, not all-inclusive)

1999-2004 Ayelet Barkai, MD / Faculty, CHA; Lecturer in Psychiatry, HMS; Faculty, Boston Psychoanalytic Society and Institute; Co-Clinical Director,

Cambridge/Boston Chapter of A Home Within; Child, Adolescent, and Adult Psychiatrist in private practice, Cambridge, MA
Career stage: Fellow and early career. *Mentoring role*: individual supervision. *Accomplishments:* Co-authored article in *Adolescent Psychiatry*, reviewed and co-presented regional day-long conference for educators.

2004-2014 Nada Milosavljevic, MD / Staff/Faculty, MGH; Clinical Instructor in Psychiatry, HMS; Founder and Director of the Integrative Health Program at MGH
Career stage: fellow and early career. *Mentoring role*: individual supervision, career and presentation coaching. *Accomplishments*: Coauthored article in *JAACAP*.

2006-2008 Margaret Benningfield, MD / Child and Adolescent Psychiatrist and Assistant Professor, Departments of Psychiatry and Pediatrics, Vanderbilt University, Nashville, TN
Career stage: Fellow. *Mentoring role:* Individual supervision and mentoring. *Accomplishments:* Received NIDA-AACAP K12 Career Development award for project entitled "Neurobiology of Impulsivity, Risk Taking and Reward in Youth at Risk for Addiction".

2007-2018 Deborah Kulick, MD / Private practice; Faculty, Cambridge Health Alliance; Instructor in Psychiatry, Harvard Medical School.
Career stage: Fellow and early career. *Mentoring role*: individual supervision. *Accomplishments*: Co-authored article for *Psychology in the Schools.* Presented at Harvard School Mental Health CME Course, "What School Personnel Need to Know About Psychiatric Medications." Co-authored book chapter "Interfacing with the School System" in *Pediatric Mental Health for Primary Care Providers*.

2009-2010 Ruth Gerson, MD / Director of Child and Adolescent Psychiatry, NYU Brooklyn
Career stage: Resident. *Mentoring role:* Weekly seminar and individual mentoring. *Accomplishments:* Co-authored articles in *Adolescent Psychiatry* and *Journal of Adolescent Health*. Co-chaired session and presented at American Academy of Child and Adolescent Psychiatry.

2008-2015 James Barrett, PhD / Director of Clinical Support Services, Cambridge Police Department; Part-time Assistant Professor of Psychology, Harvard Medical School
Career stage: Staff Psychologist. *Mentoring role:* supervised safety assessment evaluations, collaborated with police community intervention, mentored writing, presentation coaching. *Accomplishments:* Co-authored article in *Adolescent Psychiatry*; Founder, Safety Net Police and Mental Health Collaboration; Co-Director of HMS School Mental Health Conference for two years.

2009-2023 Jacqueline Buchanan, MD / Clinical Instructor, Cambridge Health Alliance; Private Practice
Career stage: Undergraduate through Fellow. *Mentoring role:* mentor and supervisor.

2013-2015 Courtney McMickens, MD / Deputy Chief Medical Officer at Healthy Blue Care Together, North Carolina
Career stage: Fellow. *Mentoring role:* individual supervision, mentor for elective qualitative research project. *Accomplishments:* Co-authored and presented poster at Mysell Day. Co-authored chapter in *Child and Adolescent Psychiatric Clinics of North America*. Co-presented at AACAP annual meeting. Received Robert Wood Johnson Clinical Scholarship for 2015-2017. Co-authored article in *International Journal on Violence in Schools.*

2013-2015 Justine Wittenauer Welsh, MD / Associate Professor of Psychiatry and Behavioral Sciences, Emory School of Medicine, Atlanta, GA; Program Director, Emory Substance Abuse Treatment Services; Vice Chair of Child, Adolescent, and Young Adult Services, Emory School of Medicine.
Career stage: Fellow. *Mentoring role:* individual supervision, mentored in teaching as a teaching associate in Harvard freshman seminar. *Accomplishments:* Co-authored articles for *Educational Leadership*, *JAACAP Connect*, and *Classroom Management: An A-to-Z Guide*. Received 2014 Joint National Institute on Drug Abuse and American Academy of Child and Adolescent Psychiatry Research Award.

2018- Meredith Gansner, MD / Assistant Professor of Psychiatry, University of Rochester Medical Center
Career stage: Resident/Attending. *Mentoring role:* Writing mentor. *Accomplishments:* Co-authored article in *Educational Leadership,* multiple articles for *Cognoscenti by WBUR,* presented at AACAP Institute in 2020 and 2023.

2021- Claire Bogan, DO / Core Faculty and Behavioral Health Curriculum Director, Lawrence Family Medicine Residency Program; Attending, Greater Lawrence Family Health Center; Teaching Associate in Psychiatry, Harvard Medical School/Cambridge Health Alliance
Career Stage: Child psychiatry fellow, attending. *Mentoring role*: individual supervision and mentoring. *Accomplishments*: Joint presentation to Massachusetts Partnerships for Youth. Presentation at HMS CME conference.

Formal Teaching of Peers (e.g., CME and other continuing education courses):
No presentations below were sponsored by outside entities

1997	Treating Adolescent Vulnerabilities. Adolescent Self-Harm Prevention and Treatment Cambridge Hospital/Harvard Medical School CME Course	Moderator Boston, MA
2004	The Meaning of Medication to Children and Adolescents Harvard Medical School CME Course entitled "Adolescent Self Destruction"	Single lecture Boston, MA
2005	Being a Danger to Self or Others: The importance of assessing safety in children and adolescents in schools and in the community, Treating Posttraumatic Stress	Two lectures Boston, MA

	Disorders in Adolescents Harvard Medical School CME Course entitled "Adolescent Self Destruction"	
2006	Strategies for Overcoming Impasses: Lessons in Humility and Humor Harvard Medical School CME Course entitled "Treating Students K to 12: Clinicians and Educators Working Together"	Single lecture Boston, MA
2007	Controversies in Health: Finding our way. Harvard Medical School CME Course entitled "Treating Students K to 12: Clinicians and Educators Working Together"	Single lecture Boston, MA
2008	Making Schools Safe: Understanding the Threat of Aggressive and Violent Behaviors Harvard Medical School CME Course entitled "Treating Students K to 12: Clinicians and Educators Working Together"	Single lecture. Boston, MA
2009	Dispensing Medication - Dispensing Controversies: Fact and Fiction on Child and Adolescent Psychopharmacology Harvard Medical School CME Course entitled "Treating Students K to 12: Clinicians and Educators Working Together"	Single lecture. Boston, MA
2010	How to Stay a Passionate and Creative Educator Harvard Medical School CME Course entitled "Treating Students K to 12: Clinicians and Educators Working Together"	Single lecture. Boston, MA
2011	Working with Adolescent Substance Abusers: How to Manage Them While Taking Care of Yourself Harvard Medical School CME Course entitled "Treating the Addictions"	Single lecture. Boston, MA
2011	Publishing a Memoir: Navigating the Boundaries of Personal Clinical and Public Relationships Harvard Medical School CME Course entitled "Publishing Books, Memoirs and Other Creative Nonfiction"	Single lecture Boston, MA
2013	Real World Strategies for Working with Challenging Students Harvard Medical School CME Course entitled "School Mental Health: Treating Students K to 12"	Single lecture. Boston, MA
2014	Staying Strong after Adversity: Learning from Marathon Monday Harvard Medical School CME Course entitled "School Mental Health: Treating Students K to 12"	Single lecture. Boston, MA
2015	Helping Struggling Students: Resiliency Strategies for Parents, Teachers, and Clinicians Harvard Medical School CME Course entitled "School	Single lecture. Boston, MA

	Mental Health: Treating Students K to 12"	
2016	Picking up the Pieces: Working with Families Left Behind after a Suicide Harvard Medical School CME Course entitled "Self-Destructive Behavior"	Single lecture. Boston, MA
2017	Keeping Students Safe at School: Understanding and Improving Safety Assessment Harvard Medical School CME Course entitled "School Mental Health: Treating Students K to 12"	Single lecture. Boston, MA
2020	Presentation entitled "Irresponsible Behavior or Legitimate Threat? Understanding the Difference" Harvard Medical School CME Course: School Mental Health: Treating Students K-12	Single lecture. Boston, MA
2021	Dancing with the Prolonged Pandemic Anxiety: How to Have the Tough Talks, Support Your Students and Keep Your Families Grounded Harvard Medical School CME Course entitled "School Mental Health: Treating Students K to 12"	Single lecture. Boston, MA (virtual)
2022	Presentation entitled "Building a Culture of Safety in Classrooms: Awareness, Assessment, and Monitoring" Harvard Medical School CME Course: School Mental Health: Treating Students K-12	Single lecture. Boston, MA (virtual)
2022	"Lessons from Family Therapy on Dealing with Challenging Families and Substance Abuse: Update and Preventive Strategies for Schools Post-COVID" Harvard Medical School CME Course: School Mental Health: Treating Students K-12	Discussant Boston, MA (virtual)
2023	Presentation entitled "The Black Hole of School Avoidance: Case Examples and Strategies to Move Ahead" Harvard Medical School CME Course: School Mental Health: Treating Students K-12	Single lecture. Boston, MA
2025	Presentation entitled "Plucking the Pearls: Key Learnings from 18 Years of Discussing School Mental Health at CHA" Harvard Medical School CME Course: School Mental Health: Treating Students K-12	Single lecture. Boston, MA

Local Invited Presentations:
No presentations below were sponsored by outside entities

1996	Psychiatry Grand Rounds Evaluation of an Urban High School Program to Build Resilience Boston Regional Medical Center/Cambridge Hospital
1997	Psychiatry Grand Rounds

Fight or Flight: Strengthening adolescent engagement in an urban high school: a primary prevention violence program
Massachusetts General Hospital

2003 Lecture
All You Wanted to Know About Psychiatric Diagnosis but Were Afraid to Ask: Part I
Harvard Graduate School of Education, PAER (Program in After-school Education and Research) Workshops

2005 Keynote Presentation
Prescription for Sanity: How to deal with pediatric aggression in 15 minutes.
Massachusetts General Hospital Pediatric Forum

2007 Presentation
Staying at the Table: Building Sustainable Community/Research Partnerships
UPR-CHA/Harvard EXPORT Center, San Juan, Puerto Rico

2007 Discussant, Psychiatry Grand Rounds
Conversion Disorder in an Adolescent.
Cambridge Health Alliance

2007 Co-presenter, Psychiatry Grand Rounds
The Teachable Moment: Image and Metaphor
Cambridge Health Alliance

2008 Panelist
Transforming Violence
Victim of Violence Program, Cambridge Health Alliance

2008 Discussant, Psychiatry Grand Rounds
Never to Lie is to Have No Lock on Your Door
Cambridge Health Alliance

2009 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Cambridge Health Alliance

2009 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Massachusetts General Hospital

2010 Pediatrics Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide,
Cambridge Health Alliance

2010 Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide

McLean Hospital

2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide.
Judge Baker Child Mental Health Forum

2010 Guest lecturer
Youth Depression. Panel entitled: Understanding Your Students Holistically: Community Perspectives on Healthy Development
Urban Adolescent Development Course; Harvard Graduate School of Education Teacher Education Program

2011 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Children's Hospital

2011 Lecture. Coming to Terms: Writing as a Means of Understanding
Harvard Graduate School of Education

2013 Lecture. Real World Strategies for Working with Challenging Students
Cambridge Youth Guidance Center, Cambridge, MA

2013 Lecture. Real World Strategies for Working with Students with Sexualized Behavior
Cambridge Youth Guidance Center, Cambridge, MA

2013 Co-presenter, Schwartz Rounds
Cambridge Health Alliance, Cambridge MA

2014 Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Harvard University Health Services

2015 Lecture for school-based social workers. Resiliency
Children's Hospital, Boston MA

2016 Performance
Regeneration
Initiative for Arts and Humanities at Harvard Medical School, Boston, MA

2016 Madeline S. Crivello MD Memorial Lecture
Regeneration
Mount Auburn Hospital, Cambridge, MA

2017 Lecture.
Safety Assessment
Working with NAMI and PPAL to Benefit our Schools and Communities
New England Council of Child and Adolescent Psychiatry, Waltham, MA

2017 Performance
Regeneration
Cambridge Health Alliance, Cambridge, MA

2017 Lecture.
Better Serving Our Children: School/Psychiatry Partnerships
Harvard Medical School Office for Diversity Inclusion and Community Partnership's Leadership and Faculty Development Conference, Boston, MA

2019 Grand Rounds.
Resilience
Boston University School of Medicine, Boston, MA

2021 Grand Rounds.
"Taking Care of *All* of our Children: Addressing Harsh Realities and Cultivating Hope"
Boston University School of Medicine, Boston, MA

2025 Grand Rounds.
Keeping Our Schools Safe: A Safety Assessment Approach to Violence Prevention
Cambridge Health Alliance Department of Pediatrics, Cambridge, MA

Report of Regional, National, and International Invited Teaching and Presentations
No presentations below were sponsored by outside entities

<u>Regional</u>

1996 Lecture
How Can Psychiatry Encourage Hope for Adolescents? A Primary Prevention Program in an Urban High School.
New England Council of Child and Adolescent Psychiatry, Belmont, MA

1999 Keynote speaker
Missing the Mark–Responding to School Violence.
Massachusetts Medical Society: Youth Violence Physician's Round Table, Waltham, MA

2000 Lecture
Mental Health Services
Massachusetts Medical Society: Violence Prevention: New Approaches for Clinical Application, Waltham, MA

2000 Guest lecturer, two sessions
Adolescents and Schools.
Adolescent Development Course for pre-doctoral psychology students
Tufts University Department of Education

2001 Keynote speaker, three lectures
Missing the Mark: School Violence; Identifying Students at Risk: Increasing the Safety Net; Adolescent Depression and Suicide; School violence and the clinician's assessment of violent children
MacNamee Memorial Day Conference, Dartmouth, NH

2001 Lecture
Risk-Taking with Adolescent Girls
University of Massachusetts Boston, Psychology Department, Boston, MA

2001 Lecture
Adolescent Suicide: Improving the Safety Net
Family Loss Project and Massachusetts School of Professional Psychology, Boston, MA

2002 Lecture
Depression and Suicide in Children and Adolescents – Intervening on the front lines
Annual Meeting Department of Public Health, Framingham, MA

2002 Lecture
Assessing Violent and Aggressive Children in the School Context
Annual Meeting Department of Public Health, Framingham, MA

2004 Lecture
Bipolar and Attention Deficit Disorders
Boston University/Chelsea Public Schools Partnership, Pupil Personnel Special Education Series, Chelsea, MA

2004 Lecture
Post Traumatic Stress Disorder and Oppositional Defiant Disorder
Boston University/Chelsea Public Schools Partnership, Pupil Personnel Special Education Series, Chelsea, MA

2005 Lecture
Mad, Bad, or Sad: Understanding our children
Commonwealth of Massachusetts Mental Health Legal Advisors Committee, Boston, MA

2005 Lecture
Suicide Prevention: Providing Sanctuary for Adolescents in Crisis
Massachusetts Department of Mental Health Annual Suicide Prevention Conference, Tewksbury, MA

2006 Grand Rounds
The Romance of Risk-Taking with Adolescents
Somerville Mental Health Center
Somerville, MA

2006 Lecture
Lost in the Black Box: Controversies in Treating Children
Massachusetts Department of Public Health Annual Suicide Prevention Conference, Sturbridge, MA

2006 Keynote speaker
From Zero to a Hundred in a Split Second: Survival 101 with Aggressive Students
MA Chapter of the National Association of School Social Work, Worcester, MA

2006 Lecture
Children and Medication: Making Clinical Sense of the Controversies
Massachusetts Chapter of the National Association of School Social Work, Worcester, MA

2007-2009 Guest lecture, two sessions each year
Topics including Use of Safety Assessments; Clinician Self-Reflection and the Power of Narrative
Children at Risk and the Persons Who Serve Them course
Boston University

2008 Joseph Penn Invited Lecture
Giving it our Best Shot: Working with Schools to Care for Depressed or Aggressive Students
Massachusetts Chapter of the American Academy of Pediatrics, Waltham, MA

2009 Lecture
Telling the Story: A Child Psychiatrist Explores the Mystery of Her Mother's Death
Commonwealth of Massachusetts Department of Public Health Annual Conference: Connecting Communities, Sustaining Hope, Saving Lives: Suicide Prevention Across the Lifespan, Marlborough, MA

2009 Richard Selzer Lecture
The Role of Narrative And Reflection In Dealing with Tragedy
Yale University Medical School Humanities in Medicine Lecture Series, New Haven, CT

2009 Keynote speaker
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide.
Massachusetts Coalition of School-Based Health Centers Workshop, Worcester, MA

2009 Lecture for Class of 2013 White Coat Ceremony
The Power of Reflection
Tufts University School of Medicine, Boston, MA

2009 Lecture

Why Be a Child Psychiatrist
Tufts University School of Medicine Psychiatry Interest Group, Boston, MA

2009 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
New York University Counseling Forum, New York, NY

2009 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
New England Council of Child & Adolescent Psychiatry, Boston, MA

2010 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
University of Massachusetts Medical School, Worcester, MA

2010 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Tufts Medical School, Boston, MA

2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Webster Place Lecture Series, Brookline Community Mental Health Center, Brookline, MA

2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Massachusetts Psychiatric Society, Boston, MA

2010 Lecture
"In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide"
Appalachian Mountain Teen Project, Wolfeboro, NH

2012 Presentation
On Bullying
Boston Psychoanalytic Society and Institute, Boston, MA

2012 Panel Presentation
Launching & Sustaining a Career: Forging Connections Among Residents, Early, Mid-Career, and Senior Child & Adolescent Psychiatrist
New England Council of Child & Adolescent Psychiatry, Waltham, MA

2012 Guest lecture
"The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
Children at Risk and the Persons Who Serve Them course
Boston University

2013 Lecture. Real World Strategies for Working with Challenging Students
Walker Trieschman Institute of Research & Training Distinguished Author Series, Needham, MA

2013 Lecture. "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
Massachusetts Continuing Legal Education, School Law Conference, Boston, MA

2013 Psychiatry Grand Rounds. "The Behavior Code: Empowering Clinicians to Foster Positive Change in the Classroom"
Brown University, Providence, RI

2013 Keynote lecture. "Accepting the Challenge: Understanding and Educating Students with Behavioral, Attentional and Emotional Learning Needs"
Massachusetts Administrators of Special Education, Worcester, MA

2013 Presentation entitled "From Child Trauma to Childhood Strength"
Lesley University Child Homelessness Conversation, Cambridge, MA

2014 Grand Rounds. "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
Maine Medical Center, Portland, ME

2014 Lecture. "Working with Self-Destructive Adolescents: How to Manage Them While Taking Care of Yourself"
"How Young People Succeed: The Art & the Science" conference, Danbury, CT

2014 Keynote Lecture. "From Childhood Trauma to Childhood Strength"
Youth At Risk conference, Beverly, MA

2014 Workshop. "School Safety Assessments"
Youth At Risk conference, Beverly, MA

2017 Lecture. "How to Navigate Inappropriate Sexual Behaviors in School."
Boston Children's Hospital Neighborhood Partnerships, Boston, MA

2019 Psychiatry Grand Rounds. "Keeping Our Schools Safe: What You Should Know About Safety Assessment"
Boston University School of Medicine, Boston, MA

2020 Two lectures. "Dancing with prolonged anxiety of the pandemic: how to have the tough talks, support students and families and stay grounded"
Harvard Psychiatry Residency Day, Boston, MA

2021 Dancing with Prolonged Pandemic Anxiety: Supporting Students, Families, and Schools
COVID: Child and Adolescent Psychiatry Perspectives program, New England Council of Child and Adolescent Psychiatry

2021 Building Connections and Hope: What Families, Schools, and Communities Can Do to Support Youth with Depression During the Pandemic and Beyond
Berkshire Suicide Prevention Conference, MA

2023 Empowering Our Families to Navigate Schools: Know the Rules
Boston Child Study Center, Boston, MA

2023 Healing After a Parent's Suicide: Personal and Clinical Pearls
Boston Child Study Center, Boston, MA

National

1995 Lecture
Adolescence and Popular Culture.
American Academy of Child and Adolescent Psychiatry Annual Meeting, New Orleans, LA

1997 Lecture
Collaborative Primary Prevention for Adolescents
American Psychiatric Association Annual Meeting, San Diego, CA

1998 Lecture
Advising: The Magic Match
American Academy of Child and Adolescent Psychiatry Annual Meeting, Los Angeles, CA

2000 Lecture
An Advising Program in a Large Urban High School: The Magic Match
Center for School Mental Health Assistance, Annual National Conference on Advancing School-Based Mental Health Programs, Atlanta, GA

2000 Lecture
Practical Approaches to Developing a School Based Mental Health Program
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY

2000 Symposium Chair
Missing the Mark: Theory and Practice in Response to School Violence
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY

2000 Lecture, Symposium Chair
Advising – Building a Safety Net.
American Academy of Child and Adolescent Psychiatry, New York, NY

2002 Lecture, Symposium Chair
Foundations of School Consultation
American Academy of Child and Adolescent Psychiatry symposium, San

Francisco, CA

2003 Lecture, Symposium Chair
Aggression in Children.
American Academy of Child and Adolescent Psychiatry Annual Meeting, Miami, FL

2003 Lecture
Threat Assessment in the School Setting.
American Academy of Child and Adolescent Psychiatry Annual Meeting, Miami, FL

2006 Panel Facilitator
Community Engagement and Partnership: New Directions in Mental Health Services Research
RAND and NIMH Centers for Health Services Research, Arlington, VA

2007 Lecture
Mentoring and High-Risk Youth: Is it Always Appropriate?
Research and Policy Council Mentoring Organization, Alexandria, VA

2007 Keynote Speaker (full day)
Children and Medication: Making Clinical Sense of the Controversies
Archdiocese of New York Drug Abuse Prevention Program, New York, NY

2009 Lecture
School and Community Consultation.
Session for the Oral Exams: 34th Annual Review Course in Child and Adolescent Psychiatry and Training, Boston, MA

2010 Lecture
After a Parent's Suicide: Children's Grief and Healing
American Psychiatric Association Annual Meeting, New Orleans, LA

2010 Media Workshop Chair
Boy, Interrupted
American Psychiatric Association Annual Meeting, New Orleans, LA

2010 Keynote Speaker
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother’s Suicide
Colorado Injury Control Research Center, Bridging the Divide: Suicide Awareness and Prevention Summit, Fort Collins, CO

2010 Workshop Presenter
Nurturing Inspiration After Loss
Colorado Injury Control Research Center, Bridging the Divide: Suicide Awareness and Prevention Summit, Fort Collins, CO

2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide.
American Association of Suicidology Annual Meeting, Orlando, FL

2010 Lecture
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Association for Death Education and Counseling Annual Meeting, Kansas City, MO

2010 Laressa Gribbons Memorial Lecture and Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
University of Florida, Gainesville, FL

2010 Lecture
After a Suicide: Comforting Bereaved Children
National Organization for People of Color Against Suicide, Boston, MA

2010 Lecture
Intimate Partner Violence and the Media – Domestic Violence: In Her Wake, A Narrative
Association for Psychological Science Annual Meeting, Boston, MA

2010 Workshop Chair and Presenter
After a Suicide: Helping the Surviving Children Heal
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY

2010 Lecture
Divorce, Custody and Suicide: Protecting our Clients
The Association of Family and Conciliation Courts, Ninth Symposium on Child Custody Evaluations, Cambridge, MA

2010 Panel Chair
Bullies, Targets, and "Frenemies": Understanding and Preventing Bullying and Cyberbullying
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY

2010 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Children's National Medical Center, Washington, DC

2011 Lecture
Surviving Loss in High Conflict Divorce: Legal and Psychological Protection
Association of Family and Conciliation Courts, Boston, MA

2011 Honors Presentation
Improving the Odds for Children's Safety In Schools: Lessons Learned

American Academy of Child and Adolescent Psychiatry and Canadian Academy of Child and Adolescent Psychiatry Joint Annual Meeting, Toronto, Canada

2011 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Queens Hospital, New York, NY

2011 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Montefiore Medical Center, New York, NY

2011 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
SUNY Downstate Medical Center, New York, NY

2012 Psychiatry Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
New York University, New York, NY

2012 Resident Conference
The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students
New York University, New York, NY

2012 Workshop
Empowering Clinicians to Foster Positive Change in the Classroom
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Francisco, CA

2012 Workshop
Writing about Patients: Benefits, Complications, and Connections of Sharing Their Stories
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Francisco, CA

2012 Lecture
Adolescent Risk-Taking Behaviors: Teaching Communities and Engaging the High Risk Adolescent
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Francisco, CA

2012 Workshop
The Behavior Code: Practical Tips for Understanding and Teaching the Most Challenging Students
Learning Forward Conference, Boston, MA

2013 Lecture
Improving the Odds for Children's Safety In Schools: Lessons Learned

New Jersey Council of Child and Adolescent Psychiatry, Newark, NJ

2013 Psychiatry Grand Rounds
Children of Suicide: In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
Lincoln Hospital, New York, NY

2013 Grand Rounds
In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide
St. Luke's Roosevelt Hospital Center, New York, NY

2013 Lecture
Working with Suicidal Teens: Approach, Connection, Fluidity, and Collaboration with Parent and Teen
Aeschi West: Basic Principles in Working with Suicidal Patients, Vail, CO

2013 Keynote Lecture
In Her Wake: A Child Psychiatrist Explores the Impact of Her Mother's Life and Suicide
Aeschi West: Basic Principles in Working with Suicidal Patients, Vail, CO

2013 Lecture
Sutton's Law and School-Based Mental Health Services, presented as part of: Life Members Wisdom Clinical Perspectives: Plays Well with Others vs. My Way or the Highway: The Revolutionary Evolution of Child & Adolescent Psychiatry Linkages with Pediatrics and With Schools
American Academy of Child and Adolescent Psychiatry Annual Meeting, Orlando, FL

2013 Lecture
Shadows of Virginia Tech and "Daggering" in Middle School, presented as part of "Impossible" at School: Consulting on Violent, Disruptive, and Highly Unusual Kids
American Academy of Child and Adolescent Psychiatry Annual Meeting, Orlando, FL

2013 Distinguished Speaker: Finding My Way: Lessons Learned
"Inspiration for Success" Breakfast for Medical Students and Residents
American Academy of Child and Adolescent Psychiatry Annual Meeting, Orlando, FL

2013 Plenary Session
The Behavior Code: Practical Strategies for Working with Challenging Students
Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) Annual International Conference on ADHD, Crystal City, VA

2014 Lecture
A Child Psychiatrist's View of Her Mother's Suicide

The Problem of Suicide: Rediscovering Hope, The First Annual John M. Oldham National Mental Health Symposium, Houston, TX

2014 Lecture
Protecting Students, Protecting Teachers, presented as part of "Impossible at School, Part 2: Consulting on Violent, Disruptive, and Highly Unusual Kids"
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Diego, CA

2014 Discussant
Is This Student Safe to Return to School?: The Child & Adolescent Psychiatrist's Role in Threat Assessments for Students at Risk for Violence
American Academy of Child and Adolescent Psychiatry Annual Meeting, San Diego, CA

2015 Lecture
Safety Assessment in Schools: Beyond Risk – The Role of Child Psychiatrists and Other Mental Health Professionals
Northeast Ohio Society of Child and Adolescent Psychiatry, Cleveland, OH

2016 Lecture (3hrs)
School Consultation
Cleveland Clinic Psychiatry Fellows
Cleveland Clinic, OH

2016 Psychiatry Grand Rounds
How Suicide Impacts Children
Cleveland Clinic, Cleveland, OH

2016 Lecture
Safety Assessments
Cleveland Clinic Psychiatry Fellows
Cleveland Clinic, Cleveland, OH

2016 Discussion (2hrs)
In Her Wake
Cleveland Clinic Psychiatry Fellows, Cleveland, OH

2017 Workshop (full day)
The Behavior Code: Understanding and Teaching the Most Challenging Students
Rehab Seminars' 2017 General & Special Education Conference, Seattle, WA

2018 Lecture
The Behavior Code: Understanding and Teaching Challenging Children Without Burnout
Learning and the Brain: Educating Mindful Minds, New York, NY

2018 Workshop (full day)
The Behavior Code: Understanding and Teaching the Most Challenging Students
Rehab Seminars' 2018 General & Special Education Conference, San Diego, CA

2018 Workshop (full day)
The Behavior Code: Focus on Case Studies, Communication, and Resilience-
Rehab Seminars' 2018 General & Special Education Conference, San Diego, CA

2019 Presentations/Performances (2)
When a Doctor Becomes a Patient
Osler Society Humanities in Medicine Program, Zucker School of Medicine at Hofstra, Hampstead, NY

2019 Presentation
"Making Meaning: Creativity and the Physician-Patient Relationship" as part of the Clinical Perspectives presentation Life Members' Wisdom Clinical Perspectives: Four Unique Perspectives on the Physician-Patient Relationship in Child Psychiatry
American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL

2019 Presentation
"Strategies for School Avoidance in Elementary School Students" as part of the Clinical Perspectives presentation Get Them in the Door: Updates on the Assessment and Treatment of School Refusal
American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL

2019 Presentation
"Family is the Best Medicine: Strengthening Family Therapy Skills to Support Children in Crisis"
American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL

2020 Presentation
"Impulsive Behavior or Legitimate Warning?: Preventing, Assessing, and Responding to Student Threats"
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual

2020 Presentation
"Family is the Best Medicine: Strengthening Family Therapy Skills to Support Children in Crisis"
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual

2020 Presentation

"Engaging Students and Supporting Educators in Schools: Learning through Case Discussion"
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual

2020 Grand Rounds
"Keeping Our Schools Safe: A Safety Assessment Approach"
Rady Children's Hospital, San Diego, CA

2020 Full-day workshop
"Keeping Our Schools Safe: A Safety Assessment Approach"
Rehab Seminars' 2020 General & Special Education Conference, Orlando, FL

2020 Full-day workshop
"The Behavior Code: Understanding and Teaching the Most Challenging Students"
Rehab Seminars' 2020 General & Special Education Conference, Orlando, FL

2021 Presentation
My Calling Into Child and Adolescent Psychiatry
Child and Adolescent Psychiatry Inclusive Excellence Speaker Series
University of California San Diego, Virtual

2021 Presentation
Resilience in an Uncertain Time: Supporting Students and Families During the Pandemic and Beyond
13th Global Social Thinking Providers Conference, Virtual

2021 Full-day workshop
"The Behavior Code: Understanding and Teaching the Most Challenging Students"
Rehab Seminars' 2021 General & Special Education Conference, Virtual

2021 Presentation
"School Safety Assessment: How Psychiatrists Can Help Schools Assess Risk, Build a Culture of Safety, and Support Educators and Families" as part of the Institute "The Psychiatrist's Role in School Safety: Preventing, Assessing, and Responding to Student Threats"
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual

2021 Presentation
"Comprehensive Safety Assessment: A Case Study Conversation" as part of the Institute "The Psychiatrist's Role in School Safety: Preventing, Assessing, and Responding to Student Threats"
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual

2021 Presentation
"Personal Experiences of Safety Assessment: Student and Family Voices" as part of the Institute "The Psychiatrist's Role in School Safety: Preventing, Assessing, and Responding to Student Threats"
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual

2021 Institute Chair
"The Psychiatrist's Role in School Safety: Preventing, Assessing, and Responding to Student Threats"
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual

2021 Workshop Presentation
"Writers Un-Block: An Individualized, Intensive, and Motivationally Enhancing Writing Workshop"
American Academy of Child and Adolescent Psychiatry Annual Meeting, Virtual

2023 Presentation
"Keeping Our Schools Safe: A Safety Assessment Approach to Violence Prevention"
American Academy of Child and Adolescent Psychiatry's Douglas B. Hansen, MD, 48th Annual Update Course, Virtual

2023 Presentation
"Keeping Our Schools Safe: A Safety Assessment Approach to Violence Prevention"
American Academy of Child and Adolescent Psychiatry's Clinical Essentials on Threat Assessment and Violence Prevention Course, Virtual

2023 Discussant
Clinical Perspectives session: "Helping Students Transition Back to School: Addressing School Avoidance and Absenteeism Through Collaboration"
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY

2023 Presentation
"Looking Back and Moving Forward on Threat Assessment and Management in Schools: Research Evidence, Implementation Barriers, and Next Steps" as part of the Institute "Is This Student Safe to Return to School? Critical Strategies for Threat Assessment and Management in K-12 Schools"
American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY

2023 Institute Chair
"Is This Student Safe to Return to School? Critical Strategies for Threat Assessment and Management in K-12 Schools"

American Academy of Child and Adolescent Psychiatry Annual Meeting, New York, NY

2024 Grand Rounds
"Keeping Our Schools Safe: A Safety Assessment Approach to Violence Prevention"
University of Michigan, Ann Arbor, MI

2024 Presentation
"Keeping Our Schools Safe: A Safety Assessment Approach to Violence Prevention"
University of Chicago Department of Psychiatry & Behavioral Neuroscience Colloquium

2024 Lecture
Keeping Our Schools Safe: A Safety Assessment Approach to Violence Prevention
Hackensack Meridian School of Medicine Department of Psychiatry and Behavioral Health Child and Adolescent Psychiatry Symposium: Partnering for Success: Behavioral Health in the Classroom, Virtual

2025 Grand Rounds
Keeping Our Schools Safe: A Safety Assessment Approach to Violence Prevention
Marcus Autism Centers & BMH Grand Rounds, Children's Healthcare of Atlanta Atlanta, GA

2025 Narrative Medicine as a Teaching Tool: Incorporating Memoir, Speakers, and Writing
American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago

<u>International</u>

2014 Lecture
The Behavior Code: Understanding and Teaching the Most Challenging Students
University of Zielona Gora, Poland

2014 Lecture
The Behavior Code: Understanding and Teaching the Most Challenging Students
University of Zielona Gora, Poland
Kielce University, Poland

2014 Training for psychologists
The Behavior Code: Understanding and Teaching the Most Challenging Students
Starachowice, Poland

2015 Lecture

"Is This Student Safe to Return to School?": Child & Adolescent Psychiatrists' and Psychologists' Roles in Threat Assessments for Students at Risk for Violence
American Society of Adolescent Psychiatry and International Society for Adolescent Psychiatry and Psychology Joint Meeting, New York, NY

2018 Lecture
Is This Student Safe to Return? A Comprehensive School Safety Assessment Approach
7th Annual World Conference on Violence in Schools and Public Policy & 7th Biennial CQJDC Conference, Quebec, Canada

2022 Clinical Consultation Breakfast
"Family is the Best Medicine: Strengthening Family Therapy Skills to Support Children in Crisis"
American Academy of Child and Adolescent Psychiatry and Canadian Academy of Child and Adolescent Psychiatry Annual Meeting, Toronto, ON

2022 Media Theater
"The Disruptors: A Deep Dive into ADHD"
American Academy of Child and Adolescent Psychiatry and Canadian Academy of Child and Adolescent Psychiatry Annual Meeting, Toronto, ON

2022 Workshop
"The Essential Threat Assessment Toolkit: What Child and Adolescent Psychiatrists Need to Know"
American Academy of Child and Adolescent Psychiatry and Canadian Academy of Child and Adolescent Psychiatry Annual Meeting, Toronto, ON

2022 Workshop
"Writers Unblock: A Motivationally Enhancing Writing Workshop for Writers at Any Level"
American Academy of Child and Adolescent Psychiatry and Canadian Academy of Child and Adolescent Psychiatry Annual Meeting, Toronto, ON

2022 Presentation
"The Behaviour Code: Practical Strategies for Working with Challenging Students"
Lentegeur Hospital Child and Adolescent Mental Health Service, Cape Town, South Africa

Report of Clinical Activities and Innovations

Current Licensure and Certification:

1988-present Massachusetts Medical License
1994-present Board Certified Adult Psychiatrist (recertified in 2013)
1996-present Board Certified Child and Adolescent Psychiatrist (recertified in 2013)

Practice Activities:

1993-2016	Psychiatry. Outpatient clinic Teen Health Center, Cambridge Health Alliance
1997-present	Psychiatry. Private practice Cambridge, MA Currently fifteen hours average per week.
2002-2016	Safety evaluations and psychiatric consultation. Director of School Programs, Cambridge Health Alliance Twenty hours per week.
2016-	Psychiatric consultation and school consultation Senior Consultant, Cambridge Health Alliance Eight hours per week

Clinical Innovations:

Advising Program
Created a high school advising program in which teachers volunteer to meet weekly with groups of 12 students, going far beyond the traditional guidance program by strengthening relationships and providing knowledge to students about how to negotiate within the high school, linking them to extracurricular activities, helping them with course selection, time budget, and follow up with homework assignments. The creation of the program focuses on strengthening relationships by building a "home base" and examining the infrastructure necessary to sustain staff commitment to the program. The program has received local and national recognition, with many school systems asking for assistance in development of their own programs, and student evaluations show that they find it supportive and helpful in meeting their academic goals.

Safety Assessments
Developed a model for conducting safety assessments with adolescents who are aggressive in school, and many have experienced trauma or have an untreated psychiatric disorder. The assessment includes in-person interviews with teachers and administrators and home visits when appropriate, and results in active coordination for access to needed services and education to families about clinical options. I have presented this model at professional conferences, to school systems, and have trained many child psychiatrists and educators to perform these assessments.

Report of Teaching and Education Innovations

"Frameworks for Understanding Child and Adolescent Development" Curriculum for Adult Psychiatry Residents
Developed and taught a year-long course on normal and abnormal child development for adult psychiatry residents. The curriculum was selected as a model curriculum in 2013 by the

American Association of Directors of Psychiatric Residency Training. The curriculum, refined over eight years, brings together dynamic lecturers and pertinent readings to provide the residents with both a conceptual overview of development and specific information and strategies they need to improve their practice with adults and families. The course exposes adult residents to critical information including how to assess family functioning, strengths, and vulnerabilities, normal and atypical child development, diagnostic formulation in children and adolescents, and differential diagnosis and assessment of suicidality in children and adolescents.

School Consultation Rotation Program

Developed a ten-month school consultation rotation for child psychiatry fellows to teach them the necessary skills to provide assessments and consultations in schools. Skills for special education advocacy and school consultation are taught through a case-based model and review of assessments. The fellows are trained in how to communicate effectively with educators and provide professional development that enhances teachers' efficacy with students. This rotation has been referred to as a "cutting-edge paradigm shift," as child psychiatry programs generally provide little guidance in school consultation.

Harvard First Year Seminar: "Finding Connections: Perspectives on Psychological Development and Mental Illness"

The innovative First Year Seminar program for Harvard undergraduates exposes first year students to a unique learning experience through close interaction with senior faculty. This small group seminar introduces students to a number of topics relating to psychological and mental illness early in their college careers. The seminar combines medical readings that provide practical knowledge, narrative readings to understand how patients experience the meaning of illness and how development-related mental illness is portrayed in the press, and discussions with visiting speakers who are living with mental illness. Understanding how conditions such as autism, depression, and loss are described in both clinical research and literature helps students appreciate the biological vulnerabilities and relational patterns that may disrupt human connections. Students facilitate and create final projects as varied as research projects, dance performances, and creative essays.

The Behavior Code

The Behavior Code bridges the worlds of education and mental health, addressing a gap in teacher training and providing critical tools to enhance teacher effectiveness in meeting the needs of challenging students. The book *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students* distills the combined clinical and practical experience of Dr. Rappaport and behavioral specialist Jessica Minahan to enhance educators' understanding of the underlying psychiatric difficulties related to students' challenging behavior and to generate practical tips and concrete strategies to help turn a classroom around. Laying out a new framework for working with challenging students, the book uses case examples of students with oppositional, depressed, anxious or provocative behavior. Dr. Rappaport and Ms. Minahan have presented to thousands of educators around the country and abroad since the publication of the book to further disseminate this framework for working with students. Ms. Minahan published a follow-up book, *The Behavior Code Companion: Strategies, Tools, and Interventions for Supporting Students with Anxiety-Related or Oppositional Behaviors*, which provides additional guidance for teachers to understand and practice the components of this innovative framework.

Report of Education of Patients and Service to the Community

No activities below were sponsored by outside entities.

Memberships

1999-2000 Member, Interdisciplinary research team of Harvard Children's Studies
Integrated research and practice around resiliency

1999-2001 Member, Health of the City Committee (Cambridge, MA)

1999-2004 Member, Acute Response Team, Cambridge Public Schools

2006 Member, Executive Committee for the Mental Health Component of the Massachusetts Attorney General's Safe Schools Initiative

2007 Member, Cambridge Violence Task Force

Presentations

Local/Regional

1999 Training and facilitation at retreat entitled "Adolescent Healthy Choices" and two follow-up sessions
Fenway High School, Boston MA.

2000 Three-month weekly training course/seminar entitled "Change, Stability, and Renewal"
Cambridge Public Schools, Cambridge, MA

2000 Lecture entitled "Psychopharmacology and Students"
Charter Schools Massachusetts Regional Conference, Boston, MA

2001 Lecture entitled "Adolescent Depression and Suicide Prevention"
American Foundation for Suicide Prevention, Brockton, MA

2001 Keynote lecture entitled "All you wanted to know about medications and were afraid to ask"
Cambridge Public Schools, Cambridge, MA

2003 Lecture entitled "Understanding our students – Differential diagnosis"
Chelsea School District, Chelsea, MA

2004 Lecture entitled "Differential Diagnosis: Understanding the Needs of Students in Distress"
Chelsea Collaborative, Chelsea, MA

2006 Mental Health Services for Boston Public School Students. Presentation
Boston City Council, Boston MA

2006 Lecture entitled "Is It a Bad Day or Is It Something Worse? Learning and understanding the signs and symptoms of mental health difficulties"
Newton Public Schools and Project Interface, Newton, MA

2006 Lecture entitled "Psychopharm Update: Controversies in Child Psychiatry"
Newton Public Schools and Project Interface, Newton, MA

2007 Panel presentation entitled "Myths and Realities: the Academic, Extracurricular, and Social Lives of Students in their First Year"
Harvard College, Cambridge MA

2007 Full day presentation entitled "Finding our way: How to Make a Difference with Children Who are Mad, Bad, or Sad"
Waltham Public Schools, Waltham, MA

2008 Presentation entitled "Prescription for Safety: Helping Teens and Schools"
National Alliance on Mental Illness (NAMI) Cambridge-Middlesex, Cambridge, MA

2009 Keynote presentation entitled "A Saving Grace: School-Parent-Student Partnership"
Dearborn Academy, Arlington, MA

2009 Three keynote presentations to teachers, parents and clinicians entitled "Responding to Teen Depression: What Parents, Schools, and Communities Can Do Together"
Appalachian Mountain Teen Project, Wolfeboro, NH

2009 Presentation entitled "Separation and Closeness: Heading off to College" to audience of parents of first-year Harvard students
Harvard College, Cambridge MA

2009 Presentation at local NAMI meeting entitled "In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide"
National Alliance on Mental Illness (NAMI) Cambridge-Middlesex, Cambridge MA

2009 Presentation entitled "Integrating Loss – Understanding the Impact of Loss Over Time" as part of the Making Connections: Promoting Positive Mental Health series
Somerville Committee on Suicide Prevention and Mental Health, Somerville MA

2010 Two different presentations to teachers and parents on "In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide"
Appalachian Mountain Teen Project, Wolfeboro, NH

2010 Presentation to Harvard community entitled "Power of Reflection", arranged by Harvard University Center for Wellness as part of Speak Out! Mental Health Awareness Week
Harvard University, Cambridge MA

2010 Keynote presentation entitled "Understanding, Supporting and Coping with Loss" and facilitation of community discussion following a student suicide
Concord-Carlisle Regional High School, Concord, MA

2012 Presentation entitled "The Behavior Code: Practical Tips for Understanding and Teaching the Most Challenging Students"
Dearborn Academy Annual Meeting, Cambridge, MA

2012 Lecture entitled "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
Everett Public Schools, Everett, MA

2012 Webinar entitled "The Behavior Code: Practical Tips for Understanding and Teaching the Most Challenging Students"
Harvard Graduate School of Education Principals' Center, Cambridge, MA

2012 Presentation entitled "Be a Behavior Detective: Practical Strategies for Understanding and Teaching the Most Challenging Students"
Cambridge Public Library, Cambridge, MA

2012 Presentation entitled "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
Depression and Bipolar Support Alliance of Boston, Belmont, MA

2012 Presentation entitled "Linking Bullying and Oppositional Kids"
Gifford School, Weston, MA

2012 Presentation entitled "The Behavior Code: Providing Support to High School Students with Challenging Behaviors
Cambridge High School Extension Program, Cambridge, MA

2013 Webinar presentation entitled "I Didn't Mean to…: The Student with Sexualized Behavior"
Federation for Children with Special Needs, Boston, MA

2013 Presentation entitled "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
Federation for Children with Special Needs, Boston, MA

2013 Presentation entitled "Children and Trauma: What We Need to Know"
Cambridge Police Department, Cambridge, MA

2013 Presentation entitled "The Behavior Code: A Practical Guide to Understanding

and Teaching the Most Challenging Students"
Carlisle Public Schools, Carlisle, MA

2013 Presentation entitled "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
The Education Cooperative, Dedham, MA

2013 Presentation entitled "Lessons Learned: Resiliency in our Community"
ACEs Too High, Creating a Resilient Cambridge, Cambridge, MA

2014 Presentation entitled "Depression and Suicide"
Lincoln-Sudbury Public Schools, Sudbury, MA

2014 Presentation entitled "Follow-Up: The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
Carlisle Public Schools, Carlisle, MA

2014 Presentation entitled "School Avoidance"
Lincoln-Sudbury Public Schools, Sudbury, MA

2014 Co-facilitator for Presentation entitled "Understanding Self-Injury"
Newton North High School, Newton, MA

2014 Presentation for parents entitled "Caring for All Our Kids: The Behavior Code"
Carlisle Public Schools, Carlisle, MA

2014 Presentation entitled "The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students"
Northshore Education Consortium, Beverly, MA

2014 Presentation entitled "What Parents Can Do to Help Children Become Emotionally Resilient"
Parent University, Danbury, CT

2014 Presentation entitled "School Avoidance"
Lincoln-Sudbury Public Schools, Sudbury, MA

2014 Presentation entitled "PTSD/Anxiety"
Lincoln-Sudbury Public Schools, Sudbury, MA

2014 Presentation entitled "School Avoidance"
The Education Cooperative, Dedham, MA

2014 Webinar entitled "Teen Depression"
Families for Depression Awareness, Waltham, MA

2014 Presentation entitled "School Avoidance: Getting the Student in the Door"
Hopkinton Public Schools, Hopkinton, MA

2016 Presentation as part of "Breakfast for Hope"
Samaritans, Boston, MA

2016 Presentation entitled "Journey of Healing"
Embracing Survivorship, Mount Auburn Hospital, Cambridge, MA

2016 Performances of "Regeneration"
Mount Auburn Cemetery, Cambridge, MA

2016 Performance of "Regeneration"
Irvington Town Hall Theater, Irvington, NY

2017 Presentation entitled "Optimal Frustration: Strategies for Parents and Teenagers to Stay in the Game and Thrive
Lincoln-Sudbury Public Schools, Sudbury, MA

2017 Presentation entitled "Safety Assessments"
Medford Public Schools, Medford, MA

2017 Presentation entitled "Traumatized Students: Teacher Strategies for Co-regulation and Learned Security"
Melrose Public Schools, Melrose, MA

2017 Performance of "Regeneration"
Public Health Week, Somerville Public Library, Somerville, MA

2017 Performance of "Regeneration"
Harvard ARTS FIRST Festival, Cambridge, MA

2017 Performance of "Regeneration"
Winsor School, Boston, MA

2017 Performance of "Regeneration"
Phantom Theater, Warren, VT

2017 Performance of "Regeneration"
Mount Auburn Cemetery, Cambridge, MA

2017 Performances of "Regeneration"
United Solo Theater Festival, New York, NY

2018 Workshop entitled "Finding our Way - Healing our Traumatized Children"
Kurn-Hattin Homes for Children 27th Annual Fall Conference, Westminster, VT

2018 Presentation entitled "Comprehensive school safety approach: Increasing students' perception of school safety"
METCO Directors' Associations 34th Annual Educators Conference: Brown and

Black Children: Hidden in Plain Sight, Norwood, MA

2019 Panel participant discussing Safety Assessment in Schools
Behavioral Health Emergencies in the PreK-8 Classroom, Teachers21, Newton, MA

2019 Presentation entitled "Compassion, Burnout, and Empathic Fatigue: Building Resilience in our Patients and Ourselves"
Rethinking Teen Mental Health - A Path to Sustainable Healing, Glastonbury, CT

2019 Full-day workshop entitled "Finding Our Way: Healing Our Traumatized Children"
Catholic Schools Office, Archdiocese of Boston, Braintree, MA

2018-2019 Strengthen Your District Crisis Preparedness With a Safety Assessment Team
Course taught with The Education Cooperative, East Walpole, MA
Four lectures.

2019 Presentation entitled "Compassion, Burnout, and Empathic Fatigue: Building Resilience in our Patients and Ourselves"
Rethinking Teen Mental Health - A Path to Sustainable Healing, Charlotte, NC

2019 Presentation entitled "Compassion, Burnout, and Empathic Fatigue: Building Resilience in our Patients and Ourselves"
Rethinking Teen Mental Health - A Path to Sustainable Healing, Boston, MA

2019 Full-day workshop entitled "Finding Our Way: Healing Our Traumatized Children"
Four Winds Hospitals, Saratoga Springs, NY

2019 Full-day workshop entitled "Keeping Our Schools Safe: A Safety Assessment Approach"
William James College, Newton, MA

2019 Presentation entitled "Keeping Our Schools Safe: What Every Educator Should Know About Safety Assessment"
2019 Joint Conference of the Massachusetts Association of School Committees (MASC) and the Massachusetts Association of School Superintendents (MASS), Hyannis, MA

2019 Presentation entitled "The Behavior Code: Understanding and Teaching the Most Challenging Students"
Massachusetts School Psychology Association Fall Conference, Springfield, MA

2019 Presentation entitled "Safety Assessment Teams"
Teachers21 Behavioral Health Strategies in Schools Seminar Series at William James College, Newton, MA

2020 Presentation entitled "Resiliency and Coping Strategies During the Pandemic"
Cambridge Health Alliance Public Health Nurses, Cambridge, MA

2020 Four-webinar series entitled "Resiliency: How to Support Ourselves and Our Kids During the Pandemic" presented with Dr. Robert Brooks
Catholic Schools Office, Archdiocese of Boston, Braintree, MA

2020 Remote workshop entitled "Strengthening Our Resilience in an Uncertain Time: Practical Strategies and Inspiration for You and Your Family"
Massachusetts Partnerships for Youth, Boston, MA

2020 Remote workshop entitled "Dancing with the prolonged pandemic anxiety: How to have the tough talks, support your students and keep your families grounded"
Massachusetts Partnerships for Youth, Boston, MA

2020 Presentation as part of Eric Lindemann Memorial Lecture entitled "Safe Communities: Violence as a Public Health Crisis"
William James College, Newton, MA

2020 10-hour webinar series entitled "Beyond the threat: How to tip the balance toward safety in schools while considering the needs and challenges of individual students"
Massachusetts Partnerships for Youth, Boston, MA

2020 Presentation entitled "Keeping Our Schools Safe: A Safety Assessment Approach"
Tufts University Counseling and Mental Health Service, Medford, MA

2020 Webinar entitled "Resilience in an Uncertain Time: Supporting Students and Families During the Pandemic"
Children's Trust, Boston, MA

2021 Dancing with Pandemic Anxiety: How Parents and Educators Can Support Kids
Norfolk, Plainville, Wrentham & King Philip Schools, Norfolk, MA

2021 Nurturing Resilience in Children, Through the Pandemic and Beyond
Womenade, Boston, MA

2021 Kids Count in Our Community: The Pandemic Hits Home
Mahoney Family Event Fund, Lowell, MA

2021 Dancing with Pandemic Anxiety: How Parents and Educators Can Support Kids
Inly School, Scituate, MA

2021 Resilience in an Uncertain Time: Supporting Students and Families During the Pandemic and Beyond
Lincoln Sudbury Schools, MA

2021 The Possibility of Thriving: What Cancer Can Teach Us About Navigating a Pandemic
Thriving After Cancer: Strategies and State of Mind Speaker Series, Mass General Cancer Center at Newton Wellesley Hospital, Newton, MA

2021 Supporting Youth with Depression During the Pandemic and Beyond: What Families, Schools, and Communities Can Do
Massachusetts Partnerships for Youth

2021 Supporting Youth with Depression During the Pandemic and Beyond: What Families, Schools, and Communities Can Do
Wilmington Public Schools, Wilmington, MA

2021 Keynote presentation: Supporting Youth with Depression During the Pandemic and Beyond: What Families, Schools, and Communities Can Do
Making a Difference Conference of the Recruitment, Training and Support Center (RTSC) for Special Education Surrogate Parents (SESPs), A Project of the Federation for Children with Special Needs
Boston, MA

2022 Building a Culture of Safety in Classrooms: Awareness, Assessment, and Monitoring
Massachusetts Partnerships for Youth

2022 Taking Charge of Your Emotions: Parent Guidance for DBT skills
Massachusetts Partnerships for Youth

2022 Supporting Youth through the Pandemic & Beyond: What Families, Schools and Carlisle Can Do
William's Be Yourself Challenge, Carlisle, MA

2022 How Parents and Teachers Can Support Students After a School Shooting
Massachusetts Partnerships for Youth

2022 School Avoidance: Early Recognition and Intervention
Massachusetts Partnerships for Youth School Attendance Summit: Present and Accounted For, Danvers, MA

2022 Supporting Youth With Depression
Children's Trust 30th Annual A View from All Sides Conference, Framingham, MA

2023 Depression and Suicide: Balancing Risk and Finding Hope and Connection
Massachusetts Partnerships for Youth School Attendance Summit Follow Up Conference, Danvers, MA

2023 Teen Depression: What Parents, Schools, and Communities Can Do
Winchester Coalition for a Safer Community, Winchester, MA

2023	The Behavior Code New Heights Charter School, Brockton, MA
2023	Staying in the Game New Heights Charter School, Brockton, MA
2023-2024	Series of three presentations: The Behavior Code Shaker Regional School District, Belmont, NH
2024	Keynote Presentation: "The Behavior Code" Newton Wellesley Hospital Resilience Project's 8th Annual Educational Summit, Newton, MA
2024	Getting Back in the Door: School and Family Strategies for School Avoidant Students Massachusetts Partnerships for Youth Attendance Today for Success Tomorrow: Addressing School Avoidance Conference, Danvers, MA
2024	Getting Back in the Door: School and Family Strategies for School Avoidant Students Massachusetts Partnerships for Youth Attendance Today for Success Tomorrow: Addressing School Avoidance Hybrid Conference, Lexington, MA
2025	Getting Back in the Door: School and Family Strategies for School Avoidant Students Massachusetts Partnerships for Youth Special Education Conference, Boylston, MA
2025	Strengthening K-12 Student and Staff Mental Health and Wellness Hanover Research
2025	Two Presentations: The Behavior Code: Practical Strategies for Working with Challenging Student Behaviors Anthromed Education

National

2010	Presentation entitled "The Words to Say It: After a Parent's Suicide" National Alliance on Mental Illness Annual Meeting, Washington, DC
2010	Key discussant about suicide on "Ask the Doctor" National conference call for NAMI members National Alliance on Mental Illness, Washington, DC
2012	Presentation entitled "The Behavior Code: How to Help Students with Challenging Behavior" The Children's Storefront Sixth Annual Urban Education Symposium, New York,

NY

2013 Webinar entitled "The Behavior Code: Practical tips for understanding and teaching the most challenging students"
American Counseling Association, Alexandria, VA

2014 Webinar entitled "Children of Suicide: In Her Wake"
National Alliance for Grieving Children, Stuart, FL

2015 Featured presentation entitled "Memoirs Can Be Messy: The Delicate Balance of Writing About Family"
The Examined Life Conference: Writing, Humanities, and Arts of Medicine, Iowa City, IA

2015 Webinar entitled "Children of Suicide: In Her Wake"
Association for Death Education and Counseling, Oakbrook Terrace, IL

2015 Keynote presentation entitled "The Behavior Code: A Practical Guide to Understanding and Teaching Our Most Challenging Students"
Federation for Children with Special Needs' Special Education Surrogate Parent Conference, "Making a Difference," Marlborough, MA

2017 Webinar entitled "Teen Depression— What Schools and Parents Can Do When Help is Refused"
Families for Depression Awareness

2017 Presentation entitled "Is this Student Safe at School: A Safety Assessment Model"
Association of Threat Assessment Professionals Conference, "Youth Violence: Schools, Campus, and the Community", Boston, MA

2017 Webinar entitled "Teen Depression— What Families and Schools Can Do for Reluctant Teens"
International Bipolar Foundation

2018 Featured presentation entitled "Managing Challenging Behavior: Helping Struggling Adolescents"
Understanding Adolescent Trauma through Authentic Connection conference, New York, NY

2018 2-Day Workshop entitled "Cracking the Behavior Code: High Impact Trauma-Informed Strategies for Challenging, Oppositional & Aggressive Students"
PESI, Dedham, MA

2019 Webinar entitled "Keeping Our Schools Safe: What Every Educator Should Know About Safety Assessment"
William James College, Newton, MA

2019 Presentation entitled "Compassion, Burnout, and Empathic Fatigue: Building

Resilience in our Patients and Ourselves"
Rethinking Teen Mental Health - A Path to Sustainable Healing, Chevy Chase, MD

2020 Webinar entitled "Keeping Our Schools Safe: What Every Educator Should Know About Safety Assessment"
William James College, Newton, MA

2020 Keynote presentation entitled "The Words to Say It: Supporting Children After Suicide"
Good Grief Spring Institute: Grief after Suicide, Basking Ridge, NJ

2021 Coping with Covid: Coping with Disappointment and Building Resilience
Mountain Lakes School District Home & School Association, Mountain Lakes, NJ

2024 In Her Wake
American Autobiography and Life Stories, University of South Carolina, Columbia, SC

2026 Keynote presentation: "The Behavior Code: Practical Strategies for Working with Challenging Student Behaviors"
4th Annual Mental Health Symposium, Educational Service Center of Northeast Ohio

2026 Applying The Behavior Code: Working with Students who are Grieving
4th Annual Mental Health Symposium, Educational Service Center of Northeast Ohio

2026 Workshop: Keeping Our Schools Safe: Intervention Planning after Safety Assessment
Educational Service Center of Northeast Ohio

International

2013 Reading and presentation: "In Her Wake."
International Book Festival, Shanghai, China

2014 In-service for educators entitled "The Behavior Code: Understanding and Teaching the Most Challenging Students"
Katowice, Poland

2014 In-service for educators entitled "The Behavior Code: Understanding and Teaching the Most Challenging Students"
Karpacz, Poland

<u>Media (selected appearances/interviews)</u>

2006 Interviewed on "Researchers Investigate Aggressive Students' Mental Health", on Morning Edition on NPR

2008 Interviewed on Prom Nightmares, THS Investigates on E! network
2008 Interviewed on Your Healthcare: Choice or Chance?, Radio Show on WATD radio
2008 Interviewed on About Health TV with Jeanne Blake
2009 Interviewed on the Diane Rehm Show on WAMU public radio, Washington, DC
2009 Interviewed on The Joy Cardin Show on Wisconsin Public Radio
2009 Interviewed on Afternoon Magazine with Celeste Quinn on WILL public radio, Chicago, IL
2009 Interviewed by Elizabeth Cooney for Boston Globe newspaper article "Nancy Rappaport explores her mother's suicide"
2009 Interviewed on Parenting Unplugged Radio
2009 Interviewed on Commonwealth Journal, Massachusetts Public Radio
2009 Interviewed by Pat Wingert for Newsweek article "Her Mother Killed Herself"
2010 Interviewed about suicide prevention and supporting families after a suicide on Massachusetts Medical Society television show "Physician Focus"
2010 Published three-part series on Psychcentral.com entitled "Kids and Depression: Parents' Call To Action"
2010 Interviewed on Sound Medicine on WFYI, Indiana Public Radio
2010 Interviewed twice on The Emily Rooney Show on WGBH
2010 Interviewed regarding "Covering all angles of bullying" on NECN
2010 Interviewed regarding "Alleged Russian Spy Kids: Loyalty and Betrayal" on BBC News Hour
2010 Interviewed by Elizabeth Cohen for CNN Empowered Patient article "How to Save a Friend from the Brink"
2010 Interviewed by Sally Spencer-Thomas for American Academy of Suicidology newsletter article "Love Lasts Longer than Death: An Interview with Nancy Rappaport"
2010 Interviewed on The Walt Bodine Show on KCUR public radio, Kansas City, MO
2010 Interviewed on Talk of Alaska on the Alaska Public Radio Network
2010 Interviewed on the Santita Jackson Show on WVON radio, Chicago, IL
2010 Interviewed on Extension 720 with Milt Rosenberg on WGN radio, Chicago, IL
2010 Interviewed on The Leonard Lopate Show on WNYC public radio, New York, NY
2010 Interviewed for Author Magazine article "First Do No Harm"
2010 Interviewed on Radio Times on WHYY public radio, Philadelphia, PA
2012 Began blogging for Huffington Post
2012 Interviewed on Think on KERA public radio, Texas
2012 Interviewed on Doctor Radio, Sirius XM
2012 Interviewed on StudioTulsa, KWGS radio, Tulsa, OK
2012 Interviewed on The Jordan Rich Show, WBZ radio, Boston, MA
2012 Interviewed on The Inclusive Class on Special Needs Talk Radio Network
2012 Interviewed on The Current, CBC radio
2013 Interviewed for two School Leadership Briefing podcasts
2013 Interviewed by Caroline Miller for two Child Mind Institute articles
2014 Interviewed for Mindscape video series, Menninger Clinic, TX
2014 Interviewed on Polskie Radio Katowice, Katowice, Poland
2014 Interviewed on WBZ news, Boston, MA
2014 Interviewed for two School Leadership Briefing podcasts

2014 Interviewed for Please Speak Freely: Development Without Limits podcast
2016 Interviewed for Shine On: Kacey's Health and Happiness Show
2016 Interviewed for Center Stage with Pamela Kuhn
2017 Began writing for WBUR's Cognoscenti
2019 Interviewed for Greater Boston from WGBH
2019 Interviewed for USA Today
2019 Interviewed for WGBH News
2020 Interviewed for RadioBoston from WBUR
2022 Interviewed for The AFTA Podcast from the American Family Therapy Association

Educational Material for Patients and the Lay Community:

1997-1999 Advising curriculum. Unpublished curriculum for high schools that is utilized by schools initiating advising programs

Publications

2009 In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide Memoir, Authored book published by Basic Books September 2009

2014 We are overmedicating America's poorest kids, Washington Post editorial, June 2014

Recognition:

2010 Julia Ward Howe Book Award, presented by the Boston Authors Club for In Her Wake

Report of Scholarship

Publications

Peer Reviewed Publications in print or other media:

Research investigations

1. **Rappaport N**, Flaherty LT, Hauser ST. Beyond psychopathology: Assessing seriously disruptive students in school settings. J of Pediatrics. 2006 149:252-256

2. **Rappaport, N.**, Pollack, W.S., Schwartz, S.E.O., McMickens, C., Tambara, K., & Flaherty, L.T. Assessing School Threats: Learning from Students and Parents. International Journal on School Climate and Violence Prevention. 2019, 3: 113-129.

Other peer-reviewed publications

1. **Rappaport N**. An advising program in a large urban high school: the magic match. In: Esman AH, Flaherty L, Horowitz H, editors. Adolescent Psychiatry, Vol. 24. London: The Analytic Press; 1999 p.109-117. (peer reviewed journal)

2. **Rappaport N**, Chubinsky P. The meaning of medication to children, adolescents, and their families. J Am Acad Child Adol Psychiatry 2000; 39(9):1198-1200.

3. **Rappaport N**. Psychiatric consultation to school-based health centers: lessons learned in an emerging field. J Am Acad Child Adol Psychiatry 2001; 40(12):1473-1475.

4. **Rappaport N**. Survival 101: Assessing children and adolescents' dangerousness in school settings. In: Esman AH, Flaherty L, Horowitz H, editors. Adolescent Psychiatry, Vol. 28. London: The Analytic Press; 2004 p. 157-181. (peer reviewed journal)

5. **Rappaport N**, Thomas C. Recent Research findings on Aggressive and Violent Behavior in youth: Implications for Clinical Assessment and Intervention. J Adol Health 2004; 35:260-277.

6. **Rappaport N**, Prince JB, Bostic JQ. Lost in the Black box: Juvenile Depression, Suicide and the FDA's Black Box. J of Pediatrics 2005; 47:719-720.

7. Daley ML, Becker DF, Flaherty LF, Harper G, King RA, Lester P, Milosavljevic N, Onesti J, **Rappaport N**, Schaw-Stone M. Case Study: The Internet as a developmental tool in an adolescent boy with psychosis. J Am Acad Child Adolesc Psychiatry 2005. 44: 187-190

8. Hacker KA, Suglia SF, Fried LE, **Rappaport N**, Cabral H. Developmental differences in risk factors for suicide attempts between 9th and 11th graders. Suicide and Life Threatening Behavior 2006 36(2): 154-165.

9. Chubinsky P, **Rappaport N**. Medication and the Fragile Alliance: The complex meaning of psychotropic medication to children, adolescents and families. J of Infant, Child, and Adolescent Psychotherapy. 2006 5:111-123.

10. **Rappaport N**, Bostic JQ, Prince J, Jellinek MS. Treating pediatric depression in primary care: Coping with the patient's blue mood and the FDA's Black Box. J of Pediatrics 2006; 48:567-8.

11. Mulvaney-Day NE, **Rappaport N**, Alegria M, Codianne LM. Developing systems interventions in a school setting: An application of community based participatory research for mental health. Ethnicity & Disease 2006. 16:107-117.

12. **Rappaport N**, Frazier J, Connor D, Mattison R. From Zero to a Hundred in a Split Second: Understanding Aggression in an Eight- Year- Old Child. Harv Rev Psychiatry 2006;14:1-12.

13. **Rappaport N**, Alegria M, Mulvaney-Day N, Boyle B. Staying at the table: Building sustainable community/research partnerships. Journal Comm Psychology. 2008 36(6):693-701.

14. Gerson R, **Rappaport N**. Cyber cruelty: Understanding and preventing the new bullying. Adolescent Psychiatry. 2011, 1, 67-71.

15. Rajan R, **Rappaport N**. "When Can I See You Again?": Engaging immigrant adolescents with histories of of attachment ruptures, loss, and insecure attachments in long-term outpatient psychotherapy. Adolescent Psychiatry. 2011, 1, 35-45.

16. Barrett J, **Rappaport N**. Keeping it real: Overcoming resistance in adolescent males mandated into treatment. Adolescent Psychiatry. 2011, 1, 28-34.

17. Barkai A, **Rappaport N**. A psychiatric perspective on narratives of self-reflection in resilient adolescents. Adolescent Psychiatry. 2011, 1, 46-54.

18. Gerson R, **Rappaport N**. Traumatic Stress and Posttraumatic Stress Disorder in Youth: Recent Research Findings on Clinical Impact, Assessment, and Treatment. Journal of Adolescent Health. 2013, 52(2), 137-143.

19. Liang B, Spencer R, West J, **Rappaport N.** Expanding the Reach of Youth Mentoring: Partnering with Youth for Personal Growth and Social Change. Journal of Adolescence 2013 36(2): 257-267.

20. **Rappaport N**, Kulick D, Phelps L. Psychotropic medications: An update for school psychologists. Psychology in the Schools. 2013, 50: 589–600.

21. **Rappaport N**, Pollack WS, Flaherty LT, Schwartz, SEO, McMickens C. Safety Assessment in Schools: Beyond Risk: The Role of Child Psychiatrists and Other Mental Health Professionals. Child and Adolescent Psychiatric Clinics of North America. 2015, 24(2): 277-289.

22. Welsh, J. W., Tretyak, V., & **Rappaport, N.** The Opioid Crisis and Schools—A Commentary. Journal Of School Health. 2018, 88(5), 337-340.

23. **Rappaport, N.** (2021). Tipping the balance: Moving toward school safety while considering student needs. *International Journal of Applied Psychoanalytic Studies*, 1– 13.

24. Shea T, Wimbiscus M, **Rappaport N**. Caregiver-Focused Clinical Strategies to Address Shifting Attitudes Toward School Attendance. *Journal of the American Academy of Child and Adolescent Psychiatry.* 2026, in press.

Non-peer reviewed scientific or medical publications/materials in print or other media:

<u>Reviews, chapters, monographs and editorials</u>

1. **Rappaport N**, Jellinek M. The grieving parent. In: Psychiatric Aspects of General Hospital Pediatrics. Chicago: Yearbook Publishers; 1990 p.277-286.

2. Rauch P, **Rappaport N**. Child psychiatry emergencies. In: Manual of Psychiatric Emergencies. Boston: Little and Brown; 1994 p.53-59.

3. **Rappaport N**. Preventing child and adolescent violence: the clinician's role. Psychiatric Times 2001; 18:60-65.

4. **Rappaport N**. Emerging models of school consultation. In: Child and Adolescent Psychiatric Clinics of North America. Philadelphia: WB Saunders; 2001 p.13-24.

5. **Rappaport N**. Can advising lead to meaningful relationships? A critical view of youth mentoring. New Directions for Youth Development: Theory, Practice, Research 2002; 93:109-125.

6. Machoian L, Rhodes J, **Rappaport N**, Reddy R. Preventing school failure and promoting positive outcomes. In: Jason LA, Glenwick DS, editors. Innovative strategies for preventing psychological problems. New York: Springer Publishing Company; 2002 p.106-125.

7. **Rappaport N**, Osher D, Greenberg-Garrison E, Anderson-Katchmark C, Dwyer K. Enhancing collaboration within and across disciplines to advance mental health programs in schools. In: Weist M, editor. Handbook of School Mental Health. Baltimore, MD: Kluwer Academic Press; 2003 p.107-129.

8. **Rappaport N**. Advising high school students. In: Miller JR, Lerner RM, Schiamberg LB, Anderson PM, editors. Human ecology: An encyclopedia of children, families, communities, and environments. Santa Barbara, CA: ABC-Clio; 2003.

9. Murakami S, **Rappaport N**, Penn JV. An Overview of Juveniles and School Violence. In: Child and Adolescent Psychiatric Clinics of North America. Philadelphia, PA: WB Saunders, 2006, 29(3): 725-741.

10. **Rappaport N**, Barrett JG. Under the gun: threat assessment in schools. Virtual Mentor. 2009; 11(2):149-154. http://virtualmentor.ama-assn.org/2009/02/pfor1-0902.html. Accessed February 2, 2009.

11. **Rappaport N.** Providing Comfort After Suicide. Clinical Psychiatry News. 2010; 38(2): 18.

12. **Rappaport N**. Assessing Depression in Adolescents. Carlat Child Psychiatry Report. 2010: 1(3).

13. Phelps L, Smerbeck A, **Rappaport N**. A Case Study: Pediatric Tic Disorders. In: Davis A, editor. *Psychopathology of Childhood and Adolescence: A Neuropsychological Approach*. New York: Springer, 2012, 332-337.

14. Rappaport N. Suicide by Security Blanket, and Other Stories from the Child Psychiatry Emergency Service: What Happens to Children With Acute Mental Illness. *Journal Of The American Academy Of Child & Adolescent Psychiatry*. September 2013; 52(9): 974-975.

15. Flavin L, Reinfeld S, **Rappaport N**. "Psychological Aspects of STDs" and "Talking to a Partner About STDs". In: Grimes, JA, Smith, LA, Fagerberg, K., eds. *Sexually Transmitted Disease: An Encyclopedia of Diseases, Prevention, Treatment, and Issues*. ABC-Clio, 2013.

16. Minahan J, **Rappaport N**. "Cracking the Behavior Code: Effective Interventions for Students with Anxiety". In: Honigsfeld A, Cohan A, eds. *Breaking the Mold of Classroom*

Management What Educators Should Know and Do to Enable Student Success, Vol. 5. R&L Education, 2013.

17. The Carlat Report: Child Psychiatry. Combining Medications and Behavioral Techniques in Schools: Nancy Rappaport MD. *The Carlat Report: Child Psychiatry*. March 2015; 6(2): 5-7. *The Carlat Report: Child Psychiatry* is a CME review publication that is available to child psychiatrists nationally.

18. Rappaport, N. "Survivor Narratives." In: Jordan J, Baugher, B. *After Suicide Loss: Coping with your Grief, 2nd edition.* Caring People Press: Newcastle, WA.

19. Kulick, D. & Rappaport, N. (2018). "Interfacing with the School System." In: Vinson, S. & Vinson, E. *Pediatric Mental Health for Primary Care Providers.* New York: Springer.

20. Stewart, D.G., Chu, A., & Rappaport, N. (2019). "Role of Families, Schools, and Communities in Treatment and Recovery: From First Responders to Sustained Support." In: Welsh, J.W. & Hadland, S.E. *Treating Adolescent Substance Use: A Clinician's Guide.* Cham, Switzerland: Springer.

Books/Textbooks for the medical or scientific community

1. Minahan J. and **Rappaport N** (authors). The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students. Harvard Education Press, Cambridge, MA. April 2012

Case reports

1. **Rappaport N**, Coffey B. Psychopharmacology in the school setting: therapeutic challenges in the school setting: therapeutic challenges in an adolescent with attention deficit hyperactivity disorder, possible bipolar disorder and other comorbidities. J Child Adolesc Psychopharmacology 2004 (1) 3-7.

Letters to the Editor

1. **Rappaport N**. Letter to the editor. School violence. J Am Acad Child Adolesc Psychiatry 2001; 40:992.

2. **Rappaport N**. Response to Twemlow et. al: Zero tolerance and searching for premeditated school shooters. J Am Acad Child Adolesc Psychiatry 2002; 41:1271.

3. **Rappaport N**. Response to Brent and Birmaher: Adolescent depression. NE J Med 2003; 348(5):473-474.

4. **Rappaport N**. School based interventions for children exposed to violence. JAMA 2003;290 (19):254.

5. **Rappaport N**. Letter to the Editor: School Safety and the Partnership Between Psychiatrists and School Personnel. Am J Psychiatry 2008 165(7): 916.

Professional Educational Materials or Reports, in print or other media:

1. Videotape of my work at Children's Storefront, an elementary school in Harlem, NYC (nominated for Oscar for best documentary). 1983.

2. **Rappaport N**. Discussant of introducing innovative program on adolescent unit: Animals as intermediaries. Washington, DC: National Public Radio, 1994.

3. Videotape produced with students on orientation to advising, Cambridge, MA 1997.

4. **Rappaport N**. Building a way to connect with high school students. AACAP News 1998; July/Aug:134-136.

5. **Rappaport N**. Special education alert. AACAP News 2000; Jan/Feb:25-27.

6. **Rappaport N**. Small advising groups: relationships for success. High School Magazine 2000; 7(9):45-47.

7. **Rappaport N**. Missing the mark: school consultation-assessing students' potential for violence. AACAP News 2000; July/Aug:164-165.

8. **Rappaport N**. Increasing teachers' caring potential through advising. Middle Matters 2002; 11(1):4-6.

9. **Rappaport N**. How to safeguard aggressive impulsive students in a school setting: Tips from the trenches. Brown Child and Adolescent University Behavior Letter, March 2005 page 1, 4 and 5.

10. **Rappaport N**. Narrow Escape. Auscultations, 2006. Cambridge Health Alliance.

11. **Rappaport N**. In Her Wake: A Child and Adolescent Psychiatrist Explores the Mystery of Her Mother's Suicide. AACAP News. 2010 41(2):1, 66-67.

12. **Rappaport N.** The Complicated Nature of Loss. NAMI Advocate. Winter 2009/2010.

13. Minahan J & **Rappaport N**. Be a Behavior Detective: Improving prospects for challenging students. Harvard Education Letter 2012 28(3).

14. **Rappaport N** & Minahan J. Cracking the Behavior Code. Educational Leadership 2012 70(2): 18-25.

15. Casoli-Reardon M, **Rappaport N**, Kulick D, & Reinfeld S. Ending School Avoidance. Educational Leadership 2012 70(2): 50-55.

16. **Rappaport N**. A Mindful Approach to Parent Conflict. American School Board Journal 2012 September: 20-21.

17. Minahan J, **Rappaport N**. Anxiety in Students: A Hidden Culprit in Behavior Issues. Phi Delta Kappan 2012 December: 34-39.

18. **Rappaport N.** Three Ways to Help "Loners" and Improve School Safety. Harvard Education Letter 2013 29(1).

19. **Rappaport N,** Minahan J. "I Didn't Mean To…": Practical Suggestions for Understanding and Teaching Students with Sexualized Behavior. Phi Delta Kappan 2013 February: 21-26.

20. **Rappaport N**, Minahan J. Breaking the Behavior Code: How to help teachers make a difference with challenging student behavior. Principal 2013 January/February: 18-22.

21. **Rappaport N.** Why ADHD Medication Is Not Reform. Education Week 2013 32(22): 23.

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Clinical Guidelines and Reports:

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   Practice parameters adapted by AACAP for use by child psychiatrists consulting to schools consistent with the best available scientific evidence and clinical consensus. I contributed to the initial drafts of the manuscript as a member of the AACAP Work Group on Schools.

Narrative Report

As a child psychiatrist and former elementary school teacher in Harlem, I have had the good fortune to develop programs to work actively in schools and school-based health centers. For many years, I worked directly with the Cambridge Public Schools, providing consultation that helps improve the lives of children who often have difficult home lives, trauma, and limited access to resources. I helped shift the delivery of psychiatric services in schools from a theoretical, hands-off approach to an emphasis on direct service and practical, concrete strategies for educators to deliver more emotionally-attuned interventions to support struggling students.

My work as a consultant to Cambridge Public Schools administrators and as a treating child psychiatrist led to a national discussion about the obstacles schools face in terms of resources, school culture, and adequate supervision. I began my work in Cambridge at a time when many adolescents skipped class, failed courses, and had a high rate of suspensions. I created an advising program as a way to fortify students' ties with educators and increase the opportunity for them to become more self-reflective and play a more productive role in their education. I supervised teachers, coauthored a curriculum, and integrated student and faculty feedback to enhance the program.

Immediately after the Columbine massacre, when the threat of school violence became a major public concern and there was not yet national guidance on school threat assessment, I developed a safety assessment protocol that expanded the child psychiatrist's role in addressing school violence by intervening early with students who displayed aggressive behavior and/or may have posed a threat to other students and teachers. My approach emphasized an understanding of the context of the identified student's behavior via interviews with multiple parties, record review, and a case-based tailored response.

Since then, I have trained new generations of child psychiatrists in this approach and presented nationally and written extensively to provide a rationale and framework for schools to be more responsive to the risks and vulnerabilities of these students. In a pilot study of the model, I found

that nearly all of the students that were referred for safety assessment had serious underlying psychiatric illness, and most were not receiving adequate services, reinforcing the need for an assessment model that links students to critical services. I was thrilled to have this work and advocacy recognized in 2011 with the American Academy of Child and Adolescent Psychiatry's Sidney Berman Award for the School-Based Study and Treatment of Learning Disorders and Mental Illness.

My experiences developing this program helped me identify a clear lack in the research focusing on the perspectives of students and their families who have been identified by schools as potential safety threats. To address this gap, I conducted a first-of-its-kind qualitative study that explored students' and families' experiences of school safety assessments, as well as the events leading up to the assessment. The study also acted a catalyst for building on the work I have done since, shifting the focus of my work with schools from training individual educators and clinicians to broader work with school district teams that focuses on how to strengthen safety assessment protocols through a broader look at discipline and internet policies, guardian engagement, school climate, and relationships with law enforcement and other community resources.

Through many years of consulting to educators and clinicians I realized how it takes a special skill to translate psychiatric concepts in useful ways for educators. I collaborated with Jessica Minahan, a behavioral analyst and special educator, to write *The Behavior Code: A Practical Guide to Understanding and Teaching the Most Challenging Students* (2006), which became a bestseller for Harvard Education Press. Educators often struggle with how to connect and respond to students with the most challenging behavior because traditional classroom management strategies fail. This book continues to be a valuable resource to help teachers and other support staff understand underlying psychiatric symptoms of students with anxiety-related, oppositional, withdrawn, or sexualized behaviors. Using illustrative case examples, we combined behavioral and clinical approaches in a four-step process to generate more informed selection of practical accommodations and intervention strategies to reinforce positive behaviors and build students' skills.

As a dedicated teacher myself, I am able to help child psychiatry fellows learn to collaborate with educators and to advocate for their patients to optimize their functioning in school. I developed a ten-month school consultation rotation for Cambridge Health Alliance fellows to teach them the necessary skills to provide assessments and consultations in schools. In addition, for ten years I developed and taught a yearlong course for adult psychiatry residents on normal and abnormal child development, which was selected as a model curriculum in 2013 by the American Association of Directors of Psychiatric Residency Training.

Since 2006, I have also taught a popular Harvard first year seminar, "Finding Connections: Perspectives on Psychological Development and Mental Illness." I deeply enjoy working with first year students to explore human development and mental illness through reading a variety of materials from both a clinical/research perspective and narratives of lived experiences. I am also the course director for an annual HMS CME program, "School Mental Health: Treating Students K to 12," which provides training opportunities to educators from across the country. Through this course I aim to build a community of learners who find inspiration in the innovative, clinically-relevant, ready-to-implement strategies shared each year.

In 2009, I published a memoir, *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide* that synthesized my personal experience and clinical research, illuminating the complex causes of suicide and exploring the effects of family trauma while also conveying the process of healing. Since its publication, I have been able, via numerous presentations and media outreach, educate a broad audience of professionals and the public about mental illness, how to provide support to a person who is suicidal, and how to support children who have experienced loss by suicide.

Throughout my career, literature and the arts have helped me sustain passion in my work, inspire students to understand their own experiences and those of their patients, and engage with the uncertainty and complexities of medicine. Since 2019 I have guided fourth year medical students through a variety of narratives in an elective called "We All Have Our Stories: Literature and Medicine." I have also explored a variety of creative avenues for sharing my own experiences, including a one-woman play, *Regeneration,* about navigating illness while being confronted with mortality.

My passion as a teacher and clinician is to better the lives of the young people I treat and to inspire and guide future practitioners to expand on my work.